SERVING AWARD-WINNING FOOD THAT KIDS LOVE. WWW.DCCENTRALKITCHEN.ORG FOLLOW US ON SOCIAL MEDIA!

November Breakfast

GRAB N' GO BREAKFAST

What do the colors on the menu mean?
GREEN = locally-sourced
* = vegetarian entree

All grains served are whole grain rich
Student's choice of skim or 1% milk provided at every meal.

Assorted cereal served daily

Menu subject to change based on availability

USDA is an equal opportunity provider, employer, and lender.

FRESH FEAUTURE: CINNAMON APPLES

We cook our cinnamon apples from fresh local apples stewed with brown sugar & cinnamon. Try it on Thursdays with brown sugar oatmeal for a hearty warm breakfast!

Monday	Tuesday	Wednesday	Thursday	Friday
2 no school	3 no school	4 turkey sausage patty veggie breakfast sausage patty* biscuit jelly fresh apple	5 yogurt brown sugar oatmeal cinnamon apples 100% orange juice fresh apple	6 pumpkin bread hard boiled egg hot sauce melon
9 bagel cream cheese jelly fresh apple	10 turkey bacon veggie breakfast sausage patty* whole grain french toast sticks fresh orange	11 no school	12 yogurt brown sugar oatmeal cinnamon apples 100% orange juice fresh apple	13 turkey bacon veggie breakfast sausage patty* whole grain waffles honey melon
16 turkey bacon veggie breakfast sausage patty* whole grain french toast sticks fresh apple	17 turkey sausage patty veggie breakfast sausage patty* biscuit hot sauce fresh orange	18 bagel cream cheese jelly melon	19 yogurt brown sugar oatmeal cinnamon apples 100% orange juice fresh apple	20 apple cinnamon bread hard boiled egg hot sauce melon
23 bagel cream cheese jelly fresh apple	24 turkey bacon & egg bak e veggie breakfast sausage patty* croissant jelly fresh orange	25 no school	26 no school	27 no school
30 turkey bacon veggie breakfast sausage patty* whole grain french toast sticks fresh apple	1 bagel cream cheese jelly fresh orange	2 turkey sausage patty veggie breakfast sausage patty* biscuit jelly melon	3 yogurt brown sugar oatmeal cinnamon apples 100% orange juice fresh apple	4 pumpkin bread hard boiled egg hot sauce melon

Base Menu Spreadsheet

DC Central Kitchen

Portion Values

Nov 2, 2026 thru Dec 4, 2026

Menu Name: DCPS DISPLAY Breakfast K-12 Grab n' Go/ BIC

Include Cost: No

Site:

