SERVING AWARD-WINNING FOOD THAT KIDS LOVE. WWW.DCCENTRALKITCHEN.ORG FOLLOW US ON SOCIAL MEDIA!

November Supper Menu

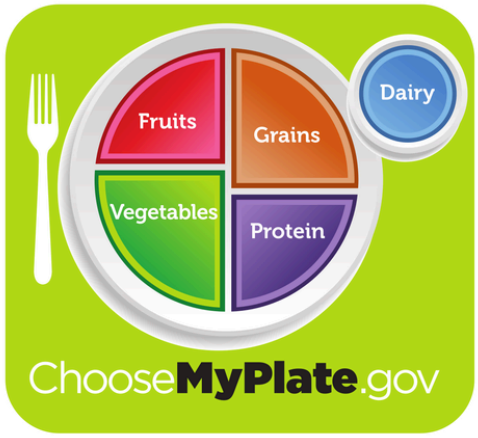
DCPS ECE SUPPER

What do the colors on the menu mean?
GREEN = locally-sourced
* = vegetarian entree

All grains served are whole grain rich
Student's choice of skim or 1% milk provided at every meal.

Menu subject to change based on availability

USDA is an equal opportunity provider, employer, and lender.



Healthy Meals for Active Students!
All supper meals, include at least three of the five food groups on MyPlate: grains, protein, fruits, vegetables, and diary.

Monday	Tuesday	Wednesday	Thursday	Friday
2 no school	3 no school	4 turkey ham & cheese stackables baby carrots ranch dressing chilled pears	5 Pasta Salad With Chicken & Corn applesauce	6 tuna salad wheat crackers cucumber coins ranch dressing fruit salad
9 turkey & cheese on a hoagie mayo mustard cucumber coins ranch dressing orange wedges	10 sweet chili chicken whole wheat bun soy citrus kale slaw chilled peaches	11 no school	12 chicken salad croissant ranch dressing cucumber coins applesauce	13 whole grain flatbread shredded mozzarella tomato sauce fruit salad
16 sunbutter & jelly sandwich cheese stick lemon garlic kale salad orange wedges	17 bbq chicken whole wheat bun ranch dressing chilled peaches cucumber coins	18 turkey ham & cheese stackables baby carrots ranch dressing cucumber coins chilled pears	19 Pasta Salad with Turkey Ham & Broccoli applesauce	20 tuna salad wheat crackers cucumber coins ranch dressing fruit salad
23 turkey & cheese on a hoagie mayo mustard ranch dressing orange wedges cucumber coins	24 hot honey chicken thigh whole wheat bun lemon parmesan kale chilled peaches	25 no school	26 no school	27 no school
30 sunbutter & jelly sandwich cheese stick cucumber coins ranch dressing orange wedges	1 buffalo chicken whole wheat bun ranch dressing chilled peaches cucumber coins	2 turkey ham & cheese stackables lemon garlic kale salad chilled pears	3 Pasta Salad With Chicken & Corn applesauce	4 tuna salad wheat crackers ranch dressing fruit salad cucumber coins

Base Menu Spreadsheet

DC Central Kitchen

Portion Values

Nov 2, 2026 thru Dec 4, 2026

Menu Name: DCPS Supper

Include Cost: No

Site:

