SERVING AWARD-WINNING FOOD THAT KIDS LOVE. WWW.DCCENTRALKITCHEN.ORG FOLLOW US ON SOCIAL MEDIA!

December Lunch Menu

LUNCH K-8

What do the colors on the menu mean?
GREEN = locally-sourced
* = vegetarian entree

All grains served are whole grain rich
Student's choice of skim or 1% milk provided at every meal.

Assorted sandwiches served daily

Menu subject to change based on availability

USDA is an equal opportunity provider, employer, and lender.

SHARE YOUR THOUGHTS!

Calling all parents & guardians! We want your feedback on school meals. Scan the QR code to take our survey!



Monday	Tuesday	Wednesday	Thursday	Friday
30 beef hot dog on a bun veggie burger on a bun* steamed green beans roasted red potatoes ketchup mustard fresh grapes fresh apple	1 turkey & bean chili veg out chili* cornbread muffin steamed corn roasted broccoli fresh apple slices	2 jamaican jerk chicken drum black eyed peas* yellow rice sauteed cabbage oven fried plantains orange wedges fresh apple	3 crispy catfish veggie chik'n nuggets* whole wheat bun steamed green peas and corn honey cinnamon sweet potatoes fresh pineapple fresh apple	4 herb roasted chicken veggie chik'n nuggets* penne pasta with alfredo sauce herb roasted butternut squash mixed greens salad italian dressing fresh pear fresh apple
7 beef shepherd's pie lentil shepherd's pie* biscuit steamed green peas mashed potatoes fresh grapes fresh apple	8 cheese pizza* shredded carrots mixed greens salad balsamic dressing fresh apple slices	9 pulled bbq chicken sandwich veggie burger on a bun* steamed corn coleslaw orange wedges fresh apple	10 beef burger on a bun veggie burger on a bun* ketchup mustard steamed green beans honey cinnamon sweet potatoes fresh pineapple fresh apple	11 orange glazed chicken orange glazed tofu* brown rice steamed broccoli steamed carrots fresh pear fresh apple
14 turkey sloppy joe on a bun lentil sloppy joe on a bun* steamed corn roasted broccoli fresh grapes fresh apple	15 roasted turkey brown gravy veggie chik'n nuggets* vegetarian brown gravy cornbread muffin steamed green beans mashed potatoes fresh pineapple	16 hot honey chicken drum veggie chik'n nuggets* cornbread muffin roasted cauliflower honey cinnamon sweet potatoes ketchup orange wedges fresh apple	17 crispy catfish black eyed peas* brown rice sauteed cabbage roasted carrots fresh pineapple fresh apple	18 crispy chicken tender bbq baked beans* mac & cheese cinnamon roasted butternut squash braised collard greens fresh pear fresh apple
21 no school	22 no school	23 no school	24 no school	25 no school
28 no school	29 no school	30 no school	31 no school	1 no school

Base Menu Spreadsheet

DC Central Kitchen

Portion Values

Nov 30, 2026 thru Jan 1, 2027

Menu Name: DCPS Lunch K-8

Include Cost: No

Site:

Use Alternate Menu Name: No

Monday - 11/30/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000240 All Beef Hot Dog on a WW Bun	1 ea	91	300	7.00	860	2.00	2.00	17.00	0.00	35	28.00	4.00	12.00	*N/A*	40.0	0.00	1.80
000409 Veggie Burger on WW Bun	1 ea	5	360	1.50	680	3.00	2.00	14.00	0.00	0	36.00	6.00	26.00	*N/A*	90.0	0.00	7.24
000047 Steamed Green Beans	4 oz	75	52	0.36	96	*0.01	*0.00	2.41	0.00	0	6.19	2.06	1.46	*0	*33.9	*10.12	*0.69
000386 Roasted Red Potatoes	4 oz	75	86	0.35	110	*0.01	*0.00	2.37	0.00	0	14.90	1.62	1.79	*0	*10.2	*7.93	*0.69
000556 Ketchup	1 ea	96	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000557 Mustard	1 ea	96	0	0.00	84	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
999050 Fresh Grapes	4 oz	99	61	0.10	2	14.74	0.00	0.32	0.00	0	15.56	0.82	0.57	*N/A*	12.7	3.63	0.26
000673 Fresh Whole Apple	1 ea	1	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999123 ALTERNATE Sunbutter & Jelly Sandwich 1 M/MA	1 ea	2	440	2.00	410	30.00	21.00	18.00	0.00	0	61.00	7.00	23.28	*N/A*	146.0	0.00	2.88
999121 ALTERNATE Turkey Ham & Cheese on WW Bread	1 ea	2	301	5.31	712	6.00	0.00	11.59	0.00	50	32.50	4.00	20.09	*N/A*	326.5	*0.00	1.79