Use Alternate Menu Name: No

Monday - 11/02/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
000733 Scrambled Eggs	3 oz	90	100	2.13	128	0.00	0.00	6.40	0.00	242	0.03	0.01	8.54	*0	37.2	*0.00	1.43
000604 Hot Sauce	1 ea	90	2	0.00	92	0.00	0.00	0.00	0.00	0	0.00	0.30	0.00	*N/A*	0.0	0.00	0.00
990639 WG French Toast Sticks	2 ea	90	200	1.33	120	6.67	6.67	9.33	0.00	7	22.00	2.67	4.00	*N/A*	33.3	*N/A*	1.13
001200 Fresh Apple Slices	6 ea	100	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999225 ALTERNATE Large Cinnamon Chex	1 ea	1	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00
999224 ALTERNATE Large Cinnamon Toasters Cereal	1 ea	1	240	0.50	300	12.00	12.00	8.00	0.00	0	43.00	3.00	3.00	0	15.0	0.00	45.00
999223 ALTERNATE Large Blueberry Chex	1 ea	1	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999222 ALTERNATE Large Honey Bunches of Oats	1 ea	1	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			47415	318.63	43270	3784.50	645.03	1633.28	0.00	23362	5918.97	715.82	2004.11	*4500	*38447.0	*913.20	*361.15
% of Calories				6.05%		31.93%	5.44%	31.0%	0.0%		49.9%		16.9%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Tuesday - 11/03/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
000001 Whole Wheat Bagel	1 ea	90	150	0.00	290	5.00	4.00	1.00	0.00	0	30.00	4.00	6.00	*N/A*	0.0	0.00	0.00
000886 Strawberry Jelly	1 ea	90	35	0.00	0	9.00	8.00	0.00	0.00	0	9.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
000812 Orange Wedges	6 ea	100	86	0.03	0	17.20	0.00	0.22	0.00	0	21.62	4.42	1.73	0	73.6	97.89	0.18
990427 Light Cream Cheese	1 ea	90	51	3.04	142	1.01	0.00	4.56	0.00	15	2.02	0.00	0.38	*N/A*	*N/A*	0.00	0.00
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999225 ALTERNATE Large Cinnamon Chex	1 ea	2	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00
999224 ALTERNATE Large Cinnamon Toasters Cereal	1 ea	2	240	0.50	300	12.00	12.00	8.00	0.00	0	43.00	3.00	3.00	0	15.0	0.00	45.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999223 ALTERNATE Large Blueberry Chex	1 ea	2	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
999222 ALTERNATE Large Honey Bunches of Oats	1 ea	2	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			41575	279.22	52475	4410.95	1170.00	728.96	0.00	2369	7457.39	823.60	1588.59	*4500	*39035.0	*9910.80	*231.44
% of Calories				6.04%		42.44%	11.26%	15.8%	0.0%		71.7%		15.3%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Wednesday - 11/04/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001128 Turkey Sausage Patty	1 ea	90	80	2.00	95	0.00	0.00	6.00	0.00	30	0.00	0.00	7.00	*N/A*	*N/A*	0.00	*N/A*
000801 Veggie Breakfast Sausage Patty	1 ea	90	70	0.00	250	1.00	0.00	2.50	0.00	0	4.00	1.00	9.00	*N/A*	0.0	0.00	1.80
000455 Whole Grain Biscuit	1 ea	90	187	5.90	305	1.96	1.96	8.84	0.00	0	23.58	1.96	3.93	*N/A*	157.2	0.00	0.98
000886 Strawberry Jelly	1 ea	90	35	0.00	0	9.00	8.00	0.00	0.00	0	9.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
000673 Fresh Whole Apple	1 ea	100	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999225 ALTERNATE Large Cinnamon Chex	1 ea	1	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999224 ALTERNATE Large Cinnamon Toasters Cereal	1 ea	1	240	0.50	300	12.00	12.00	8.00	0.00	0	43.00	3.00	3.00	0	15.0	0.00	45.00
999223 ALTERNATE Large Blueberry Chex	1 ea	1	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
999222 ALTERNATE Large Honey Bunches of Oats	1 ea	7	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			550	7.17	720	43.27	10.02	17.93	0.00	37	74.99	7.39	26.93	*45	*462.5	*9.13	*3.81
% of Calories				11.73 %		31.47%	7.29%	29.3%	0.0%		54.5%		19.6%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Thursday - 11/05/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990703 Nonfat Yogurt Cup	1 ea/4oz	90	82	0.00	69	12.00	7.00	0.00	0.00	0	16.00	0.00	3.00	*N/A*	312.5	0.30	0.00
000464 Brown Sugar Oatmeal	4 oz	90	117	0.25	51	11.28	*10.78	1.50	0.00	0	24.31	2.00	2.52	*0	11.5	0.00	0.98
990956 Cinnamon Apples	4 oz	90	91	0.14	29	19.31	*8.89	0.89	0.00	0	22.14	1.51	0.31	*0	*14.8	*0.12	*0.28
000171 100% Orange Juice	4 oz	90	60	0.00	0	11.00	0.00	0.00	0.00	0	14.00	0.00	1.00	*N/A*	10.0	42.00	0.00