Use Alternate Menu Name: No

Monday - 11/02/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Tuesday - 11/03/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Wednesday - 11/04/2026 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999013 Turkey Ham & Cheese Stackables	1 ea	100	321	6.31	762	2.00	1.00	14.59	0.00	50	28.50	3.00	20.09	*N/A*	236.5	*N/A*	1.85
000151 Baby Carrots	4 oz	100	25	0.01	55	*N/A*	*N/A*	0.08	0.00	0	5.73	2.03	0.44	*N/A*	22.3	1.86	0.63
999062 Ranch Dressing Packet	1 ea	100	45	0.50	110	1.00	0.00	4.50	0.00	5	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*
990261 Chilled Pears	4 oz	100	82	0.00	7	13.73	0.00	0.00	0.00	0	20.59	4.12	0.00	*N/A*	13.7	2.20	0.00
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
990261 Chilled Pears	4 oz	0	82	0.00	7	13.73	0.00	0.00	0.00	0	20.59	4.12	0.00	*N/A*	13.7	2.20	0.00
Weighted Daily Average			572	6.82	1048	*29.20	*1.00	20.83	0.00	65	68.26	9.15	28.68	*45	*576.0	*4.36	*2.53
% of Calories				10.73 %		*20.42 %	*0.70%	32.8%	0.0%		47.7%		20.1%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Thursday - 11/05/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999303 TEST Pasta Salad With Chicken & Corn	8oz	100	690	11.61	861	5.28	*1.81	47.33	0.00	94	41.12	5.22	30.59	*0	*232.4	*30.66	*2.11
000673 Fresh Whole Apple	1 ea	100	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000230 1% Lowfat Milk	8 oz	49	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000231 Skim Milk	8 oz	49	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
999093 Original Soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
001084 Applesauce Cup	1 ea	1	60	0.00	10	12.00	0.00	0.00	0.00	0	13.00	2.00	0.00	*N/A*	0.0	60.00	0.00
Weighted Daily Average			882	11.66	981	36.64	*1.91	48.87	0.00	102	78.98	9.63	39.18	*74	*545.8	*40.12	*2.38
% of Calories				11.90 %		16.62%	*0.87%	49.9%	0.0%		35.8%		17.8%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Friday - 11/06/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999200 Tuna Salad	3 oz	100	195	2.18	311	0.23	*0.00	12.56	0.00	39	0.66	0.26	20.04	*0	4.4	0.46	0.40
999075 Whole Grain Wheat Crackers	1 ea	100	110	0.50	160	2.00	2.00	3.50	0.00	0	19.00	2.00	2.00	*N/A*	5.0	*N/A*	5.00
000033 Cucumber Coins	4 oz	100	11	0.03	1	1.22	0.00	0.08	0.00	0	2.66	0.37	0.48	0	11.7	2.05	0.20
000372 House Ranch Dressing	1 oz	100	71	2.12	103	1.69	*0.83	6.48	0.00	11	1.90	0.06	0.71	*0	22.8	1.22	0.04
999302 Honeydew & Cantaloupe	4 oz	100	65	0.08	32	14.86	*0.00	0.31	0.00	0	16.04	1.58	1.28	*N/A*	13.9	50.86	0.35
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
000033 Cucumber Coins	4 oz	0	11	0.03	1	1.22	0.00	0.08	0.00	0	2.66	0.37	0.48	0	11.7	2.05	0.20
Weighted Daily Average			551	4.91	721	32.47	*2.83	24.59	0.00	59	52.69	4.27	32.66	*45	361.2	*54.90	6.04
% of Calories				8.02%		23.57%	*2.05%	40.2%	0.0%		38.3%		23.7%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Monday - 11/09/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals[1] (kcal)	S-Fat[1] (g)	Sodm[1] (mg)	Total Sugars (g)	Added Sugars[1] (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999278 Deli Turkey & Cheese on Hoagie	1 ea	100	286	5.56	647	2.00	2.00	11.34	0.00	43	27.00	3.00	21.59	*N/A*	266.5	*0.00	2.80
000652 Light Mayonnaise	1 ea	100	30	1.50	110	0.00	0.00	3.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	0.00	0.00
000557 Mustard	1 ea	100	0	0.00	84	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
000033 Cucumber Coins	4 oz	100	11	0.03	1	1.22	0.00	0.08	0.00	0	2.66	0.37	0.48	0	11.7	2.05	0.20
000372 House Ranch Dressing	1 oz	100	71	2.12	103	1.69	*0.83	6.48	0.00	11	1.90	0.06	0.71	*0	22.8	1.22	0.04
000135 Orange Wedges	3 ea	100	43	0.01	0	8.60	0.00	0.11	0.00	0	10.81	2.21	0.86	0	36.8	48.94	0.09
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			540	9.22	1060	25.99	*2.83	22.67	0.00	63	54.80	5.63	31.80	*45	641.3	*52.52	3.18
% of Calories				15.37 %		19.25%	*2.10%	37.8%	0.0%		40.6%		23.6%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Tuesday - 11/10/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999281 Sweet Chili Chicken Thigh	1 ea	100	186	1.12	282	6.99	*6.98	5.38	0.00	102	10.01	0.02	21.36	*0	*6.0	*0.00	*1.64
999231 Whole Wheat Bun	1 ea	100	139	0.50	269	1.99	1.99	1.99	0.00	0	26.86	2.98	5.97	*N/A*	19.9	0.00	1.43
000994 Soy Citrus Kale Slaw	8 oz	100	92	0.82	344	4.00	*N/A*	5.88	*0.00	0	7.86	2.70	2.26	*N/A*	*140.1	*50.96	*1.02
999050 Fresh Grapes	4 oz	100	61	0.10	2	14.74	0.00	0.32	0.00	0	15.56	0.82	0.57	*N/A*	12.7	3.63	0.26
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000784 Chilled Peaches	4 oz	0	80	0.00	7	14.63	0.00	0.00	0.00	0	17.29	1.33	0.00	*N/A*	12.0	*N/A*	0.00
Weighted Daily Average			577	2.54	1011	40.19	*8.97	15.23	*0.00	112	72.72	6.52	38.32	*45	*482.1	*54.89	*4.40
% of Calories				3.96%		27.86%	*6.22%	23.8%	*0.0%		50.4%		26.6%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Wednesday - 11/11/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Thursday - 11/12/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000669 Chicken Salad	3 oz	100	188	1.94	283	0.23	*0.00	12.61	0.00	63	0.73	0.21	17.74	*0	8.3	2.23	0.38
990826 Whole Grain Croissant	1 ea	100	190	3.00	190	4.00	3.00	7.00	0.00	0	29.00	3.00	5.00	*N/A*	26.0	0.00	1.44
000151 Baby Carrots	4 oz	100	25	0.01	55	*N/A*	*N/A*	0.08	0.00	0	5.73	2.03	0.44	*N/A*	22.3	1.86	0.63
000372 House Ranch Dressing	1 oz	100	71	2.12	103	1.69	*0.83	6.48	0.00	11	1.90	0.06	0.71	*0	22.8	1.22	0.04

