






Middle & High School

March 4-8

ONE-TABLE

	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
 Comfort Kitchen	Butter Chicken w/Brown Rice. Veggie Burger (v). Seasoned Potato Wedges	Turkey Sausage & Pancake on a Stick w/Syrup. Egg & Cheese Breakfast Burrito w/Salsa (v). Roasted Fiesta Potatoes	Antipasto Baguette. Bean & Cheese Burrito (v). Broccoli & Carrots Burger Toppings	Breaded Chicken Drumstick w/Mac & Cheese. Pasta & Rainbow Marinara w/Garlic Knot (v). Caesar Side Salad	Crispy Chipotle Chicken Sandwich. Broccoli & Cheese Baked Potato w/Breadstick (v). Roasted Broccoli & Red Peppers
 Block Party	Tofu Guisado w/Flatbread Baked Tostones (v)	Dominican Chimichurri Burger Yuca Fries	Pavo Al Horno w/Dominican Yellow Rice Roasted Broccoli	Fries w/Dominican Beef, Chimi Sauce and Breadstick	Chimichurri Citrus Tuna Salad Sandwich Mashed Plantains (v)
 Traditions	Grill Hamburger Cheeseburger Veggie Burger (v) Crinkle Cut Fries Burger Toppings	Pizza BBQ Chicken Pizza Cheese Pizza (v) Caesar Salad (v)	Nacho Bar Tortilla Chips Beef Taco Filling Refried Beans (v) Cheese Sauce Mixed Greens Salsa & Toppings	Grill Crispy Chicken Sandwich Grilled Cheese (v) Sweet Potato Fries Burger Toppings	Pizza Taco Pizza Cheese Pizza (v) Garden Salad (v)
 Corner Deli	Turkey & Cheese Sub Fiesta Dip Box (v)	Deli Bento Box Hearty Garden Salad w/Breadstick (v)	Italian Combo Sub Hummus Box (ve)	Buffalo Chicken Wrap Protein Box (v)	Turkey-Ham & Cheese Sub Fiesta Salad w/Breadstick (v)
 From the Garden OFFERED DAILY Non fat white milk Low-fat 1% white milk	Apple Slices Diced Peaches Basil Corn Salad Super Salad	Orange Slices Applesauce Fresh Broccoli Super Salad	Canned Pears Frozen Blueberries Baby Carrots Super Salad	Banana Orange Slices Celery Sticks Super Salad	Applesauce Red Grapes Chilled Peas Super Salad

DRESSINGS

Italian, Ranch, Ketchup, Mayo, Mustard

All grain products are whole grain rich.
(v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes vegan choices. Locally Sourced items offered daily. This menu is subject to change and based upon product availability.

This institution is an equal opportunity provider. Additional nutrition information available upon request.

Middle & High School

March 11-15

ONE-TABLE



Comfort Kitchen



Block Party



Traditions



Corner Deli



From the Garden

OFFERED DAILY

Non fat white milk
Low-fat 1% white milk

DRESSINGS

Italian, Ranch, Ketchup, Mayo, Mustard

Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
Beef Soft Tacos. Cheesy Breadstick w/Marinara (v). Garden Salad w/Ranch	Chicken Nuggets w/Breadstick. Macaroni & Cheese w/Breadstick (v). Citrus Glazed Carrots	Shepherds Pie w/Beef Crumbles and Biscuit. Broccoli Cheddar Baked Potato (v). Mixed Cabbage & Carrots Green Apples	No School	No School
Salvadorian Chicken w/Brown Rice Roasted Corn	Brazilian Steak Sandwich Seasoned Potato Wedges	Pavo Al Horno w/Dominican Yellow Rice (v) Roasted Broccoli		
Nacho Bar Tortilla Chips Fajita Chicken Black Beans (v) Queso Blanco Mixed Greens Salsa & Toppings	Grill Spicy Chicken Sandwich Veggie Burger (v) Sweet Potato Fries Burger Toppings	Pizza Buffalo Chicken Pizza Cheese Pizza (v) Garden Salad (v)		
Crispy Chicken Wrap Fiesta Dip Box (v)	Chicken Caesar Wrap Pizza Bento Box (v)	Buffalo Chicken Wrap Hummus Box (v)		
Canned Pears Orange Slices Baby Carrots Super Salad	Apple Slices Watermelon Celery Sticks Super Salad	Mandarin Oranges Applesauce Roasted Sweet Potato Super Salad	No School	No School

