

# Menu Calendar Report - December, 2023

Generated on: 11/17/2023 11:41:52 AM by Dioni Nelson

Site: ALL  
Meal Type: Lunch  
Site Group: One Table Grow K-5  
Menu Line: OT-Comfort Kitchen

Mon		Tue		Wed		Thu		Fri	
27 Nov		28 Nov		29 Nov		30 Nov		1 Dec	
Beef & Cheese Nachos (37.02 g)		Crispy Chicken Nuggets (16.00 g)		Mozzarella Stuffed Breadsticks (28.02 g)		Buffalo Chicken Wrap (48.61 g)		Baked Potato with Broccoli and Cheese (34.27 g)	
Sunbutter & Jelly Sandwich (48.76 g)		Sloppy Joe Sandwich, Plant (34.38 g)		Turkey & Cheese Deli Sandwich (28.00 g)		Chili con Carne (29.44 g)		Offered With: - Dinner Roll, Richs WG 1.25 oz (14.00 g)	
Veggie Burger (32.00 g)		Strawberry Banana Parfait (102.88 g)		Vegetable Lo Mein (34.89-69.77 g)		- Breadstick, Ripstick, whole grain, 1.2 oz (28.00 g)		Breaded Fish Patty (13.00 g)	
From the Garden Bar		Breadstick (14.00 g)		Offered With: - Baked Tofu Cubes, plain (3.81 g)		Three Cheese Caprese Grilled Cheese (32.67 g)		Fiesta Salad (13.07 g)	
Mexican Black Beans (13.73 g)		From the Garden Bar		From the Garden Bar		From the Garden Bar		Offered With: - Dinner Roll, Richs WG 1.25 oz (14.00 g)	
Moroccan Spiced Carrots (7.99 g)		Celery Sticks (1.92 g)		Roasted Broccoli (5.40 g)		Crinkle Cut French Fries (14.55 g)		From the Garden Bar	
Burger Topping (0.97 g)		Tater Tots (14.09 g)		Steamed Corn (16.41 g)		Green Peas (13.66 g)		Blue Ribbon Slaw (10.28 g)	
Ketchup (4.63 g)		Barbecue Sauce (3.50 g)		Spaghetti Sauce (6.67 g)		Shredded Yellow Cheddar Cheese (0.25-0.50 g)		Steamed Broccoli (5.06 g)	
Yellow Mustard		Ketchup (4.63 g)						Tartar Sauce (1.51 g)	
Ranch Dressing (1.00 g)									
4 Dec		5 Dec		6 Dec		7 Dec		8 Dec	
Cheese Pizza (34.40 g)		Cheese Quesadilla (36.00 g)		Bean and Cheese Enchilada (52.44 g)		Classic Hummus Box (46.90 g)		BBQ Mac & Cheese (35.86 g)	
Chicken Caesar Wrap (37.34 g)		Chicken Parmesan (22.63 g)		Crispy Chicken Salad (19.92 g)		Fiesta Potato Breakfast Bowl (25.09 g)		Fajita Vegetable Quesadilla (38.73 g)	
Rainbow Chili & Cheese (35.19 g)		Tuna Salad Sandwich (27.11 g)		Offered With: - Dinner Roll, Richs WG 1.25 oz (14.00-28.00 g)		Offered With: - Biscuit, baked, whole grain, Easy Split, 2 oz (CACFP) (24.00 g)		Ham & Cheese Deli Sandwich (28.00 g)	
Offered With: - Breadstick, Ripstick, whole grain, 1.2 oz (14.00 g)		Spaghetti and Tomato Sauce (18.89 g)		Oven Roasted Turkey (0.86 g)		Spicy Crispy Chicken Sandwich (41.00 g)		Dinner Roll (14.00 g)	
From the Garden Bar		From the Garden Bar		Offered With: - Dinner Roll, Richs WG 1.25 oz (14.00-28.00 g)		From the Garden Bar		From the Garden Bar	
Garden Side Salad (4.25 g)		Aztec Corn (18.12-27.18 g)		From the Garden Bar		Crinkle Cut Sweet Potato Fries (24.92 g)		Roasted Corn (16.82 g)	
Roasted Cauliflower (4.03 g)		Roasted Green Beans (5.11 g)		Southwest Black Beans (37.50 g)		Seasoned Carrot Coins (7.47 g)		Vegetarian Baked Beans (30.00 g)	
Ranch Dressing (1.00 g)		Salsa Roja (1.84 g)		Whipped Potatoes (15.00 g)					
11 Dec		12 Dec		13 Dec