Middle School

November 2026

ONE TABLE

	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Comfort Kitchen			Turkey Tacos al Pastor w/ Avocado Crema Grilled Cheese Sandwich w/ Creamy Tomato Basil Soup (v) Aztec Corn & Black Beans Lettuce & Tomato	**BYO Baked Potato Bar** Baked Potato w/ Turkey Chili, Veggie Chili (v), or Cheese Sauce (v) Garlic Knots Roasted Broccoli Shredded Cheddar Sour Cream	Beef & Cheese Nachos w/ Salsa Cheese Pizza (v) Collard Greens **National Nacho Day!**
Block Party			Red Chile Chicken w/ Tortillas Green Beans	Cheese Quesadilla (v) Elote Corn Sour Cream Salsa	Dominican Chimi Burger w/ Burger Toppings Yuca Fries
Corner Deli			Sunbutter & Jelly Sandwich (v)	Hearty Garden Salad w/ Tortilla Chips (v)	Turkey & Cheese Sub Mayo, Mustard
From the Garden			Pineapple Tidbits Blueberries Caesar Side Salad Baby Carrots	Banana Apple Slices Super Side Salad Celery Sticks	Fresh Apple Grapes Super Salad Baby Carrots

OFFERED DAILY

Non fat white milk
Low-fat 1% white milk

DRESSINGS

Italian, Ranch

All grain products are whole grain rich.
(v) denotes vegetarian choices (includes milk and eggs) and (ve) denotes vegan choices. (f) denotes a choice that contains fish. Locally Sourced items offered daily.
This menu is subject to change and based upon product availability. Additional nutrition information available upon request.

USDA is an equal opportunity provider, employer, and lender.

Middle School

November 2026

ONE TABLE

	Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Comfort Kitchen	Turkey Hot Dog Cheese-filled Breadsticks w/ Marinara (v) Roasted Broccoli Ketchup, Mustard	Spaghetti w/ Turkey Marinara & Garlic Knot Baked Penne w/ Garlic Knot (v) Green Beans	**Veterans Day** **No School**	**Shoyu Chicken Potsticker Soup with Bok Choy & Corn** Cheese Pizza (v) Citrus Carrots	Crispy Pollock Nuggets w/ Spiral Fries (f) Plant-Based Chik'n Nuggets w/ Dinner Roll (v) Roasted Broccoli
Block Party	Beef Crunchy Tacos or Bean Tacos (v) Cilantro Lime Rice Roasted Corn Salsa Lettuce Tomato	**BYO Nacho Bar** Tortilla Chips Tinga Chicken Pinto Beans (ve) Jalapeno Cheese Sauce (v) Salsa Jalapenos Diced Tomato Sour Cream		Haitian Chicken Drumstick w/ Jollof Rice & Flatbread Roasted Sweet Potatoes	Cheese Quesadilla (v) Frijoles a la Charro Salsa Sour Cream
Corner Deli	Turkey "Ham" & Cheese Sandwich	Sunbutter & Jelly Sandwich (ve)		Southwest Chicken Caesar Salad (f) w/ Tortilla Chips	Spicy Turkey Sub
From the Garden	Orange Slices Grapes Baby Carrots Garden Side Salad	Apple Slices Blueberries Caesar Side Salad Celery Sticks		Apple Slices Orange Slices Cucumbers Caesar Side Salad	Fresh Banana Grapes Tomato Corn & Cilantro Salad Super Side Salad

OFFERED DAILY

Non fat white milk
Low-fat 1% white milk

DRESSINGS

Italian, Ranch

Check out October's BiteScience Featured Lunch!

- Calcium from Bok Choy helps build strong bones!