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999225 ALTERNATE Large Cinnamon Chex	1 ea	1	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999224 ALTERNATE Large Cinnamon Toasters Cereal	1 ea	1	240	0.50	300	12.00	12.00	8.00	0.00	0	43.00	3.00	3.00	0	15.0	0.00	45.00
999223 ALTERNATE Large Blueberry Chex	1 ea	1	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
999222 ALTERNATE Large Honey Bunches of Oats	1 ea	7	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
000673 Fresh Whole Apple	1 ea	10	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
Weighted Daily Average			446	0.37	267	63.72	*25.06	4.20	0.00	10	88.25	3.95	14.72	*45	*625.1	*39.77	*2.24
% of Calories				0.75%		57.15%	*22.48 %	8.5%	0.0%		79.1%		13.2%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Friday - 11/06/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000672 Pumpkin Spice Bread	4 wt oz	90	314	1.61	295	25.76	*24.70	9.77	*0.00	34	52.04	3.63	5.56	*0	*104.2	*1.38	*2.31
000882 Hard Boiled Egg	1 ea	90	78	1.63	62	0.56	0.00	5.30	0.00	186	0.56	0.00	6.29	*N/A*	25.0	0.00	0.60
000604 Hot Sauce	1 ea	90	2	0.00	92	0.00	0.00	0.00	0.00	0	0.00	0.30	0.00	*N/A*	0.0	0.00	0.00
999300 Honeydew & Cantaloupe	8 oz	100	130	0.17	63	29.72	*0.00	0.61	0.00	0	32.08	3.16	2.57	*N/A*	27.9	101.73	0.71
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999225 ALTERNATE Large Cinnamon Chex	1 ea	1	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00
999224 ALTERNATE Large Cinnamon Toasters Cereal	1 ea	1	240	0.50	300	12.00	12.00	8.00	0.00	0	43.00	3.00	3.00	0	15.0	0.00	45.00
999223 ALTERNATE Large Blueberry Chex	1 ea	1	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
999222 ALTERNATE Large Honey Bunches of Oats	1 ea	7	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			605	3.10	601	67.00	*23.28	16.19	*0.00	208	96.35	7.05	21.75	*45	*454.3	*103.73	*4.41
% of Calories				4.61%		44.30%	*15.39 %	24.1%	*0.0%		63.7%		14.4%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Monday - 11/09/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000001 Whole Wheat Bagel	1 ea	95	150	0.00	290	5.00	4.00	1.00	0.00	0	30.00	4.00	6.00	*N/A*	0.0	0.00	0.00
990427 Light Cream Cheese	1 ea	95	51	3.04	142	1.01	0.00	4.56	0.00	15	2.02	0.00	0.38	*N/A*	*N/A*	0.00	0.00
000603 Grape Jelly	1 ea	95	35	0.00	0	9.00	8.00	0.00	0.00	0	9.00	0.00	0.00	*N/A*	0.0	0.00	0.00
000673 Fresh Whole Apple	1 ea	100	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999225 ALTERNATE Large Cinnamon Chex	1 ea	2	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00
999224 ALTERNATE Large Cinnamon Toasters Cereal	1 ea	1	240	0.50	300	12.00	12.00	8.00	0.00	0	43.00	3.00	3.00	0	15.0	0.00	45.00
999223 ALTERNATE Large Blueberry Chex	1 ea	1	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
999222 ALTERNATE Large Honey Bunches of Oats	1 ea	1	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			429	2.96	541	46.23	11.97	7.50	0.00	24	78.80	8.31	14.85	*45	*324.3	*9.36	*1.58
% of Calories				6.21%		43.10%	11.16%	15.7%	0.0%		73.5%		13.8%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Tuesday - 11/10/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990394 Turkey Bacon	2 ea	85	50	1.00	220	0.00	0.00	3.00	0.00	10	0.00	0.00	4.00	*N/A*	0.0	0.00	0.00
000801 Veggie Breakfast Sausage Patty	1 ea	5	70	0.00	250	1.00	0.00	2.50	0.00	0	4.00	1.00	9.00	*N/A*	0.0	0.00	1.80
990639 WG French Toast Sticks	2 ea	90	200	1.33	120	6.67	6.67	9.33	0.00	7	22.00	2.67	4.00	*N/A*	33.3	*N/A*	1.13
990470 Fresh Orange	1 ea	90	86	0.03	0	17.20	0.00	0.22	0.00	0	21.62	4.42	1.73	0	73.6	97.89	0.18
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999225 ALTERNATE Large Cinnamon Chex	1 ea	1	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00
999224 ALTERNATE Large Cinnamon Toasters Cereal	1 ea	1	240	0.50	300	12.00	12.00	8.00	0.00	0	43.00	3.00	3.00	0	15.0	0.00	45.00
999223 ALTERNATE Large Blueberry Chex	1 ea	1	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
999222 ALTERNATE Large Honey Bunches of Oats	1 ea	7	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			424	2.09	441	35.13	7.05	13.29	0.00	25	56.39	6.77	17.53	*45	*406.3	*88.86	*2.37