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999120 ALTERNATE Light Mayonnaise	1 ea	2	30	1.50	110	0.00	0.00	3.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	0.00	0.00
999122 ALTERNATE Mustard	1 ea	2	0	0.00	84	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			580	7.26	1281	*31.89	*4.26	22.38	0.00	43	74.97	7.77	24.25	*45	*399.6	*17.52	*3.44
% of Calories				11.27 %		*21.99 %	*2.94%	34.7%	0.0%		51.7%		16.7%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Tuesday - 12/01/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990402 Turkey & Bean Chili	6 oz	91	157	1.52	234	3.19	*0.00	6.10	0.00	54	14.68	4.57	12.58	*0	*71.9	*8.32	*3.08
000725 Veg Out Chili	6 oz	5	192	0.31	587	4.81	*0.00	1.82	0.00	0	34.98	11.45	11.04	*0	*82.7	*14.36	*4.06
000851 WG Cornbread Muffin - Large	1 ea	96	220	1.00	115	18.00	18.00	8.00	0.00	20	36.00	1.00	3.00	*N/A*	27.0	0.00	1.00
000469 Steamed Corn	4 oz	75	88	0.34	96	2.06	*0.00	2.32	0.00	0	17.08	1.73	2.49	*0	*3.3	*5.28	*0.35
000647 Roasted Broccoli	4 oz	75	55	0.43	126	1.65	*0.00	2.60	0.00	0	6.66	2.55	2.78	*0	*45.9	*86.10	*0.73
001201 Fresh Apple Slices	3 ea	100	47	0.03	1	9.46	0.00	0.16	0.00	0	12.57	2.18	0.24	0	5.5	4.19	0.11
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999123 ALTERNATE Sunbutter & Jelly Sandwich 1 M/MA	1 ea	2	440	2.00	410	30.00	21.00	18.00	0.00	0	61.00	7.00	23.28	*N/A*	146.0	0.00	2.88
999121 ALTERNATE Turkey Ham & Cheese on WW Bread	1 ea	2	301	5.31	712	6.00	0.00	11.59	0.00	50	32.50	4.00	20.09	*N/A*	326.5	*0.00	1.79
999120 ALTERNATE Light Mayonnaise	1 ea	2	30	1.50	110	0.00	0.00	3.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	0.00	0.00
999122 ALTERNATE Mustard	1 ea	2	0	0.00	84	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			632	3.14	660	45.85	*17.70	19.48	0.00	80	94.34	11.31	28.09	*45	*450.7	*81.31	*5.02
% of Calories				4.47%		29.02%	*11.20 %	27.7%	0.0%		59.7%		17.8%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Wednesday - 12/02/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990634 Jamaican Jerk Chicken Drum	1 ea	91	263	3.88	267	1.39	*1.35	15.77	*0.07	129	2.71	0.36	25.64	*0	*21.9	*0.52	*1.37
000029 Black Eyed Peas	4 oz	5	174	0.62	70	*0.40	*0.00	3.84	0.00	0	25.90	4.73	9.89	*0	*51.5	*5.18	*3.54
000630 Yellow Rice	4 oz	96	151	0.26	151	0.47	*0.00	2.94	0.00	0	27.10	2.08	3.76	*0	*6.7	*0.12	*1.11
000639 Sauteed Cabbage	4 oz	75	38	0.27	117	2.58	*0.00	1.84	0.00	0	5.14	1.85	1.01	*0	*29.6	*24.75	*0.36
991004 Oven Fried Plantains	4 oz	75	189	0.53	73	25.26	*0.00	3.68	0.00	0	35.78	2.10	2.10	*0	0.0	*0.00	1.14
000135 Orange Wedges	3 ea	98	43	0.01	0	8.60	0.00	0.11	0.00	0	10.81	2.21	0.86	0	36.8	48.94	0.09
000673 Fresh Whole Apple	1 ea	1	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
001063 Mandarin Oranges**	4 oz	1	43	0.00	5	9.29	0.00	0.05	0.00	0	10.60	1.37	0.85	*N/A*	13.7	38.21	0.30