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Middle School

November 2026

ONE TABLE

	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Comfort Kitchen	Chicken Tenders w/ Breadstick Grilled Cheese Sandwich w/ Creamy Tomato Basil Soup (v) Roasted Broccoli Ketchup, BBQ	Spaghetti & Turkey Marinara w/ Breadstick Macaroni & Cheese w/ Breadstick (v) Collard Greens	Hot Honey Turkey Pepperoni Pizza Cheese Pizza (v) Green Peas	**Turkey & Gravy w/ Corn Bread** **Mac & Cheese w/ Corn Bread** **Roasted Sweet Potatoes** **Green Beans** Thanksgiving Meal	Buffalo Chicken Pizza Cheese Quesadilla (v) Roasted Zucchini
Block Party	Jamaican Jerk Chicken Drumstick w/ Cilantro Lime Rice Seasoned Black Beans	Brazillian Steak Sandwich Potato Wedges	Quebec Pea Soup w/ Breadsticks	Chicken Meatballs in Marinara w/ Spaghetti & Breadstick Roasted Broccoli	Beef Crunchy Tacos w/ Cilantro Lime Rice Roasted Mexican Corn Salsa Sour Cream
Corner Deli	Sunbutter & Jelly Sandwich (ve)	Chef Salad w/ Tortilla Chips	Chicken Caesar Salad w/ Breadsticks (f)	Turkey “Ham” & Cheese Sandwich	Sunbutter & Jelly Sandwich (ve)
From the Garden	Pears Fresh Apple Slices Baby Carrots Super Salad	Pineapple Green Apples Red Bell Pepper Strips Side Garden Salad	Orange Slices Diced Pears Tomato & Cucumber Salad Caesar Side Salad	Tangerines Blueberries Kale Salad Carrots & Celery Sticks	Banana Orange Slices Caesar Side Salad Cucumber Slices

OFFERED DAILY

Non fat white milk
Low-fat 1% white milk

DRESSINGS

Italian, Ranch

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Middle School

November 2026

ONE TABLE

	Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
Comfort Kitchen	Breaded Chicken Drumstick & Waffle w/ Syrup Broccoli & Cheese Baked Potato w/ Garlic Knot (v) Green Peas	Pollock Nuggets (f) w/ Dinner Roll Cheese Pizza (v) Roasted Broccoli Ketchup	**No**		**School**
Block Party	Sofrito Black Beans w/ Cilantro Lime Rice (ve) Plantains	Jerk Chicken Quesadilla w/ Salsa Mexican Roasted Sweet Potatoes			
Corner Deli	Sunbutter & Jelly Sandwich (ve)	Chicken Caesar Salad w/ Tortilla Chips			
From the Garden	Grapes Blueberries Baby Carrots Super Salad	Apple Slices Diced Pears Celery Sticks Kale Salad			

OFFERED DAILY

Non fat white milk
Low-fat 1% white milk

DRESSINGS

Italian, Ranch

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Middle School

November/December 2026

ONE TABLE

	Monday 30	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
Comfort Kitchen	Chicken Sausage & Pancake Wrap on a Stick Plant-Based Chik'n & Waffles (v) Syrup Sweet Potato Fries	Buffalo Chicken Pizza Cheese Pizza (v) Green Beans	Steak & Cheese Sub Cheesy Breadsticks w/ Marinara (v) Green Peas	Turkey Pepperoni Pizza Cheese Pizza (v) Roasted Zucchini	Spicy Chicken Sandwich Veggie Burger (v) Burger Toppings Tater Tots Ketchup, Mustard
Block Party	Chicken Quesadilla Cheese Quesadilla (v) Sour Cream Salsa Aztec Black Beans & Corn	Beef Tot-chos w/ Breadsticks Plant-based Tot-chos w/ Breadsticks (v) Salsa Elote Corn	Arroz con Pollo w/ Crispy Tortilla Strips Refried Beans	**BYO Nacho Bar** Tortilla Chips Tinga Chicken Pinto Beans (ve) Jalapeno Cheese Sauce (v) Salsa Jalapenos Diced Tomato Sour Cream	Sweet & Sour Chicken w/ Fried Rice Broccoli & Carrot Stir Fry
Corner Deli	Sunbutter & Jelly Sandwich (ve)	Southwest Chicken Caesar Salad w/ Breadstick (f)	Sunbutter & Jelly Sandwich (ve)	Chef Salad w/ Tortilla Chips	Turkey & Cheese Sandwich
From the Garden	Pears Orange Slices Tomato & Cucumber Salad Super Salad	Grapes Red Apple Red Pepper Strips Super Salad	Banana Blueberries Baby Carrots Super Salad	Apples Tangerines Celery Sticks Super Salad	Orange Slices Diced Peaches Celery Sticks Kale Salad

National Eat a Red Apple Day!

OFFERED DAILY

Non fat white milk
Low-fat 1% white milk

DRESSINGS

Italian, Ranch

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