



Elementary & K-8

Nov 4 - 8

ONE-TABLE

	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
 Comfort Kitchen	No School	No School	Greek Chicken Shawarma Sandwich Chile Relleno Burrito (v) Roasted Broccoli & Carrots Roasted Mushrooms Burger Toppings	Breaded Chicken Drumstick w/Mac & Cheese Tortellini & Marinara w/Garlic Knot (v) Citrus Carrots Collard Greens	BBQ Chicken Sandwich Cheese Pizza (v) Roasted Broccoli & Red Peppers Roasted Butternut Squash
 Corner Deli			Chicken Caesar Salad w/ Breadstick	Sunbutter & Jelly Sandwich (ve)	Turkey & Cheese Sub

From the Garden 		Frozen Blueberries Pineapple Tidbits Super Salad Baby Carrots	Banana Fresh Pear Caesar Side Salad Celery Sticks	Whole Apple Red Seedless Grapes Super Salad Chilled Peas

OFFERED
DAILY

Non fat white milk
Low-fat 1% white
milk

DRESSINGS

Italian, Ranch, Ketchup,
Mayo, Mustard

All grain products are whole grain rich.
(v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes vegan choices. Locally Sourced items offered daily. This menu is subject to change and based upon product availability.

This institution is an equal
opportunity provider.
Additional nutrition information
available upon request.

Elementary & K-8

Nov 11-15

ONE TABLE



**Comfort
Kitchen**



**Corner
Deli**

Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
No School	Chicken Nuggets w/Breadstick Tortellini & Marinara w/Breadstick (v) Citrus Glazed Carrots Green Peas	Greek Chicken Shawarma Sandwich Teriyaki Tofu w/Veggie Lo Mein (v) Fiesta Potatoes Roasted Bell Peppers & Onions	French Toast Sticks w/ Turkey Sausage Sloppy Joe (ve) Roasted Sweet Potatoes Baby Carrots	Fajita Chicken w/ Jollof Rice & Flatbread Cheese Quesadilla (v) Roasted Broccoli Refried Beans Salsa
	Pizza Bento Box	Fiesta Salad w/Breadstick (v)	Chicken Caesar Wrap	Tuna Salad Sandwich



**From the
Garden**

	Apple Slices Diced Peaches ABC Salad Cucumber Slices	Watermelon Clementine Super Salad Chilled Sweet Potato	Clementine Fresh Apple Garden Salad Red Pepper Strips	Banana Blueberries Super Salad Tomato & Corn Salad
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DAILY**

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DRESSINGS

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Nov 18-22

ONE TABLE

	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
 Comfort Kitchen	Jamaican Jerk Chicken w/ Brown Rice Grilled Cheese Sandwich (v) Sweet Plantains Tomato Soup	Spaghetti & Turkey Marinara Tortellini & Marinara w/Breadstick (v) Parmesan Green Beans Tater Tots	Grilled Chicken Sandwich Teriyaki Chick'n and Brown Rice (v) Roasted Broccoli & Carrots Green Peas	Beef Hot Dog Trinbagonian Corn Soup w/ Breadstick (v) Crinkle Cut Fries Roasted Butternut Squash	Beef Enchiladas Cheese Pizza (v) Mexican Black Beans Citrus Carrots
 Corner Deli	Fiesta Salad w/ Breadstick (v)	Hummus Box (v)	Turkey "Ham" and Cheese Sandwich	Blueberry Parfait (v)	Chicken Caesar Salad w/Breadstick

	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
 From the Garden	Blueberries Applesauce Super Salad Baby Carrots	Peach Slices Danish Old Fashioned Apple Trifle Garden Salad Celery Sticks	Banana Clementine Asian Bean Salsa ABC Salad	Frozen Blueberries Cantaloupe Blue Ribbon Slaw Tuscan Salad	Whole Apple Banana Roasted Corn Super Salad

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DAILY

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Low-fat 1% white
milk

DRESSINGS

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Mayo, Mustard

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Elementary & K-8

Nov 25-29

ONE-TABLE



**Comfort
Kitchen**



**Corner
Deli**

Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
Beef & Cheese Nachos Veggie Burger (v) Mexican Black Beans Moroccan Spiced Carrots Burger Toppings	<u>Thanksgiving Meal</u> Pulled Turkey w/ Biscuit & Gravy Mashed Potatoes Apple Glazed Carrots Green Beans Applesauce Cranberry Sauce or Baked Penne w/ Breadstick (v)	No School	Happy Thanksgiving!	No School
Sunbutter & Jelly Sandwich (ve)	Strawberry Banana Parfait (v)			

**From the
Garden**



Apple Slices Diced Pears Fresh Broccoli Super Salad	Fresh Peach Strawberries Greek Salad Celery Sticks			
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**OFFERED
DAILY**

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Low-fat 1% white milk

DRESSINGS

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Mayo, Mustard

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Elementary & K-8

Dec 2-6

ONE TABLE



Comfort Kitchen



Corner Deli



From the Garden

OFFERED DAILY

Non fat white milk
Low-fat 1% white milk

DRESSINGS

Italian, Ranch, Ketchup, Mayo, Mustard

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Parmesan Chicken w/ Spaghetti & Marinara Cheese Pizza (v) Parmesan Green Beans Roasted Cauliflower	Chicken Quesadilla OR Cheese Quesadilla (v) w/Cilantro Lime Rice Mexican Black Beans Roasted Cilantro & Lime Broccoli	Beef Tachos w/Breadstick Plant-based Tachos w/Breadstick (v) Mexican Corn Tater Tots	Spicy Chicken Sandwich Fiesta Potato Breakfast Bowl w/Biscuit (v) Sweet Potato Fries Seasoned Carrot Coins	BBQ Mac & Cheese w/ Garlic Knot Lasagna Roll Up w/ Garlic Knot (v) Collard Greens Green Peas
Chicken Caesar Wrap	Tuna Salad Sandwich	Crispy Chicken Salad w/Breadstick	Hummus Box (v)	Turkey & Cheese Sandwich

Strawberries Orange Slices Baby Carrots Super Salad	Red Seedless Grapes Orange Slices Chilled Peas Spinach Salad	Whole Apple Frozen Blueberries Red Pepper Strips Super Salad	Apple Slices Banana Roasted Chickpeas Spinach Salad	Mixed Melon Peach Slices Cucumber Slices Super Salad
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