

# Snack & Supper

## Term 1

For the weeks of:

Aug 30th - Sept 3rd  
Sept 13th - Sept 17th  
Sept 27th - Oct 1st  
Oct 11th - Oct 15th  
Oct 25th - Oct 29th

	MONDAY 8/30/2021	TUESDAY 8/31/2021	WEDNESDAY 9/1/2021	THURSDAY 9/2/2021	FRIDAY 9/3/2021
SNACK					
SNACK	Giant Goldfish Grahams V/Mixed Fruit Cup	Mozzarella String Cheese/Cucumber Coins	Cheerios VE / 1% or Nonfat White Milk	Lowfat Yogurt V/ Pineapple Tidbits	Goldfish Pretzels V/ Hummus Dip VE
SUPPER					
Specialty Entrée	Traditional Cheese Burger w/ Mustard	Chicken Ceasar Wrap	Baked Penne w/ Garlic Knot Bread V	Chicken Salad Sandwich	Tuna Sandwich
Vegetarian Entrée	Garden Burger W/ Mustard VE	Vegan Southwest Pinto Wrap VE	Baked Penne w/ Garlic Knot Bread V	Hearty Garden Salad w/ Tortilla Chips	Sunbutter & Jelly Sandwich
Available Vegetable	Seasoned Potato Wedges w/ Ketchup	Garden Side Salad w/ Dressing	Parmesan Roasted Broccoli	Celery Sticks w/ Dip	Cucumber Coins w/ Dip
Available Fruit	Diced Peaches	Applesauce Cup	Diced Pears	Mixed Fruit Cup	Mandarin Oranges
Milk	Nonfat or 1% White Milk				

V - indicates vegetarian

VE - indicates vegan

Green Color Font - indicates locally sources produce

\*Subject to change based on availability

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# Snack & Supper Term 1

For the weeks of:

Sept 6th - Sept 10th

Sept 20th - Sept 24th

Oct 4th - Oct 8th

Oct 18th - Oct 22nd

Nov 1st - Nov 5th

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SNACK					
SNACK	Bunny Grahams <b>VE</b> / Fresh Apple Slices	Crunchy Granola w/ Lowfat Yogurt <b>V</b>	Cinnamon Chex <b>VE</b> / 1% or Nonfat White Milk	Whole Grain Bagel & Cream Cheese <b>V</b> /Mandarin Oranges	Mozzarella String Cheese /Mixed Fruit Cup
SUPPER					
Speciality Entrée	Chicken Quesadilla	Chicken Salad Sandwich	Honey BBQ Chicken Sandwich	Cheese Pizza <b>V</b>	Whole Grain Cheese Lasagna Rollup w/ Dinner Roll <b>V</b>
Vegetarian Entrée	Cheese Quesadilla <b>V</b>	Sunbutter & Jelly sandwich <b>VE</b>	Grilled Cheese Sandwich <b>V</b>	Cheese Pizza <b>V</b>	Whole Grain Cheese Lasagna Rollup w/ Dinner Roll <b>V</b>
Available Vegetable	Steamed Corn	Cucumber Coins w/ Dip	Seasoned Carrot Coins	Celery Sticks w/ Dip	Orange Broccoli
Available Fruit	Diced Peaches	Fresh Apple Slices	Diced Pears	Pineapple Tidbits	Mandarin Oranges
Milk	Nonfat or 1% White Milk				

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