K-12 CORE BREAKFAST

December 2026

BREAKFAST

Monday 30	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
Turkey Sausage & Biscuit w/ Grape Jelly Vanilla Yogurt w/ Graham Cracker (v). Banana Muffin w/ String Cheese (v).	Cheesy Scrambled Eggs w/ Toast (v). Blueberry Snack'n Waffle (v). Apple Cinnamon Muffin w/ String Cheese (v).	Egg & Cheese Bagel Sandwich (v). Bagel w/ Cream Cheese (v). Banana Muffin w/ String Cheese (v).	Whole Grain French Toast Sticks w/ Syrup (v). Tropical Mango Oatmeal Round (v). Apple Cinnamon Muffin w/ String Cheese (v).	Oatmeal w/ Warm Berries (ve). Maple Snack'n Waffle (v). Banana Muffin w/ String Cheese (v).
Apples Grape Juice	Apples Tangerine	Apple Juice Orange Wedges	Pears Blueberries	Warm Berries Bananas

Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
French Toast Sticks w/ Syrup (ve). Blueberry Muffin w/ String Cheese (v).	Chicken & Waffles Vanilla Yogurt w/ Graham Cracker (v). Apple Cinnamon Muffin w/ String Cheese (v).	Scrambled Eggs w/ Whole Grain Toast (v). Oatmeal Raisin Breakfast Round (v). Blueberry Muffin w/ String Cheese (v).	Egg & Cheese Sandwich on English Muffin (v). Apple Cinnamon Muffin w/ String Cheese (v).	Turkey Sausage & Cheese Biscuit Sandwich. Maple Snack'n Waffle (v). Blueberry Muffin w/ String Cheese (v).
Orange Wedges Blueberries	Fresh Apple Fresh Tangerine	Orange Wedges Pears	Grape Juice Fresh Apple	Applesauce Fresh Banana

Daily offerings include rice chex, cinnamon chex, blueberry chex, cheerios, and trix cereal with graham crackers. All breakfast entrées include choice of skim or low-fat unflavored milk. All grain products are whole grain rich. (v) denotes vegetarian choices (including milk and eggs) and (ve) denotes vegan choices. Locally Sourced items offered daily. This menu is subject to change and based upon product availability. Additional nutrition information available upon request.

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K-12 CORE BREAKFAST

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BREAKFAST

Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
Turkey Bacon & Egg Breakfast Pizza. Oatmeal Raisin Breakfast Round (v). Apple Cinnamon Muffin w/ String Cheese (v).	Oatmeal w/ Warm Berries (v). Whole Grain Biscuit w/ Grape Jelly (v). Banana Muffin w/ String Cheese (v).	Chicken Sausage & Pancake Wrap on a Stick. Blueberry Snack'n Waffles (v). Apple Cinnamon Muffin w/ String Cheese (v).	Potato, Egg, & Cheese Breakfast Bowl (v). w/ Salsa on side Bagel w/ Cream Cheese (v). Banana Muffin w/String Cheese (v).	Turkey Bacon, Egg, & Cheese on Biscuit. Strawberry Yogurt w/ Granola (v). Apple Cinnamon Muffin w/ String Cheese (v).
Pears Tangerines	Orange Slices Warm Berries	Apple Orange Wedges	Apple Juice Fresh Banana	Blueberries Strawberries

Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
		HAPPY HOLIDAYS		

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