SERVING AWARD-WINNING FOOD THAT KIDS LOVE. WWW.DCCENTRALKITCHEN.ORG FOLLOW US ON SOCIAL MEDIA!

November Breakfast

ECE BREAKFAST

What do the colors on the menu mean?
GREEN = locally-sourced
* = vegetarian entree

All grains served are whole grain rich
Skim or 1% milk provided at every meal.

Assorted cereal served daily

Menu subject to change based on availability

USDA is an equal opportunity provider, employer, and lender.

FRESH FEAUTURE: CINNAMON APPLES

We cook our cinnamon apples from fresh local apples stewed with brown sugar & cinnamon. Try it on Thursdays with brown sugar oatmeal for a hearty warm breakfast!

Monday	Tuesday	Wednesday	Thursday	Friday
2 no school	3 no school	4 turkey sausage patty veggie breakfast sausage patty* biscuit applesauce cup	5 brown sugar oatmeal cinnamon apples	6 pumpkin bread hard boiled egg melon
9 bagel cream cheese jelly applesauce	10 whole grain french toast sticks turkey bacon veggie breakfast sausage patty* orange wedges	11 no school	12 brown sugar oatmeal cinnamon apples	13 waffles honey turkey bacon veggie breakfast sausage patty* melon
16 whole grain french toast sticks turkey bacon veggie breakfast sausage patty* applesauce	17 turkey sausage patty veggie breakfast sausage patty* biscuit orange wedges	18 bagel cream cheese jelly melon	19 brown sugar oatmeal cinnamon apples	20 apple cinnamon bread hard boiled egg melon
23 bagel cream cheese jelly applesauce	24 turkey bacon & egg bak e veggie breakfast sausage patty* croissant orange wedges	25 no school	26 no school	27 no school
30 whole grain french toast sticks turkey bacon veggie breakfast sausage patty* applesauce	1 bagel cream cheese jelly orange wedges	2 turkey sausage patty veggie breakfast sausage patty* biscuit melon	3 brown sugar oatmeal cinnamon apples	4 pumpkin bread hard boiled egg melon

Base Menu Spreadsheet

DC Central Kitchen

Portion Values

Nov 2, 2026 thru Dec 4, 2026

Menu Name: DCPS Breakfast ECE

Include Cost: No

Site:

Use Alternate Menu Name: No

Monday - 11/02/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Tuesday - 11/03/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Wednesday - 11/04/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001128 Turkey Sausage Patty	1 ea	95	80	2.00	95	0.00	0.00	6.00	0.00	30	0.00	0.00	7.00	*N/A*	*N/A*	0.00	*N/A*
000801 Veggie Breakfast Sausage Patty	1 ea	5	70	0.00	250	1.00	0.00	2.50	0.00	0	4.00	1.00	9.00	*N/A*	0.0	0.00	1.80
000455 Whole Grain Biscuit	1 ea	100	187	5.90	305	1.96	1.96	8.84	0.00	0	23.58	1.96	3.93	*N/A*	157.2	0.00	0.98
001084 Applesauce Cup	1 ea	100	60	0.00	10	12.00	0.00	0.00	0.00	0	13.00	2.00	0.00	*N/A*	0.0	60.00	0.00
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			425	7.80	532	26.49	1.96	16.33	0.00	39	49.21	4.02	19.18	*45	*460.6	*60.30	*1.12
% of Calories				16.52 %		24.93%	1.84%	34.6%	0.0%		46.3%		18.1%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Thursday - 11/05/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000464 Brown Sugar Oatmeal	4 oz	100	117	0.25	51	11.28	*10.78	1.50	0.00	0	24.31	2.00	2.52	*0	11.5	0.00	0.98
990956 Cinnamon Apples	4 oz	100	91	0.14	29	19.31	*8.89	0.89	0.00	0	22.14	1.51	0.31	*0	*14.8	*0.12	*0.28
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			307	0.39	194	43.07	*19.67	4.06	0.00	10	58.88	3.51	10.98	*45	*329.7	*0.42	*1.31
% of Calories				1.14%		56.12%	*25.63 %	11.9%	0.0%		76.7%		14.3%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Friday - 11/06/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000672 Pumpkin Spice Bread	4 wt oz	100	314	1.61	295	25.76	*24.70	9.77	*0.00	34	52.04	3.63	5.56	*0	*104.2	*1.38	*2.31
000882 Hard Boiled Egg	1 ea	100	78	1.63	62	0.56	0.00	5.30	0.00	186	0.56	0.00	6.29	*N/A*	25.0	0.00	0.60
999302 Honeydew & Cantaloupe	4 oz	100	65	0.08	32	14.86	*0.00	0.31	0.00	0	16.04	1.58	1.28	*N/A*	13.9	50.86	0.35
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			555	3.33	503	53.66	*24.70	17.04	*0.00	230	81.07	5.21	21.28	*45	*446.6	*52.54	*3.31
% of Calories				5.40%		38.67%	*17.80 %	27.6%	*0.0%		58.4%		15.3%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Monday - 11/09/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000001 Whole Wheat Bagel	1 ea	100	150	0.00	290	5.00	4.00	1.00	0.00	0	30.00	4.00	6.00	*N/A*	0.0	0.00	0.00
990427 Light Cream Cheese	1 ea	100	51	3.04	142	1.01	0.00	4.56	0.00	15	2.02	0.00	0.38	*N/A*	*N/A*	0.00	0.00
000886 Strawberry Jelly	1 ea	100	35	0.00	0	9.00	8.00	0.00	0.00	0	9.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
001084 Applesauce Cup	1 ea	100	60	0.00	10	12.00	0.00	0.00	0.00	0	13.00	2.00	0.00	*N/A*	0.0	60.00	0.00
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			394	3.04	556	39.49	12.00	7.21	0.00	25	66.46	6.00	14.53	*45	*303.4	*60.30	0.05
% of Calories				6.94%		40.09%	12.18%	16.5%	0.0%		67.5%		14.8%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Tuesday - 11/10/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990639 WG French Toast Sticks	2 ea	100	200	1.33	120	6.67	6.67	9.33	0.00	7	22.00	2.67	4.00	*N/A*	33.3	*N/A*	1.13
990394 Turkey Bacon	2 ea	95	50	1.00	220	0.00	0.00	3.00	0.00	10	0.00	0.00	4.00	*N/A*	0.0	0.00	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000801 Veggie Breakfast Sausage Patty	1 ea	5	70	0.00	250	1.00	0.00	2.50	0.00	0	4.00	1.00	9.00	*N/A*	0.0	0.00	1.80
000135 Orange Wedges	3 ea	100	43	0.01	0	8.60	0.00	0.11	0.00	0	10.81	2.21	0.86	0	36.8	48.94	0.09
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			393	2.30	456	27.79	6.67	14.08	0.00	26	45.44	4.92	17.27	*45	373.6	*49.24	1.37
% of Calories				5.27%		28.28%	6.79%	32.2%	0.0%		46.2%		17.6%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Wednesday - 11/11/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Thursday - 11/12/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000464 Brown Sugar Oatmeal	4 oz	100	117	0.25	51	11.28	*10.78	1.50	0.00	0	24.31	2.00	2.52	*0	11.5	0.00	0.98