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999123 ALTERNATE Sunbutter & Jelly Sandwich 1 M/MA	1 ea	2	440	2.00	410	30.00	21.00	18.00	0.00	0	61.00	7.00	23.28	*N/A*	146.0	0.00	2.88
999121 ALTERNATE Turkey Ham & Cheese on WW Bread	1 ea	2	301	5.31	712	6.00	0.00	11.59	0.00	50	32.50	4.00	20.09	*N/A*	326.5	*0.00	1.79
999120 ALTERNATE Light Mayonnaise	1 ea	2	30	1.50	110	0.00	0.00	3.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	0.00	0.00
999122 ALTERNATE Mustard	1 ea	2	0	0.00	84	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			722	4.60	675	*44.52	*1.65	23.92	*0.06	128	85.72	7.97	39.65	*45	*400.3	*68.14	*3.85
% of Calories				5.73%		*24.66 %	*0.91%	29.8%	*0.1%		47.5%		22.0%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Thursday - 12/03/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990957 Crispy Catfish	1 ea	91	187	1.34	290	0.06	*0.00	6.03	*0.00	64	10.53	0.82	20.78	*30	*47.4	*1.31	*1.10
990376 Veggie Chik'n Nuggets	5 ea	5	239	0.60	430	1.19	0.00	9.56	0.00	0	21.50	4.78	17.92	*N/A*	83.6	0.00	3.46
999231 Whole Wheat Bun	1 ea	96	139	0.50	269	1.99	1.99	1.99	0.00	0	26.86	2.98	5.97	*N/A*	19.9	0.00	1.43
990761 Steamed Green Peas and Corn	4 oz	75	99	0.41	146	3.57	*0.00	2.80	0.00	0	16.35	3.14	3.92	*0	*12.4	*11.62	*0.93

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000688 Honey Cinnamon Sweet Potatoes	4 oz	75	110	0.26	149	6.28	*2.09	1.74	*0.00	0	22.30	3.08	1.58	*0	*31.7	*2.41	*0.63
000192 Fresh Pineapple	4 oz	99	71	0.01	1	13.96	*N/A*	0.17	0.00	0	18.60	1.98	0.76	*N/A*	18.4	67.76	0.41
000673 Fresh Whole Apple	1 ea	1	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999123 ALTERNATE Sunbutter & Jelly Sandwich 1 M/MA	1 ea	2	440	2.00	410	30.00	21.00	18.00	0.00	0	61.00	7.00	23.28	*N/A*	146.0	0.00	2.88
999121 ALTERNATE Turkey Ham & Cheese on WW Bread	1 ea	2	301	5.31	712	6.00	0.00	11.59	0.00	50	32.50	4.00	20.09	*N/A*	326.5	*0.00	1.79
999120 ALTERNATE Light Mayonnaise	1 ea	2	30	1.50	110	0.00	0.00	3.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	0.00	0.00
999122 ALTERNATE Mustard	1 ea	2	0	0.00	84	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			658	2.41	907	36.62	*3.90	13.76	*0.00	70	98.40	10.75	39.44	*72	*430.7	*79.18	*4.27
% of Calories				3.30%		22.26%	*2.37%	18.8%	*0.0%		59.8%		24.0%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Friday - 12/04/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990218 Herb Roasted Chicken Diced	3 oz	91	105	0.61	146	0.02	*0.00	3.79	*0.00	57	0.36	0.19	17.71	*0	*11.0	*0.41	*0.57

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990376 Veggie Chik'n Nuggets	5 ea	5	239	0.60	430	1.19	0.00	9.56	0.00	0	21.50	4.78	17.92	*N/A*	83.6	0.00	3.46
990300 Penne Pasta with Alfredo Sauce	4 oz	96	160	2.60	241	1.23	*0.00	6.48	0.00	10	20.12	3.32	7.19	*0	*118.8	*0.00	*0.89
000643 Herb Roasted Butternut Squash	4 oz	75	108	0.86	182	*0.04	*0.00	5.86	*0.00	0	13.92	2.56	1.60	*0	*52.7	*19.16	*1.32
001148 Mixed Greens Salad	4 oz	75	5	0.01	8	0.25	*N/A*	0.06	0.00	0	0.86	0.54	0.41	*N/A*	12.9	2.71	0.31
000680 House Italian Dressing	1 oz	75	135	2.00	33	*0.39	*0.39	13.91	*0.00	0	0.93	0.30	0.10	*0	*13.8	*0.36	*0.44
000884 Fresh Pear	1 ea	99	101	0.04	2	17.36	0.00	0.25	0.00	0	27.11	5.52	0.64	*N/A*	16.0	7.65	0.32
000673 Fresh Whole Apple	1 ea	1	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999123 ALTERNATE Sunbutter & Jelly Sandwich 1 M/MA	1 ea	2	440	2.00	410	30.00	21.00	18.00	0.00	0	61.00	7.00	23.28	*N/A*	146.0	0.00	2.88
999121 ALTERNATE Turkey Ham & Cheese on WW Bread	1 ea	2	301	5.31	712	6.00	0.00	11.59	0.00	50	32.50	4.00	20.09	*N/A*	326.5	*0.00	1.79
999120 ALTERNATE Light Mayonnaise	1 ea	2	30	1.50	110	0.00	0.00	3.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	0.00	0.00
999122 ALTERNATE Mustard	1 ea	2	0	0.00	84	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
000688 Honey Cinnamon Sweet Potatoes	4 oz	0	110	0.26	149	6.28	*2.09	1.74	*0.00	0	22.30	3.08	1.58	*0	*31.7	*2.41	*0.63