% of Calories				4.44%		33.14%	6.65%	28.2%	0.0%		53.2%		16.5%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Wednesday - 11/11/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Thursday - 11/12/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990703 Nonfat Yogurt Cup	1 ea/4oz	90	82	0.00	69	12.00	7.00	0.00	0.00	0	16.00	0.00	3.00	*N/A*	312.5	0.30	0.00
000464 Brown Sugar Oatmeal	4 oz	90	117	0.25	51	11.28	*10.78	1.50	0.00	0	24.31	2.00	2.52	*0	11.5	0.00	0.98
990956 Cinnamon Apples	4 oz	90	91	0.14	29	19.31	*8.89	0.89	0.00	0	22.14	1.51	0.31	*0	*14.8	*0.12	*0.28
000171 100% Orange Juice	4 oz	90	60	0.00	0	11.00	0.00	0.00	0.00	0	14.00	0.00	1.00	*N/A*	10.0	42.00	0.00
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999225 ALTERNATE Large Cinnamon Chex	1 ea	1	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00
999224 ALTERNATE Large Cinnamon Toasters Cereal	1 ea	1	240	0.50	300	12.00	12.00	8.00	0.00	0	43.00	3.00	3.00	0	15.0	0.00	45.00
999223 ALTERNATE Large Blueberry Chex	1 ea	1	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
999222 ALTERNATE Large Honey Bunches of Oats	1 ea	7	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
000673 Fresh Whole Apple	1 ea	10	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
Weighted Daily Average			446	0.37	267	63.72	*25.06	4.20	0.00	10	88.25	3.95	14.72	*45	*625.1	*39.77	*2.24
% of Calories				0.75%		57.15%	*22.48 %	8.5%	0.0%		79.1%		13.2%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Friday - 11/13/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990394 Turkey Bacon	2 ea	90	50	1.00	220	0.00	0.00	3.00	0.00	10	0.00	0.00	4.00	*N/A*	0.0	0.00	0.00
000801 Veggie Breakfast Sausage Patty	1 ea	90	70	0.00	250	1.00	0.00	2.50	0.00	0	4.00	1.00	9.00	*N/A*	0.0	0.00	1.80
990076 Whole Grain Waffles Bakecrafters	2 ea	90	130	0.50	230	4.00	2.00	3.50	0.00	5	23.00	3.00	4.00	*N/A*	50.0	*N/A*	1.00
000927 Honey PC	1 ea	90	25	0.00	0	7.00	7.00	0.00	0.00	0	7.00	0.00	0.00	*N/A*	0.0	0.00	0.00
999300 Honeydew & Cantaloupe	8 oz	100	130	0.17	63	29.72	*0.00	0.61	0.00	0	32.08	3.16	2.57	*N/A*	27.9	101.73	0.71
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999225 ALTERNATE Large Cinnamon Chex	1 ea	2	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00
999224 ALTERNATE Large Cinnamon Toasters Cereal	1 ea	1	240	0.50	300	12.00	12.00	8.00	0.00	0	43.00	3.00	3.00	0	15.0	0.00	45.00
999223 ALTERNATE Large Blueberry Chex	1 ea	1	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
999222 ALTERNATE Large Honey Bunches of Oats	1 ea	1	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			488	1.54	822	53.57	*8.67	10.63	0.00	24	77.37	6.90	26.18	*45	*386.2	*102.72	*4.59
% of Calories				2.84%		43.91%	*7.11%	19.6%	0.0%		63.4%		21.5%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Monday - 11/16/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990394 Turkey Bacon	2 ea	85	50	1.00	220	0.00	0.00	3.00	0.00	10	0.00	0.00	4.00	*N/A*	0.0	0.00	0.00
000801 Veggie Breakfast Sausage Patty	1 ea	5	70	0.00	250	1.00	0.00	2.50	0.00	0	4.00	1.00	9.00	*N/A*	0.0	0.00	1.80
990639 WG French Toast Sticks	2 ea	90	200	1.33	120	6.67	6.67	9.33	0.00	7	22.00	2.67	4.00	*N/A*	33.3	*N/A*	1.13
000673 Fresh Whole Apple	1 ea	90	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999225 ALTERNATE Large Cinnamon Chex	1 ea	1	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00
999224 ALTERNATE Large Cinnamon Toasters Cereal	1 ea	1	240	0.50	300	12.00	12.00	8.00	0.00	0	43.00	3.00	3.00	0	15.0	0.00	45.00
999223 ALTERNATE Large Blueberry Chex	1 ea	1	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
999222 ALTERNATE Large Honey Bunches of Oats	1 ea	7	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			432	2.11	442	36.66	7.05	13.37	0.00	25	59.55	6.73	16.40	*45	*349.9	*8.29	*2.40
% of Calories				4.40%		33.94%	6.53%	27.9%	0.0%		55.1%		15.2%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Tuesday - 11/17/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001128 Turkey Sausage Patty	1 ea	93	80	2.00	95	0.00	0.00	6.00	0.00	30	0.00	0.00	7.00	*N/A*	*N/A*	0.00	*N/A*
