

# March Lunch Early Childhood Education

| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|---|--|---|--|--|
| 27 • Jamaican Jerk Chicken w/ Brown Rice<br>• Classic Hummus Box <b>VE</b><br>• Seasoned Black Beans<br>• Orange Wedges                   | 28 • Grecian Chicken & Citrus Brown Rice Bowl w/Roasted Chickpeas<br>• Mediterranean Flatbread <b>V</b><br>• Citrus Glazed Carrots<br>• Fresh Apple Slices | 1 • Bean & Cheese Nachos <b>V</b><br>• Sunbutter & Jelly Sandwich <b>VE</b><br>• Roasted Mexican Corn<br>• Fresh Banana                                   | 2 • Chicken & Waffles w/Syrup<br>• Rainbow Chili w/Tortilla Chips <b>VE</b><br>• Roasted Cauliflower<br>• Baked Cinnamon Apples                        | 3 • Baja Fish Tacos<br>• Chana Masala w/Oven Fired Flatbread <b>V</b><br>• Sautéed Spinach<br>• Mexican Black Beans<br>• Fresh Banana<br>• Fresh Tangerine |
| 6 • French Toast Sticks <b>VE</b> & Turkey Sausage w/Syrup<br>• Veggie Burger <b>V</b><br>• Seasoned Potato Wedges<br>• Fresh Whole Apple | 7 • Egg, Cheese + Potato Breakfast Bowl w/Salsa <b>V</b><br>• Sunbutter & Jelly Sandwich <b>VE</b><br>• Parmesan Green Beans<br>• Fresh Pear               | 8 • Cheeseburger<br>• Asian Noodle Bowl w/Broccoli <b>V</b><br>• Roasted Broccoli & Carrots<br>• Fresh Apple Slices                                       | 9<br><b>NO SCHOOL</b>  | 10<br><b>NO SCHOOL</b>   |
| 13 • Mo' Burger<br>• Black Bean & Sweet Potato Quesadilla w/Salsa <b>V</b><br>• Seasoned Black Beans<br>• Orange Wedges                   | 14 • Chicken Pot Pie w/Whole Grain Biscuit<br>• Veggie Lo Mein <b>V</b><br>• Citrus Glazed Carrots<br>• Baked Cinnamon Apples                              | 15 • Veggie Pizza <b>V</b><br>• Veggie Burger <b>V</b><br>• Parmesan Green Beans<br>• Diced Pears   | 16 • French Toast Sticks <b>VE</b> w/Turkey Sausage Patty and Syrup<br>• Veggie Tortellini <b>V</b><br>• Seasoned Potato Wedges<br>• Fresh Whole Apple | 17 • Beef Shepherd's Pie w/ Dinner Roll<br>• Mediterranean Flat Bread <b>V</b><br>• Glazed Carrots<br>• Fresh Tangerine                                    |
| 20 • Lasagna Roll Up w/Twisted Breadstick <b>V</b><br>• Lentil Dal w/Flatbread<br>• Stewed Chickpeas & Zucchini<br>• Diced Peaches        | 21 • Chicken Tinga Tacos<br>• Veggie Burger <b>V</b><br>• Seasoned Black Beans<br>• Fresh Banana   | 22 • Chicken Tikka Masala w/Brown Rice<br>• Cauliflower, Chickpea & Potato Curry w/Brown Rice <b>V</b><br>• Roasted Broccoli & Carrots<br>• Orange Wedges | 23 • Grilled Cheese Sandwich<br>• Veggie Pizza <b>V</b><br>• Sweet Yellow Corn<br>• Fresh Blueberries  | 24 • Fajita Vegetable Quesadilla <b>V</b><br>• Bean & Cheese Nachos <b>V</b><br>• Mexican Roasted Sweet Potatoes<br>• Fresh Whole Apple                    |
| 27 • Glorious Mac & Cheese w/Garlic Knot <b>V</b><br>• Veggie Pizza <b>V</b><br>• Roasted Tuscan Vegetables<br>• Fresh Tangerine          | 28 • Grecian Chicken & Citrus Rice Bowl<br>• Rainbow Chili <b>VE</b> w/Dinner Roll<br>• Sweet Peas<br>• Fresh Blueberries                                  | 29 • Chicken Cordon Blue Burger<br>• Veggie Tortellini w/Cheesy Breadstick <b>V</b><br>• Basil Corn Salad<br>• Fresh Nectarine                            | 30 • Butter Chicken w/Brown Rice<br>• Asian Noodle Bowl w/Broccoli <b>V</b><br>• Roasted Broccoli & Carrots<br>• Fresh Apple Slices                    | 31 • Veggie Pizza <b>V</b><br>• Garden Veggie Wrap <b>VE</b><br>• Collard Greens<br>• Applesauce   |



**Vegetarian V**



**Vegan VE**



**Locally Sourced**

**Student's choice of skim or 1% hormone-free milk provided at every meal**

This menu is subject to change based upon availability

## Food Celebrations

**National School Breakfast Week**

3/6-3/10

**Super Bites-** Pears

**Hear the Crunch Hunger Awareness** 3/8- Apples

**Pi Day** 3/14- Chicken Pot Pie w/Whole Grain Biscuit

**St. Patrick's Day** 3/17- Shepherd's Pie w/Dinner Roll Glazed Carrots

**World of Flavors, India** 3/22- Chicken Tikka Masala + Brown Rice