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990693 Sweet Potato Hash	4 oz	0	178	0.70	360	7.26	*0.00	4.66	0.00	0	31.72	5.06	2.79	*0	*50.4	*16.56	*1.12
Weighted Daily Average			663	5.44	696	*32.33	*0.71	27.59	*0.00	73	73.90	11.87	35.15	*45	*516.7	*25.01	*3.56
% of Calories				7.38%		*19.51 %	*0.43%	37.5%	*0.0%		44.6%		21.2%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Monday - 12/07/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000793 Beef Shepherd's Pie	3 oz	91	227	5.45	312	*1.77	*0.00	15.96	0.54	53	6.08	0.94	14.36	*0	*33.8	*3.83	*2.06
000797 Lentil Shepherd's Pie	5 oz	5	187	0.48	461	2.19	*0.00	3.68	0.00	0	29.34	4.78	10.15	*0	*27.6	*4.32	*2.77
000455 Whole Grain Biscuit	1 ea	96	187	5.90	305	1.96	1.96	8.84	0.00	0	23.58	1.96	3.93	*N/A*	157.2	0.00	0.98
000466 Steamed Green Peas	4 oz	75	94	0.38	196	4.73	*0.00	2.62	0.00	0	12.89	4.26	4.94	*0	*20.8	*17.03	*1.45
000682 Mashed Potatoes	4 oz	75	97	1.40	227	*0.62	*0.00	3.39	0.00	5	14.18	2.74	3.23	*0	*49.4	*12.31	*3.52
999050 Fresh Grapes	4 oz	99	61	0.10	2	14.74	0.00	0.32	0.00	0	15.56	0.82	0.57	*N/A*	12.7	3.63	0.26
000673 Fresh Whole Apple	1 ea	1	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999123 ALTERNATE Sunbutter & Jelly Sandwich 1 M/MA	1 ea	2	440	2.00	410	30.00	21.00	18.00	0.00	0	61.00	7.00	23.28	*N/A*	146.0	0.00	2.88
999121 ALTERNATE Turkey Ham & Cheese on WW Bread	1 ea	2	301	5.31	712	6.00	0.00	11.59	0.00	50	32.50	4.00	20.09	*N/A*	326.5	*0.00	1.79
999120 ALTERNATE Light Mayonnaise	1 ea	2	30	1.50	110	0.00	0.00	3.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	0.00	0.00
999122 ALTERNATE Mustard	1 ea	2	0	0.00	84	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			714	12.25	1059	*35.60	*2.31	30.34	0.50	63	79.89	9.30	33.07	*45	*561.3	*29.68	*7.08
% of Calories				15.44 %		*19.94 %	*1.29%	38.2%	0.6%		44.8%		18.5%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Tuesday - 12/08/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990978 Cheese Pizza	1 slice	96	280	5.00	570	3.00	1.00	11.00	0.00	25	31.00	3.00	15.00	*N/A*	310.0	*N/A*	1.60
000548 Shredded Carrots shredded at the KC	2 oz	100	12	0.01	20	1.40	*N/A*	0.07	0.00	0	2.82	0.82	0.27	*N/A*	9.7	1.74	0.09
000468 Mixed Greens Salad	8 oz	100	9	0.02	16	0.49	*N/A*	0.13	0.00	0	1.73	1.07	0.82	*N/A*	25.8	5.42	0.62
000109 Balsamic Dressing	1 oz	100	94	1.28	77	0.18	*0.18	8.96	0.00	0	1.98	0.01	0.07	*0	*0.4	*0.00	*0.01
001201 Fresh Apple Slices	3 ea	100	47	0.03	1	9.46	0.00	0.16	0.00	0	12.57	2.18	0.24	0	5.5	4.19	0.11
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999123 ALTERNATE Sunbutter & Jelly Sandwich 1 M/MA	1 ea	2	440	2.00	410	30.00	21.00	18.00	0.00	0	61.00	7.00	23.28	*N/A*	146.0	0.00	2.88
999121 ALTERNATE Turkey Ham & Cheese on WW Bread	1 ea	2	301	5.31	712	6.00	0.00	11.59	0.00	50	32.50	4.00	20.09	*N/A*	326.5	*0.00	1.79
999120 ALTERNATE Light Mayonnaise	1 ea	2	30	1.50	110	0.00	0.00	3.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	0.00	0.00
999122 ALTERNATE Mustard	1 ea	2	0	0.00	84	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			546	6.31	802	27.60	*1.56	22.19	0.00	35	63.16	7.19	24.82	*45	*651.8	*11.65	*2.51
% of Calories				10.40 %		20.22%	*1.14%	36.6%	0.0%		46.3%		18.2%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Wednesday - 12/09/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000609 Pulled BBQ Chicken on WW Bun	1 ea	91	289	1.10	563	10.25	9.50	5.75	0.00	57	36.79	3.02	23.61	*0	*24.9	*0.00	*1.84
000409 Veggie Burger on WW Bun	1 ea	5	360	1.50	680	3.00	2.00	14.00	0.00	0	36.00	6.00	26.00	*N/A*	90.0	0.00	7.24
000469 Steamed Corn	4 oz	75	88	0.34	96	2.06	*0.00	2.32	0.00	0	17.08	1.73	2.49	*0	*3.3	*5.28	*0.35
000307 Coleslaw	4 oz	75	78	1.17	78	2.98	*0.95	6.40	0.00	4	4.76	1.36	0.69	*0	22.8	13.78	0.24
000135 Orange Wedges	3 ea	98	43	0.01	0	8.60	0.00	0.11	0.00	0	10.81	2.21	0.86	0	36.8	48.94	0.09
001063 Mandarin Oranges**	4 oz	1	43	0.00	5	9.29	0.00	0.05	0.00	0	10.60	1.37	0.85	*N/A*	13.7	38.21	0.30
000673 Fresh Whole Apple	1 ea	1	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999123 ALTERNATE Sunbutter & Jelly Sandwich 1 M/MA	1 ea	2	440	2.00	410	30.00	21.00	18.00	0.00	0	61.00	7.00	23.28	*N/A*	146.0	0.00	2.88
999121 ALTERNATE Turkey Ham & Cheese on WW Bread	1 ea	2	301	5.31	712	6.00	0.00	11.59	0.00	50	32.50	4.00	20.09	*N/A*	326.5	*0.00	1.79
999120 ALTERNATE Light Mayonnaise	1 ea	2	30	1.50	110	0.00	0.00	3.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	0.00	0.00
999122 ALTERNATE Mustard	1 ea	2	0	0.00	84	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			564	2.40	818	35.16	*9.88	14.90	0.00	66	76.92	7.80	35.05	*45	*396.0	*63.03	*2.72
% of Calories				3.83%		24.94%	*7.01%	23.8%	0.0%		54.6%		24.9%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Thursday - 12/10/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000235 Beef Burger on WW Bun	1 ea	91	339	4.70	332	2.04	*2.00	12.69	0.34	80	27.53	3.15	29.79	*0	33.6	0.05	3.97
000409 Veggie Burger on WW Bun	1 ea	5	360	1.50	680	3.00	2.00	14.00	0.00	0	36.00	6.00	26.00	*N/A*	90.0	0.00	7.24
000556 Ketchup	1 ea	96	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000557 Mustard	1 ea	96	0	0.00	84	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000047 Steamed Green Beans	4 oz	75	52	0.36	96	*0.01	*0.00	2.41	0.00	0	6.19	2.06	1.46	*0	*33.9	*10.12	*0.69
000688 Honey Cinnamon Sweet Potatoes	4 oz	75	110	0.26	149	6.28	*2.09	1.74	*0.00	0	22.30	3.08	1.58	*0	*31.7	*2.41	*0.63
000192 Fresh Pineapple	4 oz	99	71	0.01	1	13.96	*N/A*	0.17	0.00	0	18.60	1.98	0.76	*N/A*	18.4	67.76	0.41
000673 Fresh Whole Apple	1 ea	1	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999123 ALTERNATE Sunbutter & Jelly Sandwich 1 M/MA	1 ea	2	440	2.00	410	30.00	21.00	18.00	0.00	0	61.00	7.00	23.28	*N/A*	146.0	0.00	2.88
999121 ALTERNATE Turkey Ham & Cheese on WW Bread	1 ea	2	301	5.31	712	6.00	0.00	11.59	0.00	50	32.50	4.00	20.09	*N/A*	326.5	*0.00	1.79