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000673 Fresh Whole Apple	1 ea	100	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000230 1% Lowfat Milk	8 oz	49	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
000231 Skim Milk	8 oz	49	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
000033 Cucumber Coins	4 oz	1	11	0.03	1	1.22	0.00	0.08	0.00	0	2.66	0.37	0.48	0	11.7	2.05	0.20
001084 Applesauce Cup	1 ea	1	60	0.00	10	12.00	0.00	0.00	0.00	0	13.00	2.00	0.00	*N/A*	0.0	60.00	0.00
Weighted Daily Average			666	7.13	751	*37.29	*3.93	27.72	0.00	82	75.25	9.71	32.48	*74	392.9	*14.80	2.76
% of Calories				9.64%		*22.40 %	*2.36%	37.5%	0.0%		45.2%		19.5%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Friday - 11/13/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990273 Whole Grain Flatbread	1 ea	100	180	1.00	330	2.00	1.00	5.00	0.00	0	28.00	3.00	6.00	*N/A*	30.0	*N/A*	1.50
001025 Shredded Mozzarella	4 oz	100	162	7.09	344	2.02	0.00	12.15	0.00	30	2.02	*N/A*	14.18	*N/A*	415.1	*N/A*	*N/A*
990962 Canned Tomato Sauce	4 oz	100	39	0.00	138	3.61	*N/A*	0.00	0.00	0	9.86	1.97	0.00	*N/A*	0.0	4.73	1.42
999302 Honeydew & Cantaloupe	4 oz	100	65	0.08	32	14.86	*0.00	0.31	0.00	0	16.04	1.58	1.28	*N/A*	13.9	50.86	0.35
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			545	8.17	958	34.97	*1.00	19.12	0.00	40	68.36	*6.55	29.61	*45	762.5	*55.89	*3.32
% of Calories				13.49 %		25.67%	*0.73%	31.6%	0.0%		50.2%		21.7%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Monday - 11/16/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990909 Sunbutter & Jelly Sandwich 1 M/MA	1 ea	100	440	2.00	410	30.00	21.00	18.00	0.00	0	61.00	7.00	23.28	*N/A*	146.0	0.00	2.88
999091 Colby Jack Cheese Stick	1 ea	100	110	6.00	190	0.00	0.00	9.00	0.00	25	0.00	0.00	7.00	*N/A*	200.0	*N/A*	0.00
990779 Lemon Garlic Kale Salad	8 oz	100	182	2.54	268	0.67	*0.00	17.87	0.00	0	3.55	2.25	1.70	*0	*130.9	*48.82	*0.88
000135 Orange Wedges	3 ea	100	43	0.01	0	8.60	0.00	0.11	0.00	0	10.81	2.21	0.86	0	36.8	48.94	0.09
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			874	10.55	982	51.75	*21.00	46.64	0.00	35	87.79	11.45	41.00	*45	*817.1	*98.06	*3.90
% of Calories				10.86 %		23.68%	*9.61%	48.0%	0.0%		40.2%		18.8%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Tuesday - 11/17/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999280 BBQ Chicken Thigh	1 ea	100	171	0.97	253	6.40	5.82	4.36	0.00	102	7.56	0.00	21.33	*0	1.2	*0.00	1.55
999231 Whole Wheat Bun	1 ea	100	139	0.50	269	1.99	1.99	1.99	0.00	0	26.86	2.98	5.97	*N/A*	19.9	0.00	1.43
000150 Celery Sticks	4 oz	100	10	0.03	59	1.00	*N/A*	0.13	0.00	0	2.21	1.19	0.51	*N/A*	29.7	2.30	0.15
000372 House Ranch Dressing	1 oz	100	71	2.12	103	1.69	*0.83	6.48	0.00	11	1.90	0.06	0.71	*0	22.8	1.22	0.04
999050 Fresh Grapes	4 oz	100	61	0.10	2	14.74	0.00	0.32	0.00	0	15.56	0.82	0.57	*N/A*	12.7	3.63	0.26
000230 1% Lowfat Milk	8 oz	49	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
000231 Skim Milk	8 oz	49	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
999093 Original Soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
000784 Chilled Peaches	4 oz	1	80	0.00	7	14.63	0.00	0.00	0.00	0	17.29	1.33	0.00	*N/A*	12.0	*N/A*	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000033 Cucumber Coins	4 oz	1	11	0.03	1	1.22	0.00	0.08	0.00	0	2.66	0.37	0.48	0	11.7	2.05	0.20
Weighted Daily Average			550	3.72	805	38.30	*8.74	14.51	0.00	121	66.88	5.08	37.21	*74	388.9	*7.67	3.48
% of Calories				6.09%		27.85%	*6.36%	23.7%	0.0%		48.6%		27.1%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Wednesday - 11/18/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999013 Turkey Ham & Cheese Stackables	1 ea	100	321	6.31	762	2.00	1.00	14.59	0.00	50	28.50	3.00	20.09	*N/A*	236.5	*N/A*	1.85
000151 Baby Carrots	4 oz	100	25	0.01	55	*N/A*	*N/A*	0.08	0.00	0	5.73	2.03	0.44	*N/A*	22.3	1.86	0.63
000372 House Ranch Dressing	1 oz	100	71	2.12	103	1.69	*0.83	6.48	0.00	11	1.90	0.06	0.71	*0	22.8	1.22	0.04
000884 Fresh Pear	1 ea	100	101	0.04	2	17.36	0.00	0.25	0.00	0	27.11	5.52	0.64	*N/A*	16.0	7.65	0.32
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
000033 Cucumber Coins	4 oz	1	11	0.03	1	1.22	0.00	0.08	0.00	0	2.66	0.37	0.48	0	11.7	2.05	0.20

