

## Menus are subject to change.

Vegetarian Options
Contains Fish
Locally Sourced $\bigcirc$

## AVAILABLE

 DAILY: Rice Chex Skim Milk 1\% Milk Condiments Daily Syrup, Ketchup, Jelly, Margarine, Cream CheeseAll Lunches
Must Include
Choice of:
Fruits and/or
Vegetable
And May Include:
1\% Low-Fat Milk

## Powering potential.

| MON | TUES | WED | THURS | FRI |
| :---: | :---: | :---: | :---: | :---: |
|  |  | Chicken Potato Bowl <br> Cheesy Salsa Quesadilla <br> Red Pepper Strips Fresh Apple Wedges | BBQ Chicken <br> Cheddar Melt Sun Butter \& Jelly Sandwich Tater Tots Applesauce | Cheese Pizz̉a <br>  <br> Jelly Sandwich <br> Rainbow Blend Vegetables Apricot Halves |
| Beef or Bean Soft Tacos Black Beans Fresh Orange Wedges | Grilled Cheese Sun Butter \& Jelly Sandwich Sweet Golden Corn Fresh Banana | Pancake Bites w/ ${ }^{8}$ <br> Syrup <br> Scrambled Eggs <br> with <br> Cheese <br> Roasted Carrots <br> Warm Cinnamon Peaches | Sweet \& Sour 9 Chicken with Vegetables Brown Rice Tuna Salad Sandwich Fresh Roasted Broccoli Applesauce | $\begin{aligned} & \text { Cheese Pizza } \\ & \text { Sun Butter \& } \\ & \text { Jelly Sandwich } \\ & \text { Fresh Cucumber } \\ & \text { Slices } \\ & \text { Fresh Apple Wedge } \end{aligned}$ |
| Max Stix w/ Dippiag Sauce Cheese Quesadilla Sweet Potato Fries Mixed Fruit | Spaghetti \& Chicken Meatballs Sun Butter \& Jelly Sandwich Green Beans Diced Pears | Cheeseburger <br> Veggie Burger Peas \& Carrots Diced Peaches | French Toast Sticks <br> w/ Syrup <br> Turkey OR <br> Veggie Sausage Patty <br> Seasoned Hash Browns <br> Cinnamon Apples | Cheese Pizzả Sun Butter \& Jelly Sandwich <br> s Baby Carrots Fresh Apple Wedges |
| Breaded Fish20 Bites <br> Sun Butter \& Jelly Sandwich Red Peppers Diced Peaches | Beef or <br> Bean Nachos Cheese Quesadilla Carrot Sticks Applesauce | Chicken Potato Bowl <br> Cheesy Salsa Quesadilla <br> Red Pepper Strips Fresh Apple Wedges | BBQ Chicken Cheddar Melt Sun Butter \& Jelly Sandwich Tater Tots Applesauce | Cheese Pizza <br> Sun Butter \& Jelly Sandwich Rainbow Blend Vegetables Apricot Halves |
| $\begin{gathered} \text { NO } \\ \text { SCHOOL } \end{gathered}$ | Grilled Cheese <br> Sun Butter \& Jelly Sandwich Sweet Golden Corn <br> Fresh Banana | Pancake Bites w/29 <br> Syrup <br> Scrambled Eggs <br> with <br> Cheese <br> Roasted Carrots <br> Warm Cinnamon <br> Peaches | Sweet \& Sour 30 <br> Chicken with Vegetables Brown Rice Tuna Salad Sandwich Fresh Roasted Broccoli Applesauce | Cheese Pizza <br> Sun Butter \& Jelly Sandwich Fresh Cucumber Slices Fresh Apple Wedges |

## Menus are subject to change.

