

	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
<b>Breakfast</b>	No School	No School	Vanilla Yogurt w/Graham Crackers  Watermelon	Whole Grain French Toast Sticks w/Syrup  Apple Slices	Egg & Cheese Burrito  Banana

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.



**Lunch  
Comfort  
Kitchen**

	No School	No School	Cheeseburger  Chile Relleno Burrito (v)  Roasted Mushrooms Pineapple Tidbits	Tortellini & Marinara  Sunbutter & Jelly Sandwich (ve)  Citrus Glazed Carrots Banana	Turkey & Cheese Sandwich  Cheese Pizza (v)  Roasted Broccoli & Red Peppers Applesauce
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**OFFERED  
DAILY**

Non fat white milk  
Low-fat 1% white  
milk

All grain products are whole grain rich.  
(v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes  
vegan choices. Locally Sourced items offered daily. This menu is subject to  
change and based upon product availability.

	Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
<b>Breakfast</b>	No School	Oatmeal Breakfast Round  Orange Slices	Egg & Cheese Bagel Sandwich  Cantaloupe	Blueberry Muffin w/ String Cheese  Fresh Banana	Strawberry Yogurt w/ Granola  Strawberries

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**Lunch  
Comfort  
Kitchen**

No School	Chicken Nuggets  Tortellini & Marinara(v)  Citrus Glazed Carrots Fresh Apple Slices	Chicken & Bean Empanada  Teriyaki Tofu w/ Veggie Lo Mein(v)  Roasted Bell Peppers & Onions Mandarin Oranges	French Toast Sticks & Turkey Sausage  Sloppy Joe (ve)  Green Beans Orange Slices	Tuna Salad Sandwich  Cheese Quesadilla  Roasted Broccoli Fresh Banana
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DAILY**

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	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
<b>Breakfast</b>	French Toast Sticks w/ Syrup  Apple Slices	Scrambled Eggs w/Toast  Pineapple	Tropical Mango Breakfast Round  Banana	Plain Bagel w/Cream Cheese  Orange Wedges	Egg & Cheese Biscuit Sandwich  Mandarin Oranges

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**Lunch  
Comfort  
Kitchen**

Spaghetti w/ Marinara Sauce	Tuna Salad Sandwich	Grilled Chicken Sandwich	Popcorn Chicken Bowl w/Corn, Mashed Potatoes & Gravy	Beef Enchilada
Grilled Cheese Sandwich (v)	Tortellini & Marinara (v)	Teriyaki Chick'n Brown Rice (v)	Sunbutter & Jelly Sandwich (ve)	Cheese Pizza (v)
Sweet Plantains Applesauce	Mixed Garden Veggies Apple Slices	Roasted Broccoli & Red Peppers Orange Slices	Roasted Butternut Squash Banana	Mexican Corn Cantaloupe

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DAILY**

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	Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
<b>Breakfast</b>	Strawberry Yogurt w/Graham Crackers  Orange Wedges	Blueberry Muffin w/String Cheese  Diced Peaches	No School	Happy Thanksgiving!	No School

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.



**Lunch  
Comfort  
Kitchen**

Beef & Cheese Nachos  Veggie Burgers (v)  Mexican Black Beans Apple Slices	<b>Thanksgiving Meal</b>  Pulled Turkey w/ Biscuit and Gravy  Mashed Potatoes Green Beans  Applesauce  or Baked Penne w/ Garlic Breadstick (v)	No School	Happy Thanksgiving!	No School
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**OFFERED  
DAILY**

Non fat white milk  
Low-fat 1% white  
milk

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	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Breakfast	Cheesy Scrambled Eggs w/Toast	Hard Boiled Egg Bento Box	Egg & Cheese Breakfast Sandwich on a Biscuit	Banana Muffin w/String Cheese	Potato, Egg & Cheese Breakfast Bowl
	Diced Pears	Strawberries	Orange Wedges	Baked Cinnamon Apples	Fresh Banana

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.

 Lunch Comfort Kitchen	Crispy Chicken Wrap	Chicken Quesadilla	Beef Tachos w/Breadstick	Tuna Salad Sandwich	Turkey & Cheese Sandwich
	Cheese Pizza (v)	Cheese Quesadilla (v)	Plant-Based Tachos w/Breadstick (v)	Breakfast Potato Bowl w/Biscuit (v)	Glorious Mac & Cheese (v)
	Roasted Cauliflower Orange Slices	Roasted Broccoli Diced Pears	Mexican Corn Applesauce	Roasted Carrots Mandarin Oranges	Peas Apple Slices

#### OFFERED

#### DAILY

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Low-fat 1% white milk

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