999120 ALTERNATE Light Mayonnaise	1 ea	2	30	1.50	110	0.00	0.00	3.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	0.00	0.00
999122 ALTERNATE Mustard	1 ea	2	0	0.00	84	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			643	5.01	829	*35.86	*5.83	17.84	*0.31	84	83.11	9.25	40.47	*45	*415.6	*76.91	*5.52
% of Calories				7.01%		*22.31 %	*3.63%	25.0%	*0.4%		51.7%		25.2%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Friday - 12/11/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000467 Orange Glazed Chicken Diced	3 oz	91	203	0.84	321	18.40	*10.27	5.44	0.00	57	20.42	0.21	18.37	*0	*23.1	*24.24	*0.47
990641 Orange Glazed Tofu	4 oz	5	242	0.72	332	18.39	*10.27	10.18	0.00	0	25.06	3.11	12.70	*0	*209.9	*24.21	*2.30
990356 Brown Rice	4 oz	96	136	0.23	137	0.32	*0.00	2.63	0.00	0	24.39	1.90	3.34	*0	*4.4	*0.08	*0.75
999156 Steamed Broccoli from fresh	4 oz	75	33	0.11	32	1.64	*N/A*	0.36	0.00	0	6.41	2.51	2.72	*N/A*	45.4	86.09	0.70
999148 Steamed Carrots from fresh	4 oz	75	46	0.04	77	5.27	*N/A*	0.27	0.00	0	10.65	3.11	1.03	*N/A*	36.7	6.56	0.33
000884 Fresh Pear	1 ea	99	101	0.04	2	17.36	0.00	0.25	0.00	0	27.11	5.52	0.64	*N/A*	16.0	7.65	0.32
000673 Fresh Whole Apple	1 ea	1	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999123 ALTERNATE Sunbutter & Jelly Sandwich 1 M/MA	1 ea	2	440	2.00	410	30.00	21.00	18.00	0.00	0	61.00	7.00	23.28	*N/A*	146.0	0.00	2.88
999121 ALTERNATE Turkey Ham & Cheese on WW Bread	1 ea	2	301	5.31	712	6.00	0.00	11.59	0.00	50	32.50	4.00	20.09	*N/A*	326.5	*0.00	1.79
999120 ALTERNATE Light Mayonnaise	1 ea	2	30	1.50	110	0.00	0.00	3.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	0.00	0.00
999122 ALTERNATE Mustard	1 ea	2	0	0.00	84	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			602	1.35	664	53.72	*10.28	11.01	0.00	63	97.44	12.12	33.04	*45	*426.2	*100.79	*2.50
% of Calories				2.02%		35.69%	*6.83%	16.5%	0.0%		64.7%		22.0%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Monday - 12/14/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000065 Turkey Sloppy Joe on WW Bun	1 ea	91	303	2.75	468	8.26	*6.67	10.53	*0.00	87	35.50	3.86	19.36	*0	*77.1	*3.42	*3.18
990666 Lentil Sloppy Joe on WW Bun	1 ea	5	327	0.91	1105	10.62	*4.16	4.80	0.00	0	59.53	7.76	14.43	*0	*43.6	*9.12	*4.27
000469 Steamed Corn	4 oz	75	88	0.34	96	2.06	*0.00	2.32	0.00	0	17.08	1.73	2.49	*0	*3.3	*5.28	*0.35
000647 Roasted Broccoli	4 oz	75	55	0.43	126	1.65	*0.00	2.60	0.00	0	6.66	2.55	2.78	*0	*45.9	*86.10	*0.73
999050 Fresh Grapes	4 oz	99	61	0.10	2	14.74	0.00	0.32	0.00	0	15.56	0.82	0.57	*N/A*	12.7	3.63	0.26
000673 Fresh Whole Apple	1 ea	1	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999123 ALTERNATE Sunbutter & Jelly Sandwich 1 M/MA	1 ea	2	440	2.00	410	30.00	21.00	18.00	0.00	0	61.00	7.00	23.28	*N/A*	146.0	0.00	2.88
999121 ALTERNATE Turkey Ham & Cheese on WW Bread	1 ea	2	301	5.31	712	6.00	0.00	11.59	0.00	50	32.50	4.00	20.09	*N/A*	326.5	*0.00	1.79
999120 ALTERNATE Light Mayonnaise	1 ea	2	30	1.50	110	0.00	0.00	3.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	0.00	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999122 ALTERNATE Mustard	1 ea	2	0	0.00	84	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			575	3.41	790	38.81	*6.70	16.14	*0.00	91	83.04	8.18	31.88	*45	*434.8	*76.08	*4.32
% of Calories				5.34%		27.00%	*4.66%	25.3%	*0.0%		57.8%		22.2%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Tuesday - 12/15/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000061 Roasted Turkey	2 slice	91	90	0.10	451	1.04	*1.02	1.64	*0.00	41	1.69	0.26	17.53	*0	*10.0	*0.23	*0.91
000705 Brown Gravy	1 oz	91	30	1.42	183	*0.06	*0.00	2.34	*0.00	6	1.88	0.08	0.39	*N/A*	3.2	0.29	0.11
990376 Veggie Chik'n Nuggets	5 ea	5	239	0.60	430	1.19	0.00	9.56	0.00	0	21.50	4.78	17.92	*N/A*	83.6	0.00	3.46
000679 Vegetarian Brown Gravy	1 oz	5	35	1.16	50	*0.88	*0.00	2.14	0.00	5	3.87	0.44	0.44	*N/A*	8.6	1.03	0.26
000851 WG Cornbread Muffin - Large	1 ea	100	220	1.00	115	18.00	18.00	8.00	0.00	20	36.00	1.00	3.00	*N/A*	27.0	0.00	1.00
000047 Steamed Green Beans	4 oz	75	52	0.36	96	*0.01	*0.00	2.41	0.00	0	6.19	2.06	1.46	*0	*33.9	*10.12	*0.69
000682 Mashed Potatoes	4 oz	75	97	1.40	227	*0.62	*0.00	3.39	0.00	5	14.18	2.74	3.23	*0	*49.4	*12.31	*3.52
000192 Fresh Pineapple	4 oz	100	71	0.01	1	13.96	*N/A*	0.17	0.00	0	18.60	1.98	0.76	*N/A*	18.4	67.76	0.41
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999123 ALTERNATE Sunbutter & Jelly Sandwich 1 M/MA	1 ea	2	440	2.00	410	30.00	21.00	18.00	0.00	0	61.00	7.00	23.28	*N/A*	146.0	0.00	2.88
999121 ALTERNATE Turkey Ham & Cheese on WW Bread	1 ea	2	301	5.31	712	6.00	0.00	11.59	0.00	50	32.50	4.00	20.09	*N/A*	326.5	*0.00	1.79
999120 ALTERNATE Light Mayonnaise	1 ea	2	30	1.50	110	0.00	0.00	3.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	0.00	0.00
999122 ALTERNATE Mustard	1 ea	2	0	0.00	84	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			640	3.98	1101	*46.74	*19.35	19.03	*0.00	78	88.70	7.37	33.53	*45	*437.4	*85.40	*5.82
% of Calories				5.60%		*29.21 %	*12.09 %	26.8%	*0.0%		55.4%		21.0%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Wednesday - 12/16/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991028 Hot Honey Chicken Drum	1 ea	91	306	3.45	447	17.42	*17.40	12.90	0.07	129	18.04	0.13	25.48	*0	14.1	0.15	1.12
990376 Veggie Chik'n Nuggets	5 ea	5	239	0.60	430	1.19	0.00	9.56	0.00	0	21.50	4.78	17.92	*N/A*	83.6	0.00	3.46
000851 WG Cornbread Muffin - Large	1 ea	96	220	1.00	115	18.00	18.00	8.00	0.00	20	36.00	1.00	3.00	*N/A*	27.0	0.00	1.00
000651 Roasted Cauliflower	4 oz	75	37	0.30	125	1.98	*0.00	1.41	0.00	0	5.38	2.11	2.04	*0	*23.2	*49.74	*0.46
000688 Honey Cinnamon Sweet Potatoes	4 oz	75	110	0.26	149	6.28	*2.09	1.74	*0.00	0	22.30	3.08	1.58	*0	*31.7	*2.41	*0.63
000556 Ketchup	1 ea	75	10	0.00	90	2.00	2.00	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000135 Orange Wedges	3 ea	98	43	0.01	0	8.60	0.00	0.11	0.00	0	10.81	2.21	0.86	0	36.8	48.94	0.09