000801 Veggie Breakfast Sausage Patty	1 ea	2	70	0.00	250	1.00	0.00	2.50	0.00	0	4.00	1.00	9.00	*N/A*	0.0	0.00	1.80
000455 Whole Grain Biscuit	1 ea	95	187	5.90	305	1.96	1.96	8.84	0.00	0	23.58	1.96	3.93	*N/A*	157.2	0.00	0.98
000604 Hot Sauce	1 ea	95	2	0.00	92	0.00	0.00	0.00	0.00	0	0.00	0.30	0.00	*N/A*	0.0	0.00	0.00
990470 Fresh Orange	1 ea	100	86	0.03	0	17.20	0.00	0.22	0.00	0	21.62	4.42	1.73	0	73.6	97.89	0.18
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999225 ALTERNATE Large Cinnamon Chex	1 ea	2	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00
999224 ALTERNATE Large Cinnamon Toasters Cereal	1 ea	1	240	0.50	300	12.00	12.00	8.00	0.00	0	43.00	3.00	3.00	0	15.0	0.00	45.00
999223 ALTERNATE Large Blueberry Chex	1 ea	1	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
999222 ALTERNATE Large Honey Bunches of Oats	1 ea	1	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
999204 ALTERNATE Veggie Breakfast Sausage Patty	1 ea	0	70	0.00	250	1.00	0.00	2.50	0.00	0	4.00	1.00	9.00	*N/A*	0.0	0.00	1.80
Weighted Daily Average			452	7.51	599	32.15	2.44	16.16	0.00	38	58.79	6.73	20.47	*45	*536.3	*98.88	*2.51
% of Calories				14.95 %		28.45%	2.16%	32.2%	0.0%		52.0%		18.1%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Wednesday - 11/18/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000001 Whole Wheat Bagel	1 ea	95	150	0.00	290	5.00	4.00	1.00	0.00	0	30.00	4.00	6.00	*N/A*	0.0	0.00	0.00
990427 Light Cream Cheese	1 ea	95	51	3.04	142	1.01	0.00	4.56	0.00	15	2.02	0.00	0.38	*N/A*	*N/A*	0.00	0.00
000603 Grape Jelly	1 ea	95	35	0.00	0	9.00	8.00	0.00	0.00	0	9.00	0.00	0.00	*N/A*	0.0	0.00	0.00
999300 Honeydew & Cantaloupe	8 oz	100	130	0.17	63	29.72	*0.00	0.61	0.00	0	32.08	3.16	2.57	*N/A*	27.9	101.73	0.71
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999225 ALTERNATE Large Cinnamon Chex	1 ea	2	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00
999224 ALTERNATE Large Cinnamon Toasters Cereal	1 ea	1	240	0.50	300	12.00	12.00	8.00	0.00	0	43.00	3.00	3.00	0	15.0	0.00	45.00
999223 ALTERNATE Large Blueberry Chex	1 ea	1	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
999222 ALTERNATE Large Honey Bunches of Oats	1 ea	1	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			464	3.07	602	57.03	*11.97	7.81	0.00	24	85.75	7.10	16.94	*45	*341.2	*102.72	*2.07
% of Calories				5.95%		49.16%	*10.32 %	15.1%	0.0%		73.9%		14.6%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Thursday - 11/19/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990703 Nonfat Yogurt Cup	1 ea/4oz	90	82	0.00	69	12.00	7.00	0.00	0.00	0	16.00	0.00	3.00	*N/A*	312.5	0.30	0.00
000464 Brown Sugar Oatmeal	4 oz	90	117	0.25	51	11.28	*10.78	1.50	0.00	0	24.31	2.00	2.52	*0	11.5	0.00	0.98
990956 Cinnamon Apples	4 oz	90	91	0.14	29	19.31	*8.89	0.89	0.00	0	22.14	1.51	0.31	*0	*14.8	*0.12	*0.28
000171 100% Orange Juice	4 oz	90	60	0.00	0	11.00	0.00	0.00	0.00	0	14.00	0.00	1.00	*N/A*	10.0	42.00	0.00
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999225 ALTERNATE Large Cinnamon Chex	1 ea	1	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00
999224 ALTERNATE Large Cinnamon Toasters Cereal	1 ea	1	240	0.50	300	12.00	12.00	8.00	0.00	0	43.00	3.00	3.00	0	15.0	0.00	45.00
999223 ALTERNATE Large Blueberry Chex	1 ea	1	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
999222 ALTERNATE Large Honey Bunches of Oats	1 ea	7	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
000673 Fresh Whole Apple	1 ea	10	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
Weighted Daily Average			446	0.37	267	63.72	*25.06	4.20	0.00	10	88.25	3.95	14.72	*45	*625.1	*39.77	*2.24
% of Calories				0.75%		57.15%	*22.48 %	8.5%	0.0%		79.1%		13.2%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Friday - 11/20/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990855 Apple Cinnamon Bread	1 mini loaf	95	269	1.27	255	25.11	*20.58	7.81	*0.00	27	46.05	2.37	4.18	*0	*83.3	*5.32	*1.68
000882 Hard Boiled Egg	1 ea	95	78	1.63	62	0.56	0.00	5.30	0.00	186	0.56	0.00	6.29	*N/A*	25.0	0.00	0.60
000604 Hot Sauce	1 ea	95	2	0.00	92	0.00	0.00	0.00	0.00	0	0.00	0.30	0.00	*N/A*	0.0	0.00	0.00
