

Menu Calendar Report - December, 2023

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Site: ALL
 Meal Type: Lunch
 Site Group: One Table Achieve 9-12
 Menu Line: OT-Block Party

Mon	Tue	Wed	Thu	Fri
27 Nov	28 Nov	29 Nov	30 Nov	1 Dec
Stewed Chickpeas and Zucchini (18.93 g) Fajita Chicken (1.14 g) Steamed Brown Rice (49.63 g) From the Garden Bar Citrus Glazed Carrots (13.35 g)	Jerk Chicken Quesadilla (36.94 g) From the Garden Bar Stewed Pinto Beans (20.74 g)	Red Chile Chicken (6.78 g) Flour Tortilla (28.00 g) From the Garden Bar Yuca Fries (34.13 g)	Black Bean & Chicken Chilaquiles (58.91 g) From the Garden Bar Elote Corn (28.45 g)	Chimichurri Citrus Tuna Salad Sandwich (28.11 g) From the Garden Bar Roasted Summer Squash (3.28 g)
4 Dec	5 Dec	6 Dec	7 Dec	8 Dec
Dominican Tofu & Rice Guisado (77.41 g) Oven Fired Flatbread (14.00 g) From the Garden Bar Tostones (Crispy Baked Plantains) (31.04 g)	Dominican Chimi Burger (39.06 g) From the Garden Bar Yuca Fries (34.13 g)	Pavo al Horno (1.33 g) Dominican Arroz Amarillo (55.77 g) From the Garden Bar Roasted Broccoli (5.40 g)	Yarao (35.69 g) Breadstick (28.00 g) From the Garden Bar	Dominican Stewed Lentils (35.54 g) Steamed Brown Rice (49.63 g) From the Garden Bar Mashed Plantains (33.25 g)
11 Dec	12 Dec	13 Dec	14 Dec	15 Dec
Salvadoran Chicken (20.91 g) Steamed Brown Rice (49.63 g) From the Garden Bar Roasted Corn (16.82 g)	Brazilian Beef Sandwich (33.84 g) From the Garden Bar Country Style Potato Wedges (18.63 g)	Sofrito Seasoned Black Beans (63.43 g) Oven Fried Rice with Plantains (75.41 g) From the Garden Bar Roasted Broccoli (5.40 g)	Bean & Queso Blanco Quesadilla (17.93 g) From the Garden Bar Mexican Black Beans (13.73 g)	Stew- Green Chile Chicken & Corn Stew (16.37 g) Steamed Brown Rice (49.63 g) From the Garden Bar Mex Roasted Sweet Potatoes (24.37 g)
18 Dec	19 Dec	20 Dec	21 Dec	22 Dec
Habichuelas Guisadas (Stewed Pinto Beans) (39.81 g) Oven Fried Rice with Plantains (75.41 g) From the Garden Bar Roasted Butternut Squash (18.56 g)	Pollo Guisado (9.18 g) Flour Tortilla (34.00 g) From the Garden Bar Yuca with Garlic & Onion (42.47 g)	Beef & Plantain Pastaleon (40.22 g) Breadstick (28.00 g) From the Garden Bar Dominican Ensalada Verde (5.13 g)	Dominican Pica Chicken with Green Sofrito Salsa (9.48 g) Tortilla Chips (29.45 g) From the Garden Bar Roasted Corn (16.82 g)	
25 Dec	26 Dec	27 Dec	28 Dec	29 Dec
1 Jan	2 Jan	3 Jan	4 Jan	5 Jan

Carbohydrate values in grams follow the Menu Item name