

	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Breakfast	Banana Muffin	Maple Snack'n Waffle	Tropical Mango Round	Whole Grain Bagel w/ Cream Cheese	Vanilla Yogurt Cup
	Apple Slices	Orange Wedges	Pineapple Tidbits	Baked Cinnamon Apples	Mandarin Oranges

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.



**Lunch
Comfort
Kitchen**

Grilled Cheese Sandwich (v)	Tuna Salad Sandwich	Grilled Chicken Sandwich	Rainbow Chili w/ Tortilla Chips (v)	Turkey Crunchy Tacos w/ Salsa
Sweet Plantains Applesauce	Baked Marinara & Alfredo Penne (v)	Plant-Based Chik'n Teriyaki w/ Fried Rice (v)	Sunbutter & Jelly Sandwich (ve)	Cheese Pizza (v)
	Parmesan Green Beans Fresh Apple Slices	Green Peas Orange Slices	Berries & Greens Salad Banana	Mexican Black Beans Orange Slices
			 Berries & Greens Day	

**OFFERED
DAILY**

Non fat white milk
Low-fat 1% white milk

All grain products are whole grain rich. (v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes vegan choices. Locally Sourced items offered daily. This menu is subject to change and based upon product availability.

	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
Breakfast	Strawberry Yogurt	Apple Cinnamon Muffin	Oatmeal Raisin Round	Whole Grain Bagel w/ Cream Cheese	Blueberry Muffin
	Orange Wedges	Diced Peaches	Pineapple Tidbits	Fresh Banana	Strawberries

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**Lunch
Comfort
Kitchen**

Turkey & Cheese Nachos	Chicken Nuggets	Turkey & Cheese Sandwich	Turkey Chili w/ Tortilla Chips	Chicken Alfredo w/ Garlic Knot
Sunbutter & Jelly Sandwich (ve)	Veggie Burger (v)	Cheese Pizza (v)	Caprese Grilled Cheese Sandwich (v)	Pasta w/ Colorful Marinara (ve)
Mexican Black Beans Apple Slices	Tater Tots Strawberries Ketchup, Mustard, BBQ sauce available	Green Peas Orange Slices	Roasted Broccoli Mandarin Oranges	Cauliflower Applesauce

**OFFERED
DAILY**

Non fat white milk
Low-fat 1% white
milk


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vegan choices. Locally Sourced items offered daily. This menu is subject to
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	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
Breakfast	Banana Muffin Diced Pears	No School	Whole Grain Bagel w/ Cream Cheese Orange Wedges	Apple Cinnamon Muffin Fresh Banana	Juneteenth

Daily offerings include frosted mini wheats, cinnamon chex and cheerios cereal bowls. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. All ECE breakfast options are vegetarian (including milk and eggs) and (ve) denotes vegan choices.



**Lunch
Comfort
Kitchen**

Cheese Pizza (v) Roasted Cauliflower Orange Slices		Turkey Tot-chos w/ Breadstick Plant-Based Tot-chos w/ Breadstick (v) Applesauce	Breakfast Potato Bowl w/ Biscuit (v) Roasted Carrots Fresh Apple Slices	
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**OFFERED
DAILY**

Non fat white milk
Low-fat 1% white
milk

All grain products are whole grain rich. (v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes vegan choices. Locally Sourced items offered daily. This menu is subject to change and based upon product availability.