999300 Honeydew & Cantaloupe	8 oz	100	130	0.17	63	29.72	*0.00	0.61	0.00	0	32.08	3.16	2.57	*N/A*	27.9	101.73	0.71
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999225 ALTERNATE Large Cinnamon Chex	1 ea	2	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00
999224 ALTERNATE Large Cinnamon Toasters Cereal	1 ea	1	240	0.50	300	12.00	12.00	8.00	0.00	0	43.00	3.00	3.00	0	15.0	0.00	45.00
999223 ALTERNATE Large Blueberry Chex	1 ea	1	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
999222 ALTERNATE Large Honey Bunches of Oats	1 ea	1	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			571	2.94	580	67.16	*20.12	14.98	*0.00	213	91.05	5.83	20.83	*45	*444.1	*107.77	*4.23
% of Calories				4.63%		47.05%	*14.09 %	23.6%	*0.0%		63.8%		14.6%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Monday - 11/23/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000001 Whole Wheat Bagel	1 ea	95	150	0.00	290	5.00	4.00	1.00	0.00	0	30.00	4.00	6.00	*N/A*	0.0	0.00	0.00
990427 Light Cream Cheese	1 ea	95	51	3.04	142	1.01	0.00	4.56	0.00	15	2.02	0.00	0.38	*N/A*	*N/A*	0.00	0.00
000603 Grape Jelly	1 ea	95	35	0.00	0	9.00	8.00	0.00	0.00	0	9.00	0.00	0.00	*N/A*	0.0	0.00	0.00
000673 Fresh Whole Apple	1 ea	100	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999225 ALTERNATE Large Cinnamon Chex	1 ea	2	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00
999224 ALTERNATE Large Cinnamon Toasters Cereal	1 ea	1	240	0.50	300	12.00	12.00	8.00	0.00	0	43.00	3.00	3.00	0	15.0	0.00	45.00
999223 ALTERNATE Large Blueberry Chex	1 ea	1	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
999222 ALTERNATE Large Honey Bunches of Oats	1 ea	1	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			429	2.96	541	46.23	11.97	7.50	0.00	24	78.80	8.31	14.85	*45	*324.3	*9.36	*1.58
% of Calories				6.21%		43.10%	11.16%	15.7%	0.0%		73.5%		13.8%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Tuesday - 11/24/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000894 Turkey Bacon & Egg Bake	1 piece	92	105	2.23	222	0.00	0.00	6.68	0.00	206	0.02	0.01	8.91	*0	31.0	*0.00	1.19
000801 Veggie Breakfast Sausage Patty	1 ea	3	70	0.00	250	1.00	0.00	2.50	0.00	0	4.00	1.00	9.00	*N/A*	0.0	0.00	1.80
990826 Whole Grain Croissant	1 ea	95	190	3.00	190	4.00	3.00	7.00	0.00	0	29.00	3.00	5.00	*N/A*	26.0	0.00	1.44
000603 Grape Jelly	1 ea	95	35	0.00	0	9.00	8.00	0.00	0.00	0	9.00	0.00	0.00	*N/A*	0.0	0.00	0.00
990470 Fresh Orange	1 ea	95	86	0.03	0	17.20	0.00	0.22	0.00	0	21.62	4.42	1.73	0	73.6	97.89	0.18
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999225 ALTERNATE Large Cinnamon Chex	1 ea	2	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00
999224 ALTERNATE Large Cinnamon Toasters Cereal	1 ea	1	240	0.50	300	12.00	12.00	8.00	0.00	0	43.00	3.00	3.00	0	15.0	0.00	45.00
999223 ALTERNATE Large Blueberry Chex	1 ea	1	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
999222 ALTERNATE Large Honey Bunches of Oats	1 ea	1	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			505	4.95	521	41.78	11.02	14.99	0.00	200	71.46	7.22	23.17	*45	*436.4	*93.98	*4.05
% of Calories				8.82%		33.09%	8.73%	26.7%	0.0%		56.6%		18.4%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Wednesday - 11/25/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Thursday - 11/26/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Friday - 11/27/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Monday - 11/30/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990394 Turkey Bacon	2 ea	85	50	1.00	220	0.00	0.00	3.00	0.00	10	0.00	0.00	4.00	*N/A*	0.0	0.00	0.00
000801 Veggie Breakfast Sausage Patty	1 ea	5	70	0.00	250	1.00	0.00	2.50	0.00	0	4.00	1.00	9.00	*N/A*	0.0	0.00	1.80
990639 WG French Toast Sticks	2 ea	90	200	1.33	120	6.67	6.67	9.33	0.00	7	22.00	2.67	4.00	*N/A*	33.3	*N/A*	1.13
000673 Fresh Whole Apple	1 ea	90	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999225 ALTERNATE Large Cinnamon Chex	1 ea	1	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00
999224 ALTERNATE Large Cinnamon Toasters Cereal	1 ea	1	240	0.50	300	12.00	12.00	8.00	0.00	0	43.00	3.00	3.00	0	15.0	0.00	45.00
999223 ALTERNATE Large Blueberry Chex	1 ea	1	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