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990261 Chilled Pears	4 oz	1	82	0.00	7	13.73	0.00	0.00	0.00	0	20.59	4.12	0.00	*N/A*	13.7	2.20	0.00
Weighted Daily Average			618	8.48	1036	*33.67	*1.83	23.06	0.00	71	75.90	10.65	30.04	*45	601.3	*11.08	2.89
% of Calories				12.35 %		*21.79 %	*1.18%	33.6%	0.0%		49.1%		19.4%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Thursday - 11/19/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999301 TEST Pasta Salad with Turkey Ham & Broccoli	8oz	100	357	7.19	669	5.92	*0.83	19.19	0.00	59	30.43	*6.30	22.29	*0	*294.0	*85.28	*2.19
000673 Fresh Whole Apple	1 ea	100	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000230 1% Lowfat Milk	8 oz	49	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
000231 Skim Milk	8 oz	49	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
999093 Original Soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
001084 Applesauce Cup	1 ea	1	60	0.00	10	12.00	0.00	0.00	0.00	0	13.00	2.00	0.00	*N/A*	0.0	60.00	0.00
Weighted Daily Average			549	7.24	790	37.28	*0.93	20.73	0.00	67	68.29	*10.71	30.87	*74	*607.4	*94.74	*2.45
% of Calories				11.87 %		27.16%	*0.68%	34.0%	0.0%		49.8%		22.5%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Friday - 11/20/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999200 Tuna Salad	3 oz	100	195	2.18	311	0.23	*0.00	12.56	0.00	39	0.66	0.26	20.04	*0	4.4	0.46	0.40
999075 Whole Grain Wheat Crackers	1 ea	100	110	0.50	160	2.00	2.00	3.50	0.00	0	19.00	2.00	2.00	*N/A*	5.0	*N/A*	5.00
000033 Cucumber Coins	4 oz	100	11	0.03	1	1.22	0.00	0.08	0.00	0	2.66	0.37	0.48	0	11.7	2.05	0.20
000372 House Ranch Dressing	1 oz	100	71	2.12	103	1.69	*0.83	6.48	0.00	11	1.90	0.06	0.71	*0	22.8	1.22	0.04
999302 Honeydew & Cantaloupe	4 oz	100	65	0.08	32	14.86	*0.00	0.31	0.00	0	16.04	1.58	1.28	*N/A*	13.9	50.86	0.35
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			551	4.91	721	32.47	*2.83	24.59	0.00	59	52.69	4.27	32.66	*45	361.2	*54.90	6.04
% of Calories				8.02%		23.57%	*2.05%	40.2%	0.0%		38.3%		23.7%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Monday - 11/23/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999278 Deli Turkey & Cheese on Hoagie	1 ea	100	286	5.56	647	2.00	2.00	11.34	0.00	43	27.00	3.00	21.59	*N/A*	266.5	*0.00	2.80
000652 Light Mayonnaise	1 ea	100	30	1.50	110	0.00	0.00	3.00	0.00	0	0.00	0.00	0.00	*N/A*	0.0	0.00	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000557 Mustard	1 ea	100	0	0.00	84	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
000151 Baby Carrots	4 oz	100	25	0.01	55	*N/A*	*N/A*	0.08	0.00	0	5.73	2.03	0.44	*N/A*	22.3	1.86	0.63
000372 House Ranch Dressing	1 oz	100	71	2.12	103	1.69	*0.83	6.48	0.00	11	1.90	0.06	0.71	*0	22.8	1.22	0.04
000135 Orange Wedges	3 ea	100	43	0.01	0	8.60	0.00	0.11	0.00	0	10.81	2.21	0.86	0	36.8	48.94	0.09
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
000033 Cucumber Coins	4 oz	1	11	0.03	1	1.22	0.00	0.08	0.00	0	2.66	0.37	0.48	0	11.7	2.05	0.20
Weighted Daily Average			554	9.21	1113	*24.78	*2.83	22.67	0.00	63	57.90	7.30	31.77	*45	652.0	*52.35	3.61
% of Calories				14.96 %		*17.89 %	*2.04%	36.8%	0.0%		41.8%		22.9%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Tuesday - 11/24/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999249 Hot Honey Chicken Thigh	1 ea	100	209	0.97	373	15.83	*15.82	4.37	0.00	102	16.26	0.12	21.46	*0	2.6	0.14	1.57
999231 Whole Wheat Bun	1 ea	100	139	0.50	269	1.99	1.99	1.99	0.00	0	26.86	2.98	5.97	*N/A*	19.9	0.00	1.43
000993 Lemon Parmesan Kale	8 oz	100	141	2.38	234	1.39	*0.62	13.23	0.00	4	4.11	2.26	3.02	*0	*132.0	*49.85	*0.86