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001063 Mandarin Oranges**	4 oz	1	43	0.00	5	9.29	0.00	0.05	0.00	0	10.60	1.37	0.85	*N/A*	13.7	38.21	0.30
000673 Fresh Whole Apple	1 ea	1	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999123 ALTERNATE Sunbutter & Jelly Sandwich 1 M/MA	1 ea	2	440	2.00	410	30.00	21.00	18.00	0.00	0	61.00	7.00	23.28	*N/A*	146.0	0.00	2.88
999121 ALTERNATE Turkey Ham & Cheese on WW Bread	1 ea	2	301	5.31	712	6.00	0.00	11.59	0.00	50	32.50	4.00	20.09	*N/A*	326.5	*0.00	1.79
999120 ALTERNATE Light Mayonnaise	1 ea	2	30	1.50	110	0.00	0.00	3.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	0.00	0.00
999122 ALTERNATE Mustard	1 ea	2	0	0.00	84	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			777	4.74	952	62.79	*36.60	24.68	*0.06	148	99.56	7.65	39.56	*45	*433.4	*87.98	*3.21
% of Calories				5.49%		32.32%	*18.84 %	28.6%	*0.1%		51.3%		20.4%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Thursday - 12/17/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990957 Crispy Catfish	1 ea	91	187	1.34	290	0.06	*0.00	6.03	*0.00	64	10.53	0.82	20.78	*30	*47.4	*1.31	*1.10
000029 Black Eyed Peas	4 oz	5	174	0.62	70	*0.40	*0.00	3.84	0.00	0	25.90	4.73	9.89	*0	*51.5	*5.18	*3.54

