

March Lunch Elementary School

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|---|
| 27 • Jamaican Jerk Chicken w/ Brown Rice • Seasoned Black Beans • Mexican Roasted Sweet Potatoes • Orange Wedges • Applesauce | 28 • Grecian Chicken & Citrus Brown Rice Bowl w/ Roasted Chickpeas • Citrus Glazed Carrots • Fiesta Vegetables • Fresh Whole Apple • Red Seedless Grapes | 1 • Bean & Cheese Nachos V • Roasted Mexican Corn • Parmesan Green Beans • Fresh Banana • Fresh Tangerine | 2 • Chicken & Waffles w/ Syrup • Seasoned Collard Greens • Roasted Cauliflower • Fresh Pear • Baked Cinnamon Apples | 3 • Baja Fish Tacos • Sautéed Spinach • Mexican Black Beans • Fresh Banana • Fresh Tangerine |
| 6 • French Toast Sticks VE & Turkey Sausage w/ Syrup • Seasoned Potato Wedges • Oven Sautéed Spinach • Fresh Whole Apple • Red Seedless Grapes | 7 • Egg, Cheese + Potato Breakfast Bowl w/ Salsa V • Parmesan Green Beans • Roasted Tuscan Vegetables • Fresh Pear • Fresh Blueberries | 8 • Cheeseburger • Roasted Broccoli & Carrots • Sweet Plantains • Fresh Whole Apple • Orange Wedges | 9 NO SCHOOL | 10 NO SCHOOL |
| 13 • Jerk Chicken w/ Brown Rice • Seasoned Black Beans • Sweet Plantains • Orange Wedges • Diced Pears | 14 • Chicken Pot Pie w/ Whole Grain Biscuit • Citrus Glazed Carrots • Garden Side Salad • Baked Cinnamon Apples • Fresh Tangerine | 15 • Buffalo Chicken Pizza • Parmesan Green Beans • Tomato Cucumber Salad • Green Seedless Grapes • Mixed Fruit Salad | 16 • French Toast Sticks VE w/ Turkey Sausage Patty and Syrup • Seasoned Potato Wedges • Caesar Side Salad • Orange Wedges • Fresh Whole Apple | 17 • Beef Shepherd's Pie w/ Dinner Roll • Sweet Peas • Glazed Carrots • Fresh Banana • Fresh Tangerine |
| 20 • Lasagna Roll Up w/ Twisted Breadstick V • Stewed Chickpeas & Zucchini • Mixed Garden Vegetables • Red Seedless Grapes • Orange Wedges | 21 • Chicken Tinga Tacos • Sweet Plantains • Three Bean Salad • Fresh Banana • Fresh Pear | 22 • Chicken Tikka Masala w/ Brown Rice • Roasted Broccoli & Carrots • Caesar Side Salad • Orange Wedges • Red Seedless Grapes | 23 • Turkey Hot Dog • Teriyaki Vegetables • Sweet Yellow Corn • Fresh Blueberries • Diced Peaches | 24 • Fajita Vegetable Quesadilla V • Mexican Roasted Sweet Potatoes • Tomato Cucumber Salad • Fresh Whole Apple • Mixed Fruit Salad |
| 27 • Glorious Mac & Cheese w/ Garlic Knot V • Roasted Tuscan Vegetables • Caesar Side Salad • Fresh Tangerine • Diced Pears | 28 • Grecian Chicken & Citrus Rice Bowl • Garlic Mashed Potatoes • Green Peas • Fresh Blueberries • Diced Peaches | 29 • Chicken Cordon Blue Burger • Basil Corn Salad • Sweet Plantains • Mixed Fruit Salad • Fresh Nectarine | 30 • Butter Chicken w/ Brown Rice • Roasted Broccoli & Carrots • Garden Side Salad • Fresh Whole Apple • Green Seedless Grapes | 31 • Buffalo Chicken Pizza • Seasoned Black Beans • Collard Greens • Fresh Pear • Applesauce |



Vegetarian V



Vegan VE



Locally Sourced

Student's choice of skim or 1% hormone-free milk provided at every meal
This menu is subject to change based upon availability

Food Celebrations

National School Breakfast Week
3/6-3/10
Super Bite- Pears
Hear the Crunch Hunger Awareness 3/8- Apples
Pi Day 3/14- Chicken Pot Pie w/ Whole Grain Biscuit
St. Patrick's Day 3/17- Shepherd's Pie w/ Dinner Roll Glazed Carrots & Sweet Peas
World of Flavors, India 3/22- Chicken Tikka Masala + Brown Rice

