

MONDAY	TUESDAY (PICKUP DAY)	WEDNESDAY	THURSDAY	FRIDAY (PICKUP DAY)
2 <ul style="list-style-type: none"> Tuna Salad Sandwich V Carrot Sticks w/Ranch Diced Peaches 	3 <ul style="list-style-type: none"> Sunbutter & Jelly Sandwich VE Sweet Yellow Corn Fresh Whole Apple 	4 <ul style="list-style-type: none"> Chicken Salad Sandwich 3 Bean Salad Fresh Tangerine 	5 <ul style="list-style-type: none"> Hearty Garden Salad w/Tortilla Chips V Applesauce 	6 <ul style="list-style-type: none"> Jalapeno Lime Chicken Wrap Celery Sticks w/Ranch Pineapple Tidbits
9 <ul style="list-style-type: none"> NO SCHOOL 	10 <ul style="list-style-type: none"> Hearty Garden Salad w/Dinner Roll V Fresh Tangerine 	11 <ul style="list-style-type: none"> Chicken Caesar Wrap Carrot Sticks w/Ranch Mixed Fruit Salad 	12 <ul style="list-style-type: none"> Greek Salad w/Oven Fired Flatbread V Celery Sticks w/Ranch Fresh Whole Pear 	13 <ul style="list-style-type: none"> Tuna Salad Sandwich V Coleslaw Diced Peaches
16 <ul style="list-style-type: none"> Chicken Salad Sandwich Carrots w/ Ranch Red Seedless Grapes 	17 <ul style="list-style-type: none"> Spinach Salad w/Oven Fired Flatbread V Fresh Pear 	18 <ul style="list-style-type: none"> Falafel & Veggie Sub Sandwich V Caesar Side Salad Fresh Whole Apple 	19 <ul style="list-style-type: none"> NO SCHOOL 	20 <ul style="list-style-type: none"> NO SCHOOL
23 <ul style="list-style-type: none"> Hearty Garden Salad w/Tortilla Chips V Diced Pears 	24 <ul style="list-style-type: none"> Egg Salad Sandwich V Romaine Side Salad Diced Peaches 	25 <ul style="list-style-type: none"> Classic Hummus Box with Tortilla Chips, Orange Wedges and Celery Sticks VE 	26 <ul style="list-style-type: none"> Jerk Chicken Wrap Garden Side Salad Fresh Whole Apple 	27 <ul style="list-style-type: none"> Chicken Salad Sandwich Carrot Sticks w/Ranch Applesauce
30 <ul style="list-style-type: none"> Buffalo Chicken Wrap 3 Bean Salad Fresh Tangerine 	31 <ul style="list-style-type: none"> Sunbutter & Jelly Sandwich VE Carrot Sticks w/Ranch Diced Peaches 	NOV 1 <ul style="list-style-type: none"> Classic Hummus Box with Tortilla Chips, Orange Wedges and Celery Sticks VE 	2 <ul style="list-style-type: none"> Hearty Garden Salad w/Tortilla Chips V Fresh Pear 	3 <ul style="list-style-type: none"> Sweet Thai Chili Chicken Wrap Celery Sticks w/Ranch Pineapple Tidbits

Pickup Days & Sites

Days to pick up meals are **Tuesdays (3 meals)** and **Fridays (2 meals)** from 9am-12pm at the following sites:

- Ballou High School
- Columbia Heights Education Campus
- Eastern High School
- Hardy Middle School
- Jackson-Reed High School
- Jefferson Middle School Academy
- Roosevelt High School

Locally Sourced

Vegetarian- V
(includes milk and eggs)

Vegan- VE

Student's choice of skim or 1% milk provided with every meal. All grains are whole grain rich.

This menu is subject to change and based upon product availability.

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