990956 Cinnamon Apples	4 oz	100	91	0.14	29	19.31	*8.89	0.89	0.00	0	22.14	1.51	0.31	*0	*14.8	*0.12	*0.28
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			307	0.39	194	43.07	*19.67	4.06	0.00	10	58.88	3.51	10.98	*45	*329.7	*0.42	*1.31
% of Calories				1.14%		56.12%	*25.63 %	11.9%	0.0%		76.7%		14.3%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Friday - 11/13/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000997 Whole Grain Waffles Bakecrafters	1 ea	100	65	0.25	115	2.00	1.00	1.75	0.00	2	11.50	1.50	2.00	*N/A*	25.0	*N/A*	0.50
000927 Honey PC	1 ea	100	25	0.00	0	7.00	7.00	0.00	0.00	0	7.00	0.00	0.00	*N/A*	0.0	0.00	0.00
990394 Turkey Bacon	2 ea	95	50	1.00	220	0.00	0.00	3.00	0.00	10	0.00	0.00	4.00	*N/A*	0.0	0.00	0.00
000801 Veggie Breakfast Sausage Patty	1 ea	5	70	0.00	250	1.00	0.00	2.50	0.00	0	4.00	1.00	9.00	*N/A*	0.0	0.00	1.80
999302 Honeydew & Cantaloupe	4 oz	100	65	0.08	32	14.86	*0.00	0.31	0.00	0	16.04	1.58	1.28	*N/A*	13.9	50.86	0.35
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			305	1.28	482	36.38	*8.00	6.69	0.00	22	47.17	3.13	15.69	*45	342.4	*51.16	0.99
% of Calories				3.78%		47.71%	*10.49 %	19.7%	0.0%		61.9%		20.6%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Monday - 11/16/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990639 WG French Toast Sticks	2 ea	100	200	1.33	120	6.67	6.67	9.33	0.00	7	22.00	2.67	4.00	*N/A*	33.3	*N/A*	1.13
990394 Turkey Bacon	2 ea	95	50	1.00	220	0.00	0.00	3.00	0.00	10	0.00	0.00	4.00	*N/A*	0.0	0.00	0.00
000801 Veggie Breakfast Sausage Patty	1 ea	5	70	0.00	250	1.00	0.00	2.50	0.00	0	4.00	1.00	9.00	*N/A*	0.0	0.00	1.80
001084 Applesauce Cup	1 ea	100	60	0.00	10	12.00	0.00	0.00	0.00	0	13.00	2.00	0.00	*N/A*	0.0	60.00	0.00
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			410	2.28	466	31.19	6.67	13.97	0.00	26	47.63	4.72	16.40	*45	336.8	*60.30	1.27
% of Calories				5.00%		30.43%	6.51%	30.7%	0.0%		46.5%		16.0%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Tuesday - 11/17/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001128 Turkey Sausage Patty	1 ea	95	80	2.00	95	0.00	0.00	6.00	0.00	30	0.00	0.00	7.00	*N/A*	*N/A*	0.00	*N/A*
000801 Veggie Breakfast Sausage Patty	1 ea	5	70	0.00	250	1.00	0.00	2.50	0.00	0	4.00	1.00	9.00	*N/A*	0.0	0.00	1.80
000455 Whole Grain Biscuit	1 ea	100	187	5.90	305	1.96	1.96	8.84	0.00	0	23.58	1.96	3.93	*N/A*	157.2	0.00	0.98
000135 Orange Wedges	3 ea	100	43	0.01	0	8.60	0.00	0.11	0.00	0	10.81	2.21	0.86	0	36.8	48.94	0.09
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			408	7.81	522	23.09	1.96	16.44	0.00	39	47.02	4.22	20.05	*45	*497.4	*49.24	*1.21
% of Calories				17.23 %		22.64%	1.92%	36.3%	0.0%		46.1%		19.7%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Wednesday - 11/18/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000001 Whole Wheat Bagel	1 ea	100	150	0.00	290	5.00	4.00	1.00	0.00	0	30.00	4.00	6.00	*N/A*	0.0	0.00	0.00
990427 Light Cream Cheese	1 ea	100	51	3.04	142	1.01	0.00	4.56	0.00	15	2.02	0.00	0.38	*N/A*	*N/A*	0.00	0.00
000886 Strawberry Jelly	1 ea	100	35	0.00	0	9.00	8.00	0.00	0.00	0	9.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
999302 Honeydew & Cantaloupe	4 oz	100	65	0.08	32	14.86	*0.00	0.31	0.00	0	16.04	1.58	1.28	*N/A*	13.9	50.86	0.35
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			400	3.12	578	42.35	*12.00	7.52	0.00	25	69.50	5.58	15.82	*45	*317.4	*51.16	0.40
% of Calories				7.02%		42.35%	*12.00 %	16.9%	0.0%		69.5%		15.8%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Thursday - 11/19/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000464 Brown Sugar Oatmeal	4 oz	100	117	0.25	51	11.28	*10.78	1.50	0.00	0	24.31	2.00	2.52	*0	11.5	0.00	0.98
990956 Cinnamon Apples	4 oz	100	91	0.14	29	19.31	*8.89	0.89	0.00	0	22.14	1.51	0.31	*0	*14.8	*0.12	*0.28

