

September

Breakfast Menu Grades K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 • Plain Bagel w ith Cream Cheese V • Fresh Banana • Mixed Fruit Salad	30 • Straw berry Banana Bash Yogurt V • Fresh Apple • Fresh Tangerine	31 • Maple Mini Waffles V • Orange Smiles • Diced Pears	1 • Blueberry Patch Parfait V • Fresh Nectarine • 100% Orange Juice	2 • Ultra Banana Bread V • Kiw i Fruit • Applesauce
5 NO SCHOOL	6 • Tropical Mango Breakfast Round V • Mixed Fruit Salad • Baked Cinnamon Apples	7 • Purple Daze Smoothie w ith Graham Cracker V • Orange Smiles • 100% Apple Juice	8 • Maple Madness Mini Waffles V • Fresh Bananas • Fresh Pears	9 • Apple Cinnamon Muffin w ith String Cheese V • Fresh Straw berries • Fresh Apple
12 • Ultra Berry Bread V • Diced Peaches • Fresh Apple	13 • Protein Pow er Up Bento V • Orange Smiles • 100% Orange Juice	14 • Apple Cinnamon Muffin w ith String Cheese V • Fresh Banana • Fresh Blueberries	15 • Whole Grain Bagel w ith Cream Cheese V • Kiw i Fruit • Mandarin Oranges	16 • Straw berry Banana Bash Yogurt w ith Graham Crackers V • Fresh Tangerines • Diced Pears
19 • Guava Breakfast Flip V • Fresh Banana • Orange Smiles	20 • Blueberry Muffin w ith String Cheese V • Fresh Pears • Mandarin Oranges	21 • Maple Madness Mini Waffles V • Fresh Apple • Fresh Straw berries	22 • Orange Cranberry Breakfast Round V • Kiw i Fruit • Diced Pears	23 • Blueberry Patch Parfait V • Diced Peaches • 100% Grape Juice
26 • Cinnamon Mini Bagels V • Fresh Apple • Diced Pears	27 • Banana Muffin w ith String Cheese V • Mixed Fruit Salad • Straw berries	28 • Mini Blueberry Whole Grain Waffles V • Diced Peaches • Orange Smiles	29 • Just Peachy Parfait V • Fresh Nectarines • Baked Cinnamon Apples	30 • Ultra Berry Bread V • Fresh Banana • 100% Grape Juice



Vegetarian V

(includes milk and eggs)

Vegan VE

Locally Sourced

Student's choice of skim or 1% hormone-free milk provided at every meal

All grains are whole gran rich. This menu is subject to change and based upon product availability.

Food Celebrations

Welcome Back! Here are some exciting ways to stay engaged with your food this school year.

Super Bites Blackberries

Assorted cereal (**V**) with graham cracker (**V**) served daily! Cereal options include Cheerios, Rice Chex, Cinnamon Chex, and Raisin Bran.

This Institution is an Equal Opportunity Provider