

	Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
Breakfast	Oatmeal Breakfast Round	Peach Cobbler Breakfast Square	Egg & Cheese Bagel Sandwich	Blueberry Muffin w/ Cheese Stick	Strawberry Yogurt w/ Granola
	Fresh Tangerine	Baked Cinnamon Apples	Orange Slices	Fresh Banana	Strawberries

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.

Lunch Comfort Kitchen	Crunchy Beef Taco	Chicken Nuggets	Sweet & Sour Chicken w/ Brown Rice	French Toast W/ Turkey Sausage	Cheese Quesadilla (v)
	Bean & Cheese Soft Tacos (v)	Macaroni & Cheese (v)	Teriyaki Tofu w/ Veggie Lo Mein (v)	Rainbow Chili w/ Tortilla Chips (v)	Tuna Salad Sandwich (f)
	Refried Pinto Beans Diced Pears	Citrus Glazed Carrots Fresh Apple Slices	Roasted Bell Peppers & Onions Mandarin Oranges	Roasted Sweet Potato Orange Smiles	Roasted Broccoli Banana

OFFERED
DAILY

Non fat white milk
Low-fat 1% white
milk

All grain products are whole grain rich.
(v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes
vegan choices. (f) denotes an item that contains fish. Locally Sourced items
offered daily. This menu is subject to change and based upon product
availability.

	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
Breakfast	Whole Grain French Toast Sticks Apple Slices	Scrambled Eggs w/Toast Pineapple	Tropical Mango Breakfast Round Banana	Plain Bagel w/Cream Cheese Orange Wedges	Egg & Cheese Biscuit Sandwich Mandarin Oranges

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Lunch Comfort Kitchen

Spaghetti & Turkey Marinara	Tuna Salad Sandwich (f)	Grilled Chicken Sandwich	Rainbow Chili w/ Tortilla Chips	Beef Enchilada
Grilled Cheese Sandwich (v)	Baked Penne (v)	Teriyaki Chick'n Fried Rice (v)	Sunbutter & Jelly Sandwich (ve)	Cheese Pizza (v)
Sweet Plantains Applesauce	Parmesan Green Beans Apple Slices	Roasted Broccoli & Red Peppers Orange Slices	Roasted Butternut Squash Banana	Lemon Carrots Cantaloupe

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	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
Breakfast	Strawberry Yogurt w/Graham Crackers Orange Wedges	Blueberry Muffin w/String Cheese Diced Peaches	Oatmeal Breakfast Round Pineapple	Plain Bagel w/Cream Cheese Fresh Banana	Strawberry Oatmeal (ve) Strawberries

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**Lunch
Comfort
Kitchen**

Beef & Cheese Nachos Veggie Burgers (v) Mexican Black Beans Apple Slices	Chicken Nuggets Sunbutter & Jelly Sandwich (ve) Tater Tots Strawberries	Turkey & Cheese Sandwich Cheese-filled Breadsticks w/Marinara (v) Roasted Broccoli Banana	Chili con Carne w/Breadsticks Caprese Grilled Cheese Sandwich (v) Crinkle Cut Fries Mandarin Oranges	Chicken Alfredo Broccoli & Cheese Baked Potato w/Garlic Knot(v) Cauliflower Applesauce
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	Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
Breakfast	Memorial Day	Strawberry Yogurt w/ Graham Cracker Strawberries	Plain Bagel w/ Cream Cheese Orange Wedges	Hard Boiled Egg Bento Box Baked Cinnamon Apples	Potato Egg & Cheese Breakfast Bowl Fresh Banana

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**Lunch
Comfort
Kitchen**

	Chicken Quesadilla Cheese Quesadilla (v) Mexican Black Beans Diced Pears	Beef Tachos w/Breadstick Plant-Based Tachos w/Breadstick (v) Mexican Corn Applesauce	Chicken & Waffles Breakfast Potato Bowl w/Biscuit (v) Roasted Carrots Mandarin Oranges	Turkey Ham & Cheese Sandwich Mac & Cheese (v) Green Peas Fresh Apple Slices
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	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Breakfast	Plain Bagel w/ Cream Cheese Sliced Peaches	Egg & Cheese Biscuit Sandwich Mandarin Oranges	Vanilla Yogurt w/Graham Crackers Applesauce	Whole Grain French Toast Sticks w/Syrup Apple Slices	Tater Tot Breakfast Burrito Banana

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.

	Butter Chicken w/ Brown Rice Veggie Burger (v) Green Peas Apple Slices	Turkey Tacos al Pastor Grilled Cheese Sandwich (v) Aztec Corn & Beans Orange Slices	Cheeseburger Chick'n Nuggets w/ Breadstick (v) Baked Plantains Pineapple Tidbits	Pasta w/Colorful Marinara Sunbutter & Jelly Sandwich (ve) Citrus Glazed Carrots Banana	Turkey & Cheese Sandwich Cheese Pizza (v) Roasted Broccoli & Red Peppers Applesauce
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	Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Breakfast	Oatmeal Breakfast Round	Peach Cobbler Breakfast Square	Egg & Cheese Bagel Sandwich	Blueberry Muffin w/ Cheese Stick	Strawberry Yogurt w/ Granola
	Fresh Tangerine	Baked Cinnamon Apples	Orange Slices	Fresh Banana	Strawberries

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.

Lunch Comfort Kitchen	Crunchy Beef Taco	Chicken Nuggets	Sweet & Sour Chicken w/ Brown Rice	French Toast W/ Turkey Sausage	Cheese Quesadilla (v)
	Bean & Cheese Soft Tacos (v)	Macaroni & Cheese (v)	Teriyaki Tofu w/ Veggie Lo Mein (v)	Rainbow Chili w/ Tortilla Chips (v)	Tuna Salad Sandwich (f)
	Refried Pinto Beans Diced Pears	Citrus Glazed Carrots Fresh Apple Slices	Roasted Bell Peppers & Onions Mandarin Oranges	Roasted Sweet Potato Orange Smiles	Roasted Broccoli Banana

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