



DISTRICT OF COLUMBIA
PUBLIC SCHOOLS

October 2024

K-12 Breakfast MENU

MON	TUES	WED	THURS	FRI
	1 Turkey Sausage & Cheese Biscuit Veggie Sausage Biscuit Fresh Apple Fresh Pear	2 Cinnamon Bread Twist Golden Grahams Cereal Bar w/ String Cheese Apple Juice Banana	3 Apple Orange Smoothie w/ Graham Cracker Egg & Cheese Bagel Fresh Apple Fresh Orange	4 Apple Overnight Oats w/ String Cheese Mixed Berry Scone Orange Juice Pineapple
7 Country Ham & Cheese Maple Breakfast Flatbread w/ Graham Cracker Cinnamon Muffin Round w/ String Cheese Orange Juice Mixed Fruit	8 Peach Parfait w/ String Cheese Eggoji Waffles Fresh Apple Fresh Pear	9 Egg & Cheese Tacos Apple Frudel Apple Juice Banana	10 Apple Cinnamon Muffin Square w/ String Cheese Turkey Pancake Wrap Fresh Apple Fresh Orange	11 Pancake Bites w/ String Cheese Peach Overnight Oats w/ String Cheese Orange Juice Pineapple
14 Cheese Frittata Pumpkin Breakfast Bread Orange Juice Mixed Fruit	15 French Toast Sticks Egg & Cheese Bagel Fresh Apple Fresh Pear	16 Apple Frudel Breakfast Burrito w/ String Cheese Apple Juice Banana	17 Apple Cinnamon Smoothie w/ Graham Cracker Turkey Sausage or Veggie Sausage w/ Egg on Biscuit Fresh Apple Fresh Orange	18 Mini Chicken Sausage Pancake Bites w/ String Cheese Cinnamon Raisin Bagel w/ Cream Cheese Orange Juice Pineapple
21 Blueberry Muffin Top w/ String Cheese Cheese Grits & Scrambled Eggs Orange Juice Mixed Fruit	22 Pineapple Parfait w/ Graham Crackers Egg & Cheese English Muffin Fresh Apple Fresh Pear	23 Chicken Sausage Breakfast Tacos Mini Cinnamon Waffles Apple Juice Banana	24 Banana Muffin Square Bagel w/ Cream Cheese Fresh Apple Fresh Orange	25 Pumpkin Overnight Oats w/ String Cheese Scrambled Eggs & Cheese w/ Toast Orange Juice Pineapple
28 Chicken Sausage Frittata Banana Breakfast Bread Orange Juice Mixed Fruit	29 Country Chicken Biscuit Mini Blueberry Waffles Fresh Apple Fresh Pear	30 Turkey Sausage, Egg & Cheese Breakfast Tacos Cherry Frudel Apple Juice Banana	31 Homemade Pumpkin Muffin Square Scrambled Eggs w/ Cheese & English Muffin Fresh Apple Fresh Orange	

BREAKFAST
IS THE MOST IMPORTANT
MEAL OF THE DAY!

By eating breakfast at school every day, your child can have higher energy, improved concentration and better test scores. **And it tastes great!** Enjoy a variety of breakfast items every morning.

All Breakfast **Must** Include
Choice of:
Fruits
And May Include:
1% Low-Fat
Milk

Powering
potential.™



Served Daily:

- Honey Cheerio Cereal
- Cinnamon Toast Cereal
- Blueberry Chex Cereal



Menus are subject to change.
This institution is an equal opportunity provider.