

All Lunch **Must**
Include a
Choice of:
Fruit or Vegetable
And May Include:
1% Low-Fat Milk
or Fat-Free Milk




November 2024

K-5 LUNCH MENU

October 28-November 1

Powering
potential.™

ENTRÉE OPTIONS

	MON	TUES	WED	THURS	FRI
	Cheeseburger Veggie Burger	Beef & Broccoli w/ Rice	Chili Mac	Mediterranean Grain Bowl	Cheese Pizza Pepperoni Pizza
	Chicken & Rosa Sauce w/ Penne	Max Snax Breadstick w/ Dipping Sauce	Fish Bites w/ Dinner Roll	Country Fried Steak w/ Gravy	Chicken BLT Sandwich 
	Color Cheddar Goldfish Crackers, Cheddar Cheese & Turkey turkey ham Lunch Pack	Garden Salad w/ Cheese & Dinner Roll	Chicken Snack Wraps	Vegetable Baja Salad w/ Dinner Roll	Pretzel, Vanilla Yogurt & Cheese Pack
	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich
	Baby Carrots Baked Beans Fresh Apple Sliced Pears	Edamame Steamed Squash Fresh Orange Applesauce	Celery Steamed Broccoli Fresh Apple Sliced Peaches	Cucumber Slices Mashed Potatoes Fresh Pear Mixed Fruit	Baby Carrots Green Peas Fresh Apple Apricot Halves

FRUIT & VEGGIES

AVAILABLE DAILY:

- Milk Varieties: Skim, 1%
- Condiments – Ketchup, Mustard, Mayo, Ranch & Italian Dressing, Margarine

Vegetarian Options 
Available Daily
Contains Fish 
Locally Sourced 



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This institution is an equal opportunity provider.

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November 2024

K-5 LUNCH MENU

November 4-November 8

Powering
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ENTRÉE OPTIONS

MON

TUES

WED

THURS

FRI

No School

No School

Chicken or Vegetable
Dumplings
Egg Fried Rice

French Toast w/
Turkey Sausage Patty

Cheese Pizza
Pepperoni Pizza

Cheese Quesadilla

Enchiladas Casserole w/
Spanish Rice

Egg Roll Bowl

Cheese & Veggie Wrap

Chicken & Cheese Salad
w/ Dinner Roll

Pretzel, Vanilla Yogurt &
Cheese Pack

Sunbutter & Jelly
Sandwich

Sunbutter & Jelly
Sandwich

Sunbutter & Jelly
Sandwich

Celery
Steamed Broccoli
Fresh Apple
Sliced Peaches

Cucumber Slices
Tater Tots
Fresh Pear
Mixed Fruit

Baby Carrots
Green Peas
Fresh Apple
Apricot Halves

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aramark 
STUDENT
NUTRITION

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November 2024

K-5 LUNCH MENU

November 11- November 15

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MON

TUES

WED

THURS

FRI

ENTRÉE
OPTIONS

4- Cheese Mac and
Cheese



Country Chicken Nugget
Bowl w/ Dinner Roll

Eggoji Waffles
Turkey Sausage Patty

Cheese Pizza
Pepperoni Pizza

Grilled Cheese

Meatball Sub

Cheesy Baked Penne

Chicken Quinoa Bowl w/
Dinner Roll

Chicken Caesar Salad
w/ Dinner Roll

Three Cheese Wrap

Beef Nacho Salad
w/ Dinner Roll

Pretzel, Strawberry Yogurt
& Cheese Pack

Sunbutter & Jelly
Sandwich

Sunbutter & Jelly
Sandwich

Sunbutter & Jelly
Sandwich

Sunbutter & Jelly
Sandwich

NO SCHOOL

Edamame
Steamed Squash
Fresh Orange
Applesauce

Celery
Steamed Broccoli
Fresh Apple
Sliced Peaches

Cucumber Slices
Steamed Corn
Fresh Apple
Mixed Fruit

Baby Carrots
Green Peas
Fresh Apple
Apricot Halves

FRUIT &
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November 2024

K-5

LUNCH MENU

November 18-November 22

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ENTRÉE OPTIONS

	MON	TUES	WED	THURS	FRI
	Chili Hot Dog	Kickin' Bean & Beef Tortilla Bowl	Fall Holiday Meal Roasted Turkey with gravy Or Vegetarian Niggets	International Food Day: Vegetarian Trinbagonian Corn Soup With dinner roll	Cheese Pizza Pepperoni Pizza
	Chicken Parmesan w/ Spaghetti	Mac & Cheese	With Dinner Roll and Stuffing	Breaded Fish Melt	Teriyaki Beef Fingers and Breadstick
	Turkey & Cheese Wrap	Garden Salad w/ Cheese & Dinner Roll	Asian Chicken Wrap	Ranch Chicken Salad	Pretzel, Vanilla Yogurt & Cheese Pack
	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich
	Baby Carrots Green Peas Fresh Apple Sliced Pears	Edamame Red Bell Pepper Slices Fresh Orange International Food Day: Danish Apple Trifle	Sweet Potatoes Green Peas Fresh Apple Mixed Fruit	Cucumber Slices Black Bean Fresh Pear Mixed Fruit	Baby Carrots Baked Beans Fresh Apple Apricot Halves

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November 2024

K-5 LUNCH MENU

November 25-November 29

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ENTRÉE OPTIONS

	MON	TUES	WED	THURS	FRI
	Beef or Bean & Cheese Nachos	-Breaded Chicken Sandwich			
	Turkey & Cheese Wrap	Three Cheese Wrap			
	Chicken Caesar Salad with Dinner Roll	Garden Salad w/ Cheese w/ Dinner Roll			
	Sunbutter & Jelly Sandwich	Sunbutter & Jelly Sandwich	No School	No School	No School
	Baby Carrots Red Bell Pepper Slices Fresh Apple Sliced Pears	Edamame Celery Sticks Fresh Pear Applesauce			

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