Middle & High School May 6-10



W	Al				
	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Comfort Kitchen	Turkey Hot Dog. Macaroni & Cheese w/Breadstick (v). Seasoned Potato Wedges	Taco Quesadilla w/Cilantro Lime Rice. Cheese Quesadilla w/Cilantro Lime Rice (v). Aztec Corn Salsa	Roast Turkey w/Gravy & Dinner Roll. Bean & Cheese Enchiladas (v). Mashed Potatoes	Spicy Chicken Sandwich. Fiesta Potato Breakfast Bowl w/Biscuit (v). Seasoned Carrot Coins	Breaded Chicken Drumstick w/Dinner Roll. Veggie Lo Mein w/Sweet & Sour Tofu (v). Broccoli & Carrot Stir Fry
Block Party	Salvadorian Chicken w/Brown Rice Roasted Corn	Brazilian Steak Sandwich Seasoned Potato Wedges	Pavo Al Horno w/Dominican Yellow Rice (v) Roasted Broccoli	Bean & Queso Blanco Quesadilla (v) Mexican Roasted Sweet Potato	Green Chile Chicken & Corn Stew Black Beans
Traditions	Grill Hamburger Cheeseburger Veggie Burger (v) Crinkle Cut Fries Burger Toppings	Pizza BBQ Chicken Pizza Cheese Pizza (v) Garden Salad (v)	Nacho Bar Tortilla Chips Beef Taco Filling Refried Beans (v) Cheddar Cheese Sauce Mixed Greens Salsa & Toppings	Grill Crispy Chicken Sandwich Grilled Cheese (v) Sweet Potato Fries Burger Toppings	Pizza Taco Pizza Cheese Pizza (v) Garden Salad (v)
Corner Deli	Turkey & Cheese Sub Fiesta Dip Box (v)	Deli Bento Box Hearty Garden Salad w/Breadstick(v)	Italian Como Sub Hummus Box (v)	Buffalo Chicken Wrap Protein Box (v)	Turkey-Ham & Cheese Sub Fiesta Salad w/Breadstick
From the Garden OFFERED DAILY	Strawberry Cup Orange Slices Baby Carrots Super Salad	Red Grapes Banana Chilled Peas Super Salad	Orange Slices Frozen Blueberries Red Pepper Strips Super Salad	Fresh Apple Slices Diced Peaches Roasted Chickpeas Super Salad	Orange Slices Diced Pears Celery Sticks Super Salad

DRESSINGS

Non fat white milk Low-fat 1% white

Italian, Ranch, Ketchup, Mayo, Mustard Middle & High School May 13-17

ONE TABLE

1 10.9 20 2					
	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Comfort Kitchen	Butter Chicken w/Brown Rice. Veggie Burger (v). Seasoned Potato Wedges	Spaghetti & Beef Marinara w/Garlic Knot. Grilled Cheese Sandwich (v). Parmesan Green Beans	Curry Chicken Brown Rice. Veggie Lo Mein w/Tofu (v). Roasted Broccoli & Carrots	Breaded Chicken Drumstick w/Mac & Cheese. Pasta & Rainbow Marinara w/Garlic Knot (v). Caesar Side Salad	Crispy Chipotle Chicken Sandwich. Sunshine Veggie Chili w/Tortilla Chips (v). Roasted Broccoli & Red Peppers
Block Party	Habichuelas Guisados & Plantain Fried Rice (v) Roasted Butternut Squash	Pollo Guisado Tortilla Yuca with Garlic & Onion	Pastaleon w/ Breadstick Ensalada Verde	Pica Pollo Drumstick w/ Tortilla Chips Roasted Corn	Dominican Chimichurri Burger Yuca Fries
Traditions	Nacho Bar Tortilla Chips Fajita Chicken Black Beans (v) Queso Blanco Mixed Greens Salsa & Toppings	Grill Spicy Chicken Sandwich Veggie Burger (v) Sweet Potato Fries Burger Toppings	Pizza Buffalo Chicken Pizza Cheese Pizza (v) Garden Salad (v)	Nacho Bar Tortilla Chips Turkey Taco Filling Black Beans (v) Cheddar Cheese Sauce Mixed Greens Salsa & Toppings	Grill Hamburger Cheeseburger Veggie Burger (v) Crinkle Cut Fries Burger Toppings
Corner Deli From the	Crispy Chicken Wrap Fiesta Dip Box (v)	Chicken Caesar Wrap Pizza Bento Box (v)	Buffalo Chicken Wrap Hummus Box (v)	Crispy Chicken Wrap Protein Box (v)	Chicken Caesar Wrap Fiesta Salad w/Breadstick (v)
OFFERED DAILY Non fat white milk	Apple Slices Diced Peaches Basil Corn Salad Super Salad	Orange Slices Applesauce Fresh Broccoli Super Salad	Canned Pears Frozen Blueberries Asian Bean Salad Super Salad	Banana Orange Slices Celery Sticks Super Salad	Applesauce Red Grapes Chilled Peas Super Salad