999222 ALTERNATE Large Honey Bunches of Oats	1 ea	7	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			432	2.11	442	36.66	7.05	13.37	0.00	25	59.55	6.73	16.40	*45	*349.9	*8.29	*2.40
% of Calories				4.40%		33.94%	6.53%	27.9%	0.0%		55.1%		15.2%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Tuesday - 12/01/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000001 Whole Wheat Bagel	1 ea	90	150	0.00	290	5.00	4.00	1.00	0.00	0	30.00	4.00	6.00	*N/A*	0.0	0.00	0.00
990427 Light Cream Cheese	1 ea	90	51	3.04	142	1.01	0.00	4.56	0.00	15	2.02	0.00	0.38	*N/A*	*N/A*	0.00	0.00
000886 Strawberry Jelly	1 ea	90	35	0.00	0	9.00	8.00	0.00	0.00	0	9.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
990470 Fresh Orange	1 ea	100	86	0.03	0	17.20	0.00	0.22	0.00	0	21.62	4.42	1.73	0	73.6	97.89	0.18
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999225 ALTERNATE Large Cinnamon Chex	1 ea	1	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00
999224 ALTERNATE Large Cinnamon Toasters Cereal	1 ea	1	240	0.50	300	12.00	12.00	8.00	0.00	0	43.00	3.00	3.00	0	15.0	0.00	45.00
999223 ALTERNATE Large Blueberry Chex	1 ea	1	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
999222 ALTERNATE Large Honey Bunches of Oats	1 ea	7	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			419	2.78	522	44.31	11.85	7.23	0.00	24	75.47	8.37	16.00	*45	*383.7	*98.65	*1.27
% of Calories				5.97%		42.30%	11.31%	15.5%	0.0%		72.0%		15.3%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Wednesday - 12/02/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001128 Turkey Sausage Patty	1 ea	90	80	2.00	95	0.00	0.00	6.00	0.00	30	0.00	0.00	7.00	*N/A*	*N/A*	0.00	*N/A*
000801 Veggie Breakfast Sausage Patty	1 ea	90	70	0.00	250	1.00	0.00	2.50	0.00	0	4.00	1.00	9.00	*N/A*	0.0	0.00	1.80
000455 Whole Grain Biscuit	1 ea	90	187	5.90	305	1.96	1.96	8.84	0.00	0	23.58	1.96	3.93	*N/A*	157.2	0.00	0.98
000886 Strawberry Jelly	1 ea	90	35	0.00	0	9.00	8.00	0.00	0.00	0	9.00	0.00	0.00	*N/A*	0.0	*N/A*	0.00
999300 Honeydew & Cantaloupe	8 oz	100	130	0.17	63	29.72	*0.00	0.61	0.00	0	32.08	3.16	2.57	*N/A*	27.9	101.73	0.71
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999225 ALTERNATE Large Cinnamon Chex	1 ea	1	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00
999224 ALTERNATE Large Cinnamon Toasters Cereal	1 ea	1	240	0.50	300	12.00	12.00	8.00	0.00	0	43.00	3.00	3.00	0	15.0	0.00	45.00
999223 ALTERNATE Large Blueberry Chex	1 ea	1	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
999222 ALTERNATE Large Honey Bunches of Oats	1 ea	7	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			585	7.29	781	54.08	*10.02	18.24	0.00	37	81.93	6.18	29.03	*45	*479.5	*102.49	*4.30
% of Calories				11.22 %		36.98%	*6.85%	28.1%	0.0%		56.0%		19.8%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Thursday - 12/03/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990703 Nonfat Yogurt Cup	1 ea/4oz	90	82	0.00	69	12.00	7.00	0.00	0.00	0	16.00	0.00	3.00	*N/A*	312.5	0.30	0.00
000464 Brown Sugar Oatmeal	4 oz	90	117	0.25	51	11.28	*10.78	1.50	0.00	0	24.31	2.00	2.52	*0	11.5	0.00	0.98
990956 Cinnamon Apples	4 oz	90	91	0.14	29	19.31	*8.89	0.89	0.00	0	22.14	1.51	0.31	*0	*14.8	*0.12	*0.28
000171 100% Orange Juice	4 oz	90	60	0.00	0	11.00	0.00	0.00	0.00	0	14.00	0.00	1.00	*N/A*	10.0	42.00	0.00
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999225 ALTERNATE Large Cinnamon Chex	1 ea	1	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00
999224 ALTERNATE Large Cinnamon Toasters Cereal	1 ea	1	240	0.50	300	12.00	12.00	8.00	0.00	0	43.00	3.00	3.00	0	15.0	0.00	45.00
999223 ALTERNATE Large Blueberry Chex	1 ea	1	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
999222 ALTERNATE Large Honey Bunches of Oats	1 ea	7	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
000673 Fresh Whole Apple	1 ea	10	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
Weighted Daily Average			446	0.37	267	63.72	*25.06	4.20	0.00	10	88.25	3.95	14.72	*45	*625.1	*39.77	*2.24
% of Calories				0.75%		57.15%	*22.48 %	8.5%	0.0%		79.1%		13.2%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