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999050 Fresh Grapes	4 oz	100	61	0.10	2	14.74	0.00	0.32	0.00	0	15.56	0.82	0.57	*N/A*	12.7	3.63	0.26
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
000784 Chilled Peaches	4 oz	1	80	0.00	7	14.63	0.00	0.00	0.00	0	17.29	1.33	0.00	*N/A*	12.0	*N/A*	0.00
Weighted Daily Average			650	3.95	992	46.57	*18.43	21.57	0.00	115	75.38	6.19	39.18	*45	*470.8	*53.91	*4.17
% of Calories				5.47%		28.66%	*11.34 %	29.9%	0.0%		46.4%		24.1%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Wednesday - 11/25/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Thursday - 11/26/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Friday - 11/27/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000145 NO SCHOOL TODAY																	
Weighted Daily Average			0	0.00	0	0.00	0.00	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
% of Calories				0%		0%	0%	0%	0%		0%		0%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Monday - 11/30/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990909 Sunbutter & Jelly Sandwich 1 M/MA	1 ea	100	440	2.00	410	30.00	21.00	18.00	0.00	0	61.00	7.00	23.28	*N/A*	146.0	0.00	2.88
999091 Colby Jack Cheese Stick	1 ea	100	110	6.00	190	0.00	0.00	9.00	0.00	25	0.00	0.00	7.00	*N/A*	200.0	*N/A*	0.00
000033 Cucumber Coins	4 oz	100	11	0.03	1	1.22	0.00	0.08	0.00	0	2.66	0.37	0.48	0	11.7	2.05	0.20
000372 House Ranch Dressing	1 oz	100	71	2.12	103	1.69	*0.83	6.48	0.00	11	1.90	0.06	0.71	*0	22.8	1.22	0.04

