

ONE-TABLE

	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Comfort Kitchen	Parmesan Chicken w/Spaghetti Marinara. Cheese Pizza (v). Garden Salad Roasted Cauliflower	Taco Quesadilla. Cheese Quesadilla (v). Baked Beans Mexican Black Beans Parmesan Green Beans	Roast Turkey w/Gravy & Dinner Roll. Bean & Cheese Nachos (v). Mashed Potatoes Mexican Corn	Spicy Chicken Sandwich. Fiesta Potato Breakfast Bowl w/Biscuit (v). Seasoned Carrot Coins Sweet Potato Fries	BBQ Mac & Cheese w/Garlic Knot. Lasagna Roll Up w/Garlic Knot (v). Aztec Corn Caesar Side Salad
Grab n Go	Chicken Caesar Wrap	Tuna Salad Sandwich	Crispy Chicken Salad w/Dinner Roll	Hummus Box (v)	Turkey & Cheese Sandwich
From the Garden	Strawberry Cup Orange Slices Baby Carrots Super Salad	Banana Red Grapes Chilled Peas Super Salad	Orange Slices Frozen Blueberries Red Pepper Strips Super Salad	Fresh Apple Slices Tangerine Roasted Chickpeas Super Salad	Orange Slices Diced Pears Celery Sticks Super Salad

OFFERED DAILY

Non fat white milk
Low-fat 1% white milk

DRESSINGS

Italian, Ranch, Ketchup, Mayo, Mustard

All grain products are whole grain rich.
(v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes vegan choices. Locally Sourced items offered daily. This menu is subject to change and based upon product availability.

ONE-TABLE



Comfort Kitchen



Corner Deli



From the Garden

OFFERED DAILY

Non fat white milk
Low-fat 1% white milk

DRESSINGS

Italian, Ranch, Ketchup, Mayo, Mustard

	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Comfort Kitchen	Butter Chicken w/Brown Rice. Veggie Burger (v). Seasoned Potato Wedges Garden Salad	Spaghetti & Beef Marinara w/Garlic Knot. Grilled Cheese Sandwich (v). Parmesan Green Beans Sweet Potato Fries	Curry Chicken Brown Rice. Veggie Lo Mein w/ Tofu (v). Roasted Broccoli & Carrots Asian Bean Salad	Breaded Chicken Drumstick w/Mac & Cheese. Baked Penne Alfredo w/Garlic Knot (v). Caesar Side Salad Collard Greens	Sunshine Veggie Chili w/Tortilla Chips (v). Cheese Pizza (v). Roasted Broccoli & Red Peppers Roasted Corn
Corner Deli	Deli Bento Box	Chef Salad w/Hard Boiled Egg & Garlic Knot (v)	Chicken Caesar Salad w/Breadstick	Sunbutter & Jelly Sandwich (ve)	Turkey & Cheese Sandwich
From the Garden	Apple Slices Tangerine Cucumber Slices Super Salad	Orange Slices Applesauce Fresh Broccoli Super Salad	Canned Pears Frozen Blueberries Baby Carrots Super Salad	Banana Orange Slices Celery Sticks Super Salad	Applesauce Red Grapes Chilled Peas Super Salad

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	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
 Comfort Kitchen	Beef Soft Tacos. Cheesy Breadstick w/Marinara (v). Garden Salad w/Ranch Refried Beans	Chicken Nuggets w/Breadstick. Colorful Marinara w/Breadstick(v). Green Peas French Carrot Salad	French Toast Sticks w/Turkey Sausage Patty. Veggie Lo Mein w/Sweet & Sour Tofu (v). Roasted Bell Peppers & Onions Fiesta Potatoes	Breaded Chicken Drumstick w/Dinner Roll. BBQ Sloppy Joe Sandwich (ve). Green Beans Baby Carrots	Fajita Chicken & Jollof Rice w/Flatbread. Cheese Quesadilla (v). Roasted Broccoli Refried Beans
 Grab n Go	Strawberry Banana Parfait (v)	Pizza Bento Box (v)	Fiesta Salad w/Breadstick	Chicken Caesar Wrap	Tuna Salad Sandwich
 From the Garden OFFERED DAILY Non fat white milk Low-fat 1% white milk DRESSINGS Italian, Ranch, Ketchup, Mayo, Mustard	Canned Pears Orange Slices Baby Carrots Super Salad	Apple Slices Watermelon Celery Sticks Super Salad	Applesauce Mandarin Oranges Sweet Potatoes Super Salad	Orange Slices Apple Slices Red Pepper Strips Super Salad	Banana Frozen Blueberries Tomato, Cucumber Salad Super Salad

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ONE-TABLE



**Comfort
Kitchen**



**Corner
Deli**



**From the
Garden**

**OFFERED
DAILY**

Non fat white milk
Low-fat 1% white
milk

DRESSINGS

Italian, Ranch, Ketchup,
Mayo, Mustard

	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
No School		Spaghetti w/Panko Breadcrumbs and Turkey Marinara. Baked Penne w/Breadstick (v). Parmesan Green Beans Tater Tots	Seasoned Grilled Chicken Strips w/Brown Rice. Falafel Bowl w/Brown Rice, Tomatoes and Tzatziki (v). Stewed Chickpeas and Zucchini Green Beans	Green Chile Turkey and Corn Stew. Cheese Quesadilla (v). Baked Plantains Tomato & Cucumber Salad	Beef Enchiladas. Cheese Pizza (v). Caesar Side Salad Mexican Black Beans
		Turkey and Cheese Sandwich	Hummus Box (v)	Pizza Bento Box (v)	Chicken Caesar Salad w/Breadstick
No School		Canned Pears Apple Slices Fresh Broccoli Super Salad	Fresh Banana Red Grapes Chilled Green Peas Super Salad	Mango Pineapple Tidbits Blue Ribbon Slaw Super Salad	Orange Slices Cantaloupe Roasted Corn Super Salad

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