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March

Lunch Vegetarian and Grab & Go Elementary School

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|---|
| 27 • Vegan BBQ Sloppy Joe VE • Classic Humus Box VE • Seasoned Black Beans • Mexican Roasted Sweet Potatoes • Orange Wedges • Applesauce | 28 • Mediterranean Flatbread V • Hearty Garden Salad w/Dinner Roll V • Citrus Glazed Carrots • Fiesta Vegetables • Fresh Whole Apple • Red Seedless Grapes | 1 • Sunbutter & Jelly Sandwich VE • Chicken Caesar Wrap • Roasted Mexican Corn • Parmesan Green Beans • Fresh Banana • Fresh Tangerine | 2 • Vegan Rainbow Chili w/Tortilla Chips VE • Greek Salad w/Dinner Roll V • Seasoned Collard Greens • Roasted Cauliflower • Fresh Pear • Baked Cinnamon Apples | 3 • Chana Masala VE w/Oven Fired Flatbread V • Tuna Salad Sandwich • Sauteed Spinach • Mexican Black Beans • Fresh Banana • Fresh Tangerine |
| 6 • Veggie Burger V • Tuna Salad Sandwich • Seasoned Potato Wedges • Oven Sauteed Spinach • Fresh Whole Apple • Red Seedless Grapes | 7 • Grilled Cheese Sandwich V • Sunbutter & Jelly Sandwich VE • Parmesan Green Beans • Roasted Tuscan Vegetables • Fresh Pear • Fresh Blueberries | 8 • Asian Noodle Bowl w/Broccoli V • Chicken Salad Sandwich • Sauteed Kale with Ginger • Roasted Broccoli & Carrots • Sweet Plantains • Fresh Whole Apple • Orange Wedges | NO SCHOOL | |
| 13 • Black Bean & Sweet Potato Quesadilla w/Salsa V • Classic Hummus Box VE • Seasoned Black Beans • Sweet Plantains • Orange Wedges • Diced Pears | 14 • Veggie Lo Mein V • Hearty Garden Salad w/Dinner Roll • Citrus Glazed Carrots • Garden Side Salad • Baked Cinnamon Apples • Fresh Tangerine | 15 • Veggie Burger V • Chicken Caesar Wrap • Parmesan Green Beans • Tomato Cucumber Salad • Green Seedless Grapes • Mixed Fruit Salad | 16 • Veggie Tortellini w/Cheesy Breadstick V • Greek Salad w/Oven Fired Flatbread V • Seasoned Potato Wedges • Caesar Side Salad • Orange Wedges • Fresh Whole Apple | 17 • Mediterranean Flatbread V • Tuna Salad Sandwich • Sweet Peas • Glazed Carrots • Fresh Banana • Fresh Tangerine |
| 20 • Lentil Dal w/Oven Fired Flatbread V • Chicken Salad Sandwich • Stewed Chickpeas & Zucchini • Mixed Garden Vegetables • Red Seedless Grapes • Orange Wedges | 21 • Veggie Burger V • Spinach Salad w/Oven Fired Flatbread V • Sweet Plantains • Three Bean Salad • Fresh Banana • Fresh Pear | 22 • Cauliflower, Chickpea & Potato Curry w/Brown Rice V • Falafel & Vegetable Sub V • Roasted Broccoli & Carrots • Caesar Side Salad • Orange Wedges • Red Seedless Grapes | 23 • Veggie Pizza V • Buffalo Chicken Wrap • Teriyaki Vegetables • Sweet Yellow Corn • Fresh Blueberries • Diced Peaches | 24 • Bean & Cheese Nachos V • Sunbutter & Jelly Sandwich VE • Mexican Roasted Sweet Potatoes • Tomato Cucumber Salad • Fresh Whole Apple • Mixed Fruit Salad |
| 27 • Veggie Pizza V • Hearty Garden Salad w/Tortilla Chips V • Roasted Tuscan Vegetables • Caesar Side Salad • Fresh Tangerine • Diced Pears | 28 • Rainbow Chili VE w/Dinner Roll V • Egg Salad Sandwich • Garlic Mashed Potatoes • Sweet Peas • Fresh Blueberries • Diced Peaches | 29 • Veggie Tortellini w/Cheesy Breadstick V • Classic Hummus Box VE • Basil Corn Salad • Sweet Plantains • Mixed Fruit Salad • Fresh Nectarine | 30 • Asian Noodle Bowl w/Broccoli • Jerk Chicken Wrap • Roasted Broccoli & Carrots • Garden Side Salad • Fresh Whole Apple • Green Seedless Grapes | 31 • Garden Veggie Wrap VE • Chicken Salad Sandwich • Seasoned Black Beans • Collard Greens • Fresh Pear • Applesauce |



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Hear the Crunch Hunger

Awareness 3/8- Apples

Pi Day 3/14- Chicken Pot Pie w/Whole Grain Biscuit

St. Patrick's Day 3/17-

Shepherd's Pie w/Dinner Roll
 Glazed Carrots & Sweet Peas

World of Flavors, India 3/22-

Chicken Tikka Masala + Brown Rice