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000135 Orange Wedges	3 ea	100	43	0.01	0	8.60	0.00	0.11	0.00	0	10.81	2.21	0.86	0	36.8	48.94	0.09
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
Weighted Daily Average			774	10.16	819	53.99	*21.83	35.33	0.00	46	88.80	9.63	40.49	*45	720.7	*52.52	3.26
% of Calories				11.81 %		27.90%	*11.28 %	41.1%	0.0%		45.9%		20.9%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Tuesday - 12/01/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999279 Buffalo Chicken Thigh	1 ea	100	152	0.97	448	0.00	*0.00	4.36	0.00	102	0.00	0.00	21.33	*0	0.0	0.00	1.46
999231 Whole Wheat Bun	1 ea	100	139	0.50	269	1.99	1.99	1.99	0.00	0	26.86	2.98	5.97	*N/A*	19.9	0.00	1.43
000150 Celery Sticks	4 oz	100	10	0.03	59	1.00	*N/A*	0.13	0.00	0	2.21	1.19	0.51	*N/A*	29.7	2.30	0.15
000372 House Ranch Dressing	1 oz	100	71	2.12	103	1.69	*0.83	6.48	0.00	11	1.90	0.06	0.71	*0	22.8	1.22	0.04
999050 Fresh Grapes	4 oz	100	61	0.10	2	14.74	0.00	0.32	0.00	0	15.56	0.82	0.57	*N/A*	12.7	3.63	0.26
000230 1% Lowfat Milk	8 oz	49	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
000231 Skim Milk	8 oz	49	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999093 Original Soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
000784 Chilled Peaches	4 oz	1	80	0.00	7	14.63	0.00	0.00	0.00	0	17.29	1.33	0.00	*N/A*	12.0	*N/A*	0.00
000033 Cucumber Coins	4 oz	1	11	0.03	1	1.22	0.00	0.08	0.00	0	2.66	0.37	0.48	0	11.7	2.05	0.20
Weighted Daily Average			532	3.72	1000	31.90	*2.92	14.51	0.00	121	59.32	5.08	37.21	*74	387.8	*7.67	3.38
% of Calories				6.29%		23.98%	*2.20%	24.5%	0.0%		44.6%		28.0%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Wednesday - 12/02/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999013 Turkey Ham & Cheese Stackables	1 ea	100	321	6.31	762	2.00	1.00	14.59	0.00	50	28.50	3.00	20.09	*N/A*	236.5	*N/A*	1.85
990779 Lemon Garlic Kale Salad	8 oz	100	182	2.54	268	0.67	*0.00	17.87	0.00	0	3.55	2.25	1.70	*0	*130.9	*48.82	*0.88
000884 Fresh Pear	1 ea	100	101	0.04	2	17.36	0.00	0.25	0.00	0	27.11	5.52	0.64	*N/A*	16.0	7.65	0.32
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990261 Chilled Pears	4 oz	0	82	0.00	7	13.73	0.00	0.00	0.00	0	20.59	4.12	0.00	*N/A*	13.7	2.20	0.00
Weighted Daily Average			703	8.88	1146	32.50	*1.00	34.37	0.00	60	71.59	10.76	30.59	*45	*686.9	*56.77	*3.10
% of Calories				11.37 %		18.49%	*0.57%	44.0%	0.0%		40.7%		17.4%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Thursday - 12/03/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999303 TEST Pasta Salad With Chicken & Corn	8oz	100	690	11.61	861	5.28	*1.81	47.33	0.00	94	41.12	5.22	30.59	*0	*232.4	*30.66	*2.11
000673 Fresh Whole Apple	1 ea	100	95	0.05	2	18.91	0.00	0.31	0.00	0	25.13	4.37	0.47	0	10.9	8.37	0.22
000230 1% Lowfat Milk	8 oz	49	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
000231 Skim Milk	8 oz	49	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
999093 Original Soymilk	8 oz	1	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
001084 Applesauce Cup	1 ea	1	60	0.00	10	12.00	0.00	0.00	0.00	0	13.00	2.00	0.00	*N/A*	0.0	60.00	0.00
Weighted Daily Average			882	11.66	981	36.64	*1.91	48.87	0.00	102	78.98	9.63	39.18	*74	*545.8	*40.12	*2.38
% of Calories				11.90 %		16.62%	*0.87%	49.9%	0.0%		35.8%		17.8%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

