

## November

Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
No School	No School	Vanilla Yogurt w/Graham Crackers	Whole Grain French Toast Sticks w/Syrup	Egg & Cheese Burrito
		Watermelon	Apple Slices	Banana

Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
No School	Oatmeal Breakfast Round	Egg & Cheese Bagel Sandwich	Blueberry Muffin w/ String Cheese	Strawberry Yogurt w/ Granola
	Orange Slices	Cantaloupe	Fresh Banana	Strawberries

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All BIC/GnG breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.

*This institution is an equal opportunity provider. Additional nutrition information available upon request.*

Breakfast in the Classroom & Grab n'Go  
**October**

# ONE-TABLE

Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
French Toast Sticks w/ Syrup	Scrambled Eggs w/Toast	Tropical Mango Breakfast Round	Plain Bagel w/Cream Cheese	Egg & Cheese Biscuit Sandwich
Apple Slices	Pineapple	Banana	Orange Wedges	Mandarin Oranges

Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
Strawberry Yogurt w/Graham Crackers	Blueberry Muffin w/String Cheese	No School	Happy Thanksgiving!	No School
Orange Wedges	Diced Peaches			

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