Low-fat 1% white **DRESSINGS**

Italian, Ranch, Ketchup, Mayo, Mustard

Middle & High School May 20-24



V C	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
Comfort Kitchen	Beef Soft Tacos. Cheesy Breadsticks w/Marinara (v). Garden Salad w/Ranch	Chicken Nuggets w/Breadstick. Macaroni & Cheese w/Breadstick (v). French Carrot Salad	French Toast Sticks w/Turkey Sausage Patty. Veggie Lo Mein w/Sweet & Sour Tofu (v). Roasted Bell Peppers & Onions	Breaded Chicken Drumstick w/Dinner Roll. BBQ Sloppy Joe Sandwich (ve). Green Beans	Fajita Chicken & Jollof Rice w/Flatbread. Cheese Quesadilla (v). Roasted Broccoli
Block Party	Fajita Chicken w/Brown Rice & Stewed Chickpeas and Zucchini Citrus Glazed Carrots	Jerk Chicken Quesadilla Frijoles ala Charro	Red Chile Chicken w/Brown Rice Yuca Fries	Bean & Chicken Chiliquiles Elote Corn	Chimichurri Citrus Tuna Salad Sandwich Garlic Roasted Summer Squash
Traditions	Pizza Turkey Pepperoni Pizza Cheese Pizza (v) Caesar Salad (v)	Nacho Bar Tortilla Chips Beef Taco Filling Refried Beans (v) Cheddar Cheese Sauce Mixed Greens Salsa & Toppings	Grill Spicy Chicken Sandwich Crispy Chicken Sandwich Sweet Potato Fries Burger Toppings	Pizza Buffalo Chicken Pizza Cheese Pizza (v) Caesar Salad (v)	Nacho Bar Tortilla Chips Beef Taco Filling Refried Beans (v) Queso Blanco Mixed Greens Salsa & Toppings
Traditions Corner Deli	Turkey Pepperoni Pizza Cheese Pizza (v)	Tortilla Chips Beef Taco Filling Refried Beans (v) Cheddar Cheese Sauce Mixed Greens	Spicy Chicken Sandwich Crispy Chicken Sandwich Sweet Potato Fries	Buffalo Chicken Pizza Cheese Pizza (v)	Tortilla Chips Beef Taco Filling Refried Beans (v) Queso Blanco Mixed Greens Salsa &

All grain products are whole grain rich.

(v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes vegan choices. Locally Sourced items offered daily. This menu is subject to change and based upon product availability.

This institution is an equal opportunity provider.
Additional nutrition information available upon request.

milk

Middle & High School May 27-31



V					
	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
Comfort Kitchen	No School	Parmesan Chicken w/Spaghetti and Marinara. Baked Penne w/Breadstick (v). Parmesan Green Beans	Seasoned Grilled Chicken Strips w/Brown Rice. Falafel Bowl w/Brown Rice, Tomatoes and Tzatziki (v). Stewed Chickpeas and Zucchini	Green Chile Turkey and Corn Stew. Cheese Quesadilla (v). Baked Plantains	Boneless Wings w/Sweet Chipotle Sauce. Macaroni Alfredo (v). Carrots & Celery Sticks
Block Party		Dominican Chimichurri Burger Yucca Fries	Pavo Al Horno w/Dominican Yellow Rice Roasted Broccoli	Fries w/Dominican Beef, Chimi Sauce and Breadstick	Chimichurri Tuna Salad Sandwich Mashed Plantains
Traditions		Pizza BBQ Chicken Pizza Cheese Pizza (v) Garden Salad (v)	Nacho Bar Tortilla Chips Beef Taco Filling Refried Beans (v) Cheddar Cheese Sauce Mixed Greens Salsa & Toppings	Grill Crispy Chicken Sandwich Grilled Cheese (v) Sweet Potato Fries Burger Toppings	Pizza Taco Pizza Cheese Pizza (v) Garden Salad (v)
Corner Deli		Deli Bento Box Hearty Garden Salad w/Breadstick(v)	Italian Como Sub Hummus Box (v)	Buffalo Chicken Wrap Protein Box (v)	Turkey-Ham & Cheese Sub Fiesta Salad w/Breadstick
From the Garden OFFERED DAILY Non fat white milk Low-fat 1% white	No School	Canned Pears Apple Slices Tomato & Cucumber Salad Super Salad	Red Grapes Bananas Chilled Green Peas Super Salad	Mango Pineapple Tidbits Tomato & Cucumber Salad Super Salad	Orange Slices Cantaloupe Roasted Corn Super Salad

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DRESSINGS

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