

High School  
May 6-10

# ONE-TABLE



## Comfort Kitchen



## Corner Deli



## From the Garden

OFFERED DAILY

Non fat white milk  
Low-fat 1% white milk

### DRESSINGS

Italian, Ranch, Ketchup, Mayo, Mustard

Monday 6	Tuesday 7	Wednesday 8	Thursday 8	Friday 10
Parmesan Chicken w/Spaghetti & Marinara Cheese Pizza (v). Buffalo Chicken Pizza.  Garden Salad Roasted Cauliflower	Jerk Chicken Quesadilla. Cheese Quesadilla (v). Croque Monsieur Sandwich.  Parmesan Green Beans Baked Beans	Roast Turkey w/Gravy & Dinner Roll. Bean & Cheese Nachos (v). Grilled Chicken Sandwich.  Mashed Potatoes Mexican Corn	Spicy Chicken Sandwich. Fiesta Potato Breakfast Bowl w/Biscuit (v). French Toast Sticks w/Turkey Sausage Patty & Syrup.  Seasoned Carrot Coins Sweet Potato Fries	BBQ Chicken Sandwich. Broccoli & Cheese Baked Potato w/Dinner Roll (v). Beefy Macaroni.  Blue Ribbon Coleslaw Roasted Broccoli
Chicken Caesar Wrap	Tuna Salad Sandwich	Crispy Chicken Salad	Hummus Box (v)	Fiesta Dip Box (v)
Strawberry Cup Orange Slices Baby Carrots Super Salad	Red Grapes Banana Chilled Peas Super Salad	Orange Slices Frozen Blueberries Red Pepper Strips Super Salad	Fresh Apple Slices Diced Peaches Roasted Chickpeas Super Salad	Orange Wedges Diced Pears Celery Sticks Super Salad

All grain products are whole grain rich.

(v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes vegan choices. Locally Sourced items offered daily. This menu is subject to change and based upon product availability.

This institution is an equal opportunity provider. Additional nutrition information available upon request.

High School

May 13-17

# ONE-TABLE



## Comfort Kitchen



## Corner Deli



## From the Garden

OFFERED DAILY

Non fat white milk  
Low-fat 1% white milk

### DRESSINGS

Italian, Ranch, Ketchup, Mayo, Mustard

	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Comfort Kitchen	Butter Chicken w/Brown Rice. Veggie Burger (v). Baked Penne w/Breadstick.  Garden Salad Seasoned Potato Wedges	Spaghetti & Beef Marinara w/Garlic Knot. Grilled Cheese Sandwich (v). General Tso's Chicken w/Brown Rice.  Parmesan Green Beans Stir Fry Vegetables	Curry Chicken Brown Rice. Veggie Lo Mein w/Tofu (v).  Roasted Broccoli & Carrots Asian Bean Salad	Breaded Chicken Drumstick w/Mac & Cheese. Pasta & Rainbow Marinara w/Garlic Knot (v). Croque Monsieur Sandwich  Collard Greens Caesar Side Salad	BBQ Chicken Sandwich. Sunshine Chili w/Tortilla Chips (v). Taco Pizza.  Mexican Roasted Corn Broccoli & Red Peppers
Corner Deli	Deli Bento Box	Chef Salad w/Hard Boiled Egg & Garlic Knot	Chicken Caesar Salad w/Breadstick	Turkey & Cheese Sub Protein Box (v)	Turkey & Cheese Sandwich
From the Garden	Apple Slices Diced Peaches Basil Corn Salad Super Salad	Orange Slices Applesauce Fresh Broccoli Super Salad	Canned Pears Frozen Blueberries Baby Carrots Super Salad	Banana Orange Slices Celery Sticks Super Salad	Applesauce Red Grapes Chilled Peas Super Salad

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High School  
May 20-24

# ONE-TABLE



## Comfort Kitchen



## Corner Deli



## From the Garden

### OFFERED DAILY

Non fat white milk  
Low-fat 1% white milk

### DRESSINGS

Italian, Ranch, Ketchup, Mayo, Mustard

Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
Beef Soft Tacos. Cheesy Breadstick w/Marinara (v). Bean & Cheese Nachos.  Garden Salad w/Ranch Refried Beans	Chicken Nuggets w/Breadstick. Macaroni & Cheese w/Breadstick(v). Turkey Hot Dog.  Green Peas French Carrot Salad	French Toast Sticks w/Turkey Sausage Patty. Veggie Lo Mein w/Sweet & Sour Tofu (v). Crispy Chipotle Chicken Sandwich.  Roasted Bell Peppers & Onions Fiesta Potatoes	Dominican Chimichurri Burger. BBQ Sloppy Joe Sandwich (ve). Broccoli & Cheese Baked Potato (v).  Green Beans Baby Carrots	Haitian-Style Drumstick & Jollof Rice w/Flatbread. Cheese Quesadilla (v). Brazilian Steak Sandwich.  Roasted Broccoli Refried Beans
Strawberry Banana Parfait (v)	Pizza Bento Box (v)	Fiesta Salad w/Breadstick	Chicken Caesar Wrap	Chimichurri Citrus Tuna Salad Sandwich
Canned Pears Orange Slices Baby Carrots Super Salad	Apple Slices Watermelon Celery Sticks Super Salad	Applesauce Mandarin Oranges Sweet Potatoes Super Salad	Orange Slices Apple Slices Red Pepper Strips Super Salad	Banana Frozen Blueberries Tomato, Cucumber Salad Super Salad

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High School  
May 27-31

# ONE TABLE



## Comfort Kitchen

No School

Spaghetti and Turkey Marinara.  
Baked Penne w/Breadstick (v).  
Lasagna Roll Up w/Breadstick  
Parmesan Green Beans  
Tater Tots

Seasoned Grilled Chicken Strips w/Brown Rice.  
Falafel Bowl w/Brown Rice, Tomatoes and Tzatziki (v).  
Stewed Chickpeas and Zucchini Green Beans

Green Chile Turkey and Corn Stew.  
Cheese Quesadilla (v).  
Baked Plantains  
Tomato & Cucumber Salad

Beef Enchilada.  
Bean & Cheese Enchilada (v).  
Cheese Pizza (v).  
Mexican Black Beans  
Caesar Side Salad



## Corner Deli

Turkey & Cheese Sandwich

Humus Box (v)

Pizza Bento Box (v)

Chicken Caesar Salad w/Breadstick (v)



## From the Garden

### OFFERED DAILY

Non fat white milk  
Low-fat 1% white milk

### DRESSINGS

Italian, Ranch, Ketchup, Mayo, Mustard

No School

Canned Pears  
Apple Slices  
Tomato & Cucumber Salad  
Super Salad

Fresh Banana  
Red Grapes  
Chilled Green Peas  
Super Salad

Mango  
Pineapple Tidbits  
Blue Ribbon Slaw  
Super Salad

Orange Slices  
Cantaloupe  
Roasted Corn  
Super Salad

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