Friday - 12/04/2026 **Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
999200 Tuna Salad	3 oz	100	195	2.18	311	0.23	*0.00	12.56	0.00	39	0.66	0.26	20.04	*0	4.4	0.46	0.40
999075 Whole Grain Wheat Crackers	1 ea	100	110	0.50	160	2.00	2.00	3.50	0.00	0	19.00	2.00	2.00	*N/A*	5.0	*N/A*	5.00
000151 Baby Carrots	4 oz	100	25	0.01	55	*N/A*	*N/A*	0.08	0.00	0	5.73	2.03	0.44	*N/A*	22.3	1.86	0.63
000372 House Ranch Dressing	1 oz	100	71	2.12	103	1.69	*0.83	6.48	0.00	11	1.90	0.06	0.71	*0	22.8	1.22	0.04
999302 Honeydew & Cantaloupe	4 oz	100	65	0.08	32	14.86	*0.00	0.31	0.00	0	16.04	1.58	1.28	*N/A*	13.9	50.86	0.35
000231 Skim Milk	8 oz	30	90	0.00	130	12.00	0.00	0.00	0.00	5	13.00	0.00	8.00	150	300.0	1.00	0.00
000230 1% Lowfat Milk	8 oz	69	102	0.00	107	12.69	0.00	2.37	0.00	12	12.18	0.00	8.22	0	305.0	0.00	0.07
001160 Fat Free Lactose-Free Milk	8 oz	1	110	0.00	130	12.00	0.00	2.50	0.00	10	13.00	0.00	8.00	*N/A*	300.0	0.00	0.00
999093 Original Soymilk	8 oz	0	130	0.00	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	*N/A*	300.0	*N/A*	1.10
000033 Cucumber Coins	4 oz	0	11	0.03	1	1.22	0.00	0.08	0.00	0	2.66	0.37	0.48	0	11.7	2.05	0.20
Weighted Daily Average			565	4.89	774	*31.25	*2.83	24.59	0.00	59	55.76	5.93	32.63	*45	371.8	*54.71	6.47
% of Calories				7.79%		*22.12 %	*2.00%	39.2%	0.0%		39.5%		23.1%				
Weekly Nutrient Guideline			550 - 650	<10	<=1110		<10	<=30					10.98		311.33	15.57	3.70

		Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		639	7.25	931	*36.20	*5.77	26.87	*0.00	76	68.97	*7.80	34.50	*54	*546.0	*45.37	*3.67
% of Calories			10.21%		*22.66 %	*3.61%	37.8%	*0.0%		43.2%		21.6%				

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**
**** - denotes combined nutrient totals with either missing or incomplete nutrient data***
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

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