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990356 Brown Rice	4 oz	96	136	0.23	137	0.32	*0.00	2.63	0.00	0	24.39	1.90	3.34	*0	*4.4	*0.08	*0.75
000639 Sauteed Cabbage	4 oz	75	38	0.27	117	2.58	*0.00	1.84	0.00	0	5.14	1.85	1.01	*0	*29.6	*24.75	*0.36
000244 Roasted Carrots	4 oz	75	69	0.36	171	5.30	*0.00	2.56	0.00	0	11.08	3.20	1.14	*0	*38.7	*6.61	*0.38
000192 Fresh Pineapple	4 oz	99	71	0.01	1	13.96	*N/A*	0.17	0.00	0	18.60	1.98	0.76	*N/A*	18.4	67.76	0.41
000673 Fresh Whole Apple	1 ea	1	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999123 ALTERNATE Sunbutter & Jelly Sandwich 1 M/MA	1 ea	2	440	2.00	410	30.00	21.00	18.00	0.00	0	61.00	7.00	23.28	*N/A*	146.0	0.00	2.88
999121 ALTERNATE Turkey Ham & Cheese on WW Bread	1 ea	2	301	5.31	712	6.00	0.00	11.59	0.00	50	32.50	4.00	20.09	*N/A*	326.5	*0.00	1.79
999120 ALTERNATE Light Mayonnaise	1 ea	2	30	1.50	110	0.00	0.00	3.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	0.00	0.00
999122 ALTERNATE Mustard	1 ea	2	0	0.00	84	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			575	2.13	758	*33.49	*0.42	13.98	*0.00	70	79.42	8.83	34.00	*72	*432.4	*92.50	*2.99
% of Calories				3.33%		*23.30 %	*0.29%	21.9%	*0.0%		55.2%		23.7%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Friday - 12/18/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000543 Crispy Chicken Tender	1 ea	91	137	0.07	283	0.58	*0.00	0.87	*0.00	49	11.00	0.82	20.98	*0	38.9	2.66	1.26
000475 BBQ Baked Beans	4 oz	5	226	0.68	107	4.88	*2.86	4.60	*0.00	0	35.35	8.25	10.78	*0	*69.1	*3.52	*2.91
990845 Whole Wheat Mac & Cheese	4 oz	96	214	6.17	398	0.42	0.00	10.24	0.00	27	20.69	2.12	10.26	*N/A*	222.2	0.00	0.00
990221 Cinnamon Roasted Butternut Squash	4 oz	75	81	0.44	123	*0.68	*0.67	3.00	*0.00	0	13.82	2.37	1.44	*0	*44.9	*18.61	*0.90
000005 Braised Collard Greens	4 oz	75	67	0.30	126	*1.49	*1.08	2.12	*0.00	0	10.51	5.48	3.74	*0	*218.8	*52.56	*0.33
000884 Fresh Pear	1 ea	99	101	0.04	2	17.36	0.00	0.25	0.00	0	27.11	5.52	0.64	*N/A*	16.0	7.65	0.32
000673 Fresh Whole Apple	1 ea	1	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999123 ALTERNATE Sunbutter & Jelly Sandwich 1 M/MA	1 ea	2	440	2.00	410	30.00	21.00	18.00	0.00	0	61.00	7.00	23.28	*N/A*	146.0	0.00	2.88
999121 ALTERNATE Turkey Ham & Cheese on WW Bread	1 ea	2	301	5.31	712	6.00	0.00	11.59	0.00	50	32.50	4.00	20.09	*N/A*	326.5	*0.00	1.79
999120 ALTERNATE Light Mayonnaise	1 ea	2	30	1.50	110	0.00	0.00	3.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	0.00	0.00
999122 ALTERNATE Mustard	1 ea	2	0	0.00	84	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
000688 Honey Cinnamon Sweet Potatoes	4 oz	0	110	0.26	149	6.28	*2.09	1.74	*0.00	0	22.30	3.08	1.58	*0	*31.7	*2.41	*0.63

