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BEFORE SCHOOL, AFTER SCHOOL AND ANYTIME IN BETWEEN
NUTRITIOUS AND INNOVATIVE MENUS
 BREAKFAST IN THE CLASSROOM AND GRAB & GO



MONDAY 28	TUESDAY 29	WEDNESDAY 30	THURSDAY 31	FRIDAY Sept 1
Whole Grain Bagel w/ Cream Cheese	Apple Frudel	Cinnamon French Toast Bites	Blueberry Patch Parfait w/ Graham Crackers	Strawberry Guava Danish
Orange Wedges Mixed Fruit Salad	Apple Slices Fresh Tangerine	Orange Wedges Diced Pears	Frozen Blueberries Pineapple Tidbits	Fresh Banana Applesauce
Assorted Cereals Assorted Muffin	Assorted Cereals Assorted Muffins	Assorted Cereals Assorted Muffins	Assorted Cereals Assorted Muffins	Assorted Cereals Assorted Muffins

MONDAY 4	TUESDAY 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8
Cinnamon French Toast Bites	Tropical Mango Breakfast Round	Purple Daze Smoothie & Graham Crackers	Maple Madness Mini Waffles	Double Berry Parfait w/ Graham Crackers
Fresh Blueberries Tangerine	Mixed Fruit Salad Baked Cinnamon Apples	Orange Wedges Diced Peaches	Fresh Banana Diced Pears	Apple Slices Fresh Strawberries
Assorted Cereals Assorted Muffins	Assorted Cereals Assorted Muffins	Assorted Cereals Assorted Muffins	Assorted Cereals Assorted Muffins	Assorted Cereals Assorted Muffins

Daily offerings include assorted cereal bowls with graham crackers or assorted muffins with cheese stick.
 All breakfast entrées are vegetarian (including milk & eggs) and include choice of skim or low-fat unflavored milk. All grain products are whole grain rich.
 Locally Sourced items noted in green. This menu is subject to change and based upon product availability.

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MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15
Cherry Frudel	Strawberry Guava Danish	Oatmeal Raisin Round	Whole Wheat Bagel w/ Cream Cheese	Strawberry Banana Bash Yogurt w/ Graham Crackers
Apple Slices Diced Peaches	Orange Wedges Diced Pears	Fresh Banana Fresh Blueberries	Pineapple Tidbits Fresh Banana	Fresh Tangerine Diced Pears
Assorted Cereals Assorted Muffins	Assorted Cereals Assorted Muffins	Assorted Cereals Assorted Muffins	Assorted Cereals Assorted Muffins	Assorted Cereals Assorted Muffins

MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22
Apple Frudel	Cinnamon French Toast Bites	Maple Madness Mini Waffles	Cinnamon Mini Bagels	Blueberry Patch Parfait w/ Graham Crackers
Fresh Banana Orange Wedges	Diced Pears Fresh Tangerine	Apple Slices Fresh Strawberries	Pineapple Tidbits Diced Peaches	Fresh Blueberries Diced Pears
Assorted Cereals Assorted Muffins	Assorted Cereals Assorted Muffins	Assorted Cereals Assorted Muffins	Assorted Cereals Assorted Muffins	Assorted Cereals Assorted Muffins

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MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29
Cinnamon Mini Bagels	Berry Banana Smoothie w/ <i>Graham Crackers</i>	Mini Blueberry Waffles	Just Peachy Parfait w/ <i>Graham Crackers</i>	Ultra Berry Bread
Apple Slices Diced Pears	Fresh Strawberries Mixed Fruit Salad	Pineapple Tidbits Orange Wedges	Diced Peaches Baked Cinnamon Apples	Fresh Banana Frozen Blueberries
Assorted Cereals Assorted Muffins	Assorted Cereals Assorted Muffins	Assorted Cereals Assorted Muffins	Assorted Cereals Assorted Muffins	Assorted Cereals Assorted Muffins

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