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Middle & High School

March 18-22

ONE-TABLE



Comfort Kitchen



Block Party



Traditions



Corner Deli



From the Garden

OFFERED DAILY

Non fat white milk
Low-fat 1% white milk

DRESSINGS

Italian, Ranch, Ketchup, Mayo, Mustard

Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
Jamaican Jerk Chicken w/Brown Rice. Grilled Cheese Sandwich (v). Sweet Plantains	Parmesan Chicken w/Spaghetti and Marinara. Baked Penne w/Breadstick (v). Parmesan Green Beans	Antipasto Baguette. Sweet & Sour Baked Tofu w/ Fried Rice (v). Roasted Broccoli & Carrots	Turkey Hot Dog. Lentil Dal w/Brown Rice (v). Roasted Cauliflower	Boneless Wings w/Sweet Chipotle Sauce. Macaroni Alfredo (v). Carrots & Celery Sticks
Habichuelas Guisados and Plantain Fried Rice Butternut Squash	Pollo Guisado w/Tortillas Yuca w/Garlic & Onion	Pastaleon w/Breadstick Ensalada Verde	Pica Pollo Drumstick w/Tortilla Chips Roasted Corn	Dominican Chimichurri Burger Yuca Fries
Pizza Turkey Pepperoni Pizza Cheese Pizza (v) Caesar Salad (v)	Nacho Bar Tortilla Chips Beef Taco Filling Refried Beans (v) Cheese Sauce Mixed Greens Salsa & Toppings	Grill Spicy Chicken Sandwich Crispy Chicken Sandwich Sweet Potato Fries Burger Toppings	Pizza Buffalo Chicken Pizza Cheese Pizza (v) Caesar Salad (v)	Nacho Bar Tortilla Chips Beef Taco Filling Refried Beans (v) Queso Blanco Mixed Greens Salsa & Toppings
Pizza Bento Box (v) Fiesta Dip Box (v)	Chicken Caesar Wrap Garden Salad w/Breadstick (v)	Crispy Chicken Salad w/Breadstick Hummus Box (v)	Turkey & Cheese Sub Protein Box (v)	Deli Bento Box Garden Salad w/Breadstick (v)
Banana Applesauce Baby Carrots Super Salad	Canned Pears Apple Slices Tomato & Cucumber Salad Super Salad	Orange Slices Frozen Blueberries Asian Bean Salsa Super Salad	Frozen Blueberries Diced Peaches Blue Ribbon Slaw Super Salad	Orange Slices Cantaloupe Roasted Corn Super Salad

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Middle & High School

March 25-29

ONE-TABLE



Comfort Kitchen



Block Party



Traditions



Corner Deli



From the Garden

OFFERED DAILY

Non fat white milk
Low-fat 1% white milk

DRESSINGS

Italian, Ranch, Ketchup, Mayo, Mustard

Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
BBQ Mac & Cheese w/Dinner Roll. Veggie Burger (v). Black Beans Burger Toppings	Chicken Nuggets w/Breadstick. Vegan BBQ Sloppy Jo Sandwich. Tater Tots	Lasagna Roll Up w/Garlic Knot Cheese Filled Breadsticks w/Marinara (v). Roasted Broccoli	Chili con Carne w/Breadstick. Caprese Grilled Cheese Sandwich (v). Green Peas	BBQ Chicken Sandwich. Broccoli & Cheese Baked Potato w/Dinner Roll (v). Blue Ribbon Slaw
Fajita Chicken w/Stewed Chickpeas & Zucchini and Brown Rice Citrus Glazed Carrots	Jerk Chicken Quesadilla Frijoles ala Charro	Red Chile Chicken w/Brown Rice Yuca Fries	Bean & Chicken Chiliquiles Elote Corn	Chimichurri Citrus Tuna Salad Sandwich Garlic Roasted Summer Squash
Grill Hamburger Cheeseburger Veggie Burger(v) Crinkle Cut Fries Burger Toppings	Pizza BBQ Chicken Pizza Cheese Pizza (v) Caesar Salad (v)	Nacho Bar Tortilla Chips Beef Taco Filling Refried Beans (v) Cheese Sauce Mixed Greens Salsa & Toppings	Grill Crispy Chicken Sandwich Grilled Cheese (v) Sweet Potato Fries Burger Toppings	Pizza Taco Pizza Cheese Pizza (v) Garden Salad (v)
Turkey & Cheese Sub Fiesta Dip Box (v)	Deli Bento Box Hearty Garden Salad w/Breadstick (v)	Italian Combo Sub Hummus Box (ve)	Buffalo Chicken Wrap Protein Box (v)	Turkey-Ham & Cheese Sub Fiesta Salad w/Breadstick (v)
Apple Slices Diced Pears Fresh Broccoli Super Salad	Frozen Blueberries Strawberry Cup Celery Sticks Super Salad	Orange Slices Frozen Blueberries Pinto Beans Super Salad	Fresh Apple Slices Mandarin Oranges Baby Carrots Super Salad	Orange Slices Applesauce Potato Salad Super Salad

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