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			307	0.39	194	43.07	*19.67	4.06	0.00	10	58.88	3.51	10.98	*45	*329.7	*0.42	*1.31
% of Calories				1.14%		56.12%	*25.63 %	11.9%	0.0%		76.7%		14.3%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Friday - 11/20/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990855 Apple Cinnamon Bread	1 mini loaf	100	269	1.27	255	25.11	*20.58	7.81	*0.00	27	46.05	2.37	4.18	*0	*83.3	*5.32	*1.68
000882 Hard Boiled Egg	1 ea	100	78	1.63	62	0.56	0.00	5.30	0.00	186	0.56	0.00	6.29	*N/A*	25.0	0.00	0.60
999302 Honeydew & Cantaloupe	4 oz	100	65	0.08	32	14.86	*0.00	0.31	0.00	0	16.04	1.58	1.28	*N/A*	13.9	50.86	0.35
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			510	2.98	463	53.00	*20.58	15.08	*0.00	223	75.08	3.95	19.91	*45	*425.7	*56.49	*2.68
% of Calories				5.26%		41.57%	*16.14 %	26.6%	*0.0%		58.9%		15.6%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Monday - 11/23/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000001 Whole Wheat Bagel	1 ea	100	150	0.00	290	5.00	4.00	1.00	0.00	0	30.00	4.00	6.00	*N/A*	0.0	0.00	0.00
990427 Light Cream Cheese	1 ea	100	51	3.04	142	1.01	0.00	4.56	0.00	15	2.02	0.00	0.38	*N/A*	*N/A*	0.00	0.00
000886 Strawberry Jelly	1 ea	100	35	0.00	0	9.00	8.00	0.00	0.00	0	9.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
001084 Applesauce Cup	1 ea	100	60	0.00	10	12.00	0.00	0.00	0.00	0	13.00	2.00	0.00	*N/A*	0.0	60.00	0.00
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			394	3.04	556	39.49	12.00	7.21	0.00	25	66.46	6.00	14.53	*45	*303.4	*60.30	0.05
% of Calories				6.94%		40.09%	12.18%	16.5%	0.0%		67.5%		14.8%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Tuesday - 11/24/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000894 Turkey Bacon & Egg Bake	1 piece	95	105	2.23	222	0.00	0.00	6.68	0.00	206	0.02	0.01	8.91	*0	31.0	*0.00	1.19
000801 Veggie Breakfast Sausage Patty	1 ea	5	70	0.00	250	1.00	0.00	2.50	0.00	0	4.00	1.00	9.00	*N/A*	0.0	0.00	1.80
990826 Whole Grain Croissant	1 ea	100	190	3.00	190	4.00	3.00	7.00	0.00	0	29.00	3.00	5.00	*N/A*	26.0	0.00	1.44
000135 Orange Wedges	3 ea	100	43	0.01	0	8.60	0.00	0.11	0.00	0	10.81	2.21	0.86	0	36.8	48.94	0.09
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			436	5.13	528	25.13	3.00	15.24	0.00	206	52.46	5.26	22.93	*45	395.7	*49.24	2.80
% of Calories				10.59 %		23.06%	2.75%	31.5%	0.0%		48.1%		21.0%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Wednesday - 11/25/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Thursday - 11/26/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Friday - 11/27/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Monday - 11/30/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990639 WG French Toast Sticks	2 ea	100	200	1.33	120	6.67	6.67	9.33	0.00	7	22.00	2.67	4.00	*N/A*	33.3	*N/A*	1.13
990394 Turkey Bacon	2 ea	95	50	1.00	220	0.00	0.00	3.00	0.00	10	0.00	0.00	4.00	*N/A*	0.0	0.00	0.00
000801 Veggie Breakfast Sausage Patty	1 ea	5	70	0.00	250	1.00	0.00	2.50	0.00	0	4.00	1.00	9.00	*N/A*	0.0	0.00	1.80
001084 Applesauce Cup	1 ea	100	60	0.00	10	12.00	0.00	0.00	0.00	0	13.00	2.00	0.00	*N/A*	0.0	60.00	0.00
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			410	2.28	466	31.19	6.67	13.97	0.00	26	47.63	4.72	16.40	*45	336.8	*60.30	1.27
% of Calories				5.00%		30.43%	6.51%	30.7%	0.0%		46.5%		16.0%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Tuesday - 12/01/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000001 Whole Wheat Bagel	1 ea	100	150	0.00	290	5.00	4.00	1.00	0.00	0	30.00	4.00	6.00	*N/A*	0.0	0.00	0.00
990427 Light Cream Cheese	1 ea	100	51	3.04	142	1.01	0.00	4.56	0.00	15	2.02	0.00	0.38	*N/A*	*N/A*	0.00	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000886 Strawberry Jelly	1 ea	100	35	0.00	0	9.00	8.00	0.00	0.00	0	9.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
000135 Orange Wedges	3 ea	100	43	0.01	0	8.60	0.00	0.11	0.00	0	10.81	2.21	0.86	0	36.8	48.94	0.09
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			378	3.05	546	36.09	12.00	7.32	0.00	25	64.27	6.21	15.40	*45	*340.2	*49.24	0.14
% of Calories				7.26%		38.19%	12.70%	17.4%	0.0%		68.0%		16.3%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Wednesday - 12/02/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001128 Turkey Sausage Patty	1 ea	95	80	2.00	95	0.00	0.00	6.00	0.00	30	0.00	0.00	7.00	*N/A*	*N/A*	0.00	*N/A*
000801 Veggie Breakfast Sausage Patty	1 ea	5	70	0.00	250	1.00	0.00	2.50	0.00	0	4.00	1.00	9.00	*N/A*	0.0	0.00	1.80
000455 Whole Grain Biscuit	1 ea	100	187	5.90	305	1.96	1.96	8.84	0.00	0	23.58	1.96	3.93	*N/A*	157.2	0.00	0.98
999302 Honeydew & Cantaloupe	4 oz	100	65	0.08	32	14.86	*0.00	0.31	0.00	0	16.04	1.58	1.28	*N/A*	13.9	50.86	0.35
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			430	7.88	553	29.35	*1.96	16.63	0.00	39	52.25	3.60	20.47	*45	*474.6	*51.16	*1.48
% of Calories				16.49 %		27.30%	*1.82%	34.8%	0.0%		48.6%		19.0%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Thursday - 12/03/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000464 Brown Sugar Oatmeal	4 oz	100	117	0.25	51	11.28	*10.78	1.50	0.00	0	24.31	2.00	2.52	*0	11.5	0.00	0.98
990956 Cinnamon Apples	4 oz	100	91	0.14	29	19.31	*8.89	0.89	0.00	0	22.14	1.51	0.31	*0	*14.8	*0.12	*0.28
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			307	0.39	194	43.07	*19.67	4.06	0.00	10	58.88	3.51	10.98	*45	*329.7	*0.42	*1.31
% of Calories				1.14%		56.12%	*25.63 %	11.9%	0.0%		76.7%		14.3%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