Friday - 12/04/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000672 Pumpkin Spice Bread	4 wt oz	90	314	1.61	295	25.76	*24.70	9.77	*0.00	34	52.04	3.63	5.56	*0	*104.2	*1.38	*2.31
000882 Hard Boiled Egg	1 ea	90	78	1.63	62	0.56	0.00	5.30	0.00	186	0.56	0.00	6.29	*N/A*	25.0	0.00	0.60
000604 Hot Sauce	1 ea	90	2	0.00	92	0.00	0.00	0.00	0.00	0	0.00	0.30	0.00	*N/A*	0.0	0.00	0.00
999300 Honeydew & Cantaloupe	8 oz	100	130	0.17	63	29.72	*0.00	0.61	0.00	0	32.08	3.16	2.57	*N/A*	27.9	101.73	0.71
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
999225 ALTERNATE Large Cinnamon Chex	1 ea	1	230	0.50	340	12.00	12.00	5.00	0.00	0	46.00	3.00	3.00	*N/A*	325.0	23.00	27.00
999224 ALTERNATE Large Cinnamon Toasters Cereal	1 ea	1	240	0.50	300	12.00	12.00	8.00	0.00	0	43.00	3.00	3.00	0	15.0	0.00	45.00
999223 ALTERNATE Large Blueberry Chex	1 ea	1	240	0.50	320	11.00	11.00	5.00	0.00	0	46.00	1.00	3.00	*N/A*	325.0	23.00	32.00
999222 ALTERNATE Large Honey Bunches of Oats	1 ea	7	210	0.00	130	11.00	10.00	2.50	0.00	0	45.00	4.00	4.00	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			605	3.10	601	67.00	*23.28	16.19	*0.00	208	96.35	7.05	21.75	*45	*454.3	*103.73	*4.41
% of Calories				4.61%		44.30%	*15.39 %	24.1%	*0.0%		63.7%		14.4%				
Weekly Nutrient Guideline			450 - 500	<10	<=540		<10										

		Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		4674	31.19	5027	437.08	*99.67	122.59	*0.00	1281	708.19	79.14	188.32	*469	*4100.7	*572.91	*30.83
% of Calories			6.01%		37.41%	*8.53%	23.6%	*0.0%		60.6%		16.1%				

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**
**** - denotes combined nutrient totals with either missing or incomplete nutrient data***
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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