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990693 Sweet Potato Hash	4 oz	0	178	0.70	360	7.26	*0.00	4.66	0.00	0	31.72	5.06	2.79	*0	*50.4	*16.56	*1.12
Weighted Daily Average			668	6.80	974	*33.37	*1.88	17.26	*0.00	82	91.28	14.82	43.03	*45	*778.8	*63.94	*2.68
% of Calories				9.16%		*19.98 %	*1.13%	23.3%	*0.0%		54.7%		25.8%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Monday - 12/21/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Tuesday - 12/22/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Wednesday - 12/23/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Thursday - 12/24/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Friday - 12/25/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Monday - 12/28/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Tuesday - 12/29/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Wednesday - 12/30/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Thursday - 12/31/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

Friday - 01/01/2027 **Reimbursable Meal Total 1**

Base Menu Spreadsheet

DC Central Kitchen

Portion Values

Nov 30, 2026 thru Jan 1, 2027

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			600 - 650	<10	<=1110		<10										

		Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		637	4.75	864	*39.62	*8.20	19.63	*0.06	78	84.66	9.48	34.34	*49	*477.7	*63.94	*3.97
% of Calories			6.71%		*24.88 %	*5.15%	27.7%	*0.1%		53.2%		21.6%				

N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
**** - denotes combined nutrient totals with either missing or incomplete nutrient data***
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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