Friday - 12/04/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000672 Pumpkin Spice Bread	4 wt oz	100	314	1.61	295	25.76	*24.70	9.77	*0.00	34	52.04	3.63	5.56	*0	*104.2	*1.38	*2.31
000882 Hard Boiled Egg	1 ea	100	78	1.63	62	0.56	0.00	5.30	0.00	186	0.56	0.00	6.29	*N/A*	25.0	0.00	0.60
999302 Honeydew & Cantaloupe	4 oz	100	65	0.08	32	14.86	*0.00	0.31	0.00	0	16.04	1.58	1.28	*N/A*	13.9	50.86	0.35
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			555	3.33	503	53.66	*24.70	17.04	*0.00	230	81.07	5.21	21.28	*45	*446.6	*52.54	*3.31
% of Calories				5.40%		38.67%	*17.80 %	27.6%	*0.0%		58.4%		15.3%				
Weekly Nutrient Guideline			350 - 500	<10	<=540		<10	<=30					5.33		200.00	10.83	2.50

		Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		402	3.17	447	37.93	*12.29	10.95	*0.00	66	59.38	4.57	16.58	*45	*374.7	*42.90	*1.40
% of Calories			7.10%		37.74%	*12.23%	24.5%	*0.0%		59.1%		16.5%				

N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
**** - denotes combined nutrient totals with either missing or incomplete nutrient data***
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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