

BEFORE SCHOOL, AFTER SCHOOL AND ANYTIME IN BETWEEN
NUTRITIOUS AND INNOVATIVE MENUS
MARCH 2023



SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FEB 27 Cheese Pizza Celery Sticks & Homestyle Ranch Dressing Diced Peaches	28 Southwest Wrap VE Fresh Broccoli Pineapple Tidbits	MAR 1 Glorious Mac & Cheese w/ Garlic Knot Mixed Garden Vegetables Diced Pears	2 Bean & Cheese Nachos Roasted Corn Applesauce	3 Sunbutter & Jelly Sandwich VE Sliced Cucumber Orange Smiles
6 Baked Penne Pasta with Dinner Roll Mixed Garden Veggies Diced Peaches	7 Cheese Pizza Seasoned Carrots Fresh Apple Slices	8 Grilled Cheese Sandwich Seasoned Potato Wedges Applesauce	9 PARENT-TEACHER CONFERENCES NO SCHOOL	10 PROFESSIONAL DEVELOPMENT DAY NO SCHOOL
13 Chicken Salad Sandwich or Sunbutter & Jelly Sandwich VE Sliced Cucumber w/Ranch Dressing Mixed Fruit Cocktail	14 Bean Burrito Roasted Corn Applesauce	15 Hamburger or Veggie Burger V with Toppings Roasted Potatoes Fresh Banana	16 Hearty Garden Salad with Ranch Dressing and Tortilla Chips Fresh Apple Slices	17 Macaroni & Cheese with Wole Grain Breadstick Seasoned Green Beans Diced Peaches
20 Meatball Sub or Veggie Burger V w/Toppings Roasted Potatoes Diced Pears	21 Garden Wrap VE Celery Sticks w/Ranch Dressing Diced Peaches	22 Stuffed Pasta Shells and Marinara Sauce with Whole Grain Breadstick Mixed Garden Veggies Fresh Banana	23 Spinach Salad with Ranch Dressing and Tortilla Chips Applesauce	24 Grilled Cheese Sandwich Coleslaw Orange Wedges
27 Lasagna Roll Up with Dinner Roll Mixed Garden Veggies Diced Peaches	28 Sunbutter & Jelly Sandwich VE Cucumber Slices w/Ranch Dressing Apple Slices	29 Veggie Pizza Baked Sweet Potato Wedges Applesauce	30 Egg Salad Sandwich Garden Side Salad Diced Pears	31 Grilled Chicken Quesadilla or Cheese Quesadilla V Roasted Corn Orange Wedges

Student's choice of **skim** or **1% hormone-free milk** provided at every meal. All grains are whole grain rich. All supper options are vegetarian (including milk & eggs). Vegan supper options have been notated with **VE**. Locally Sourced items noted in **green**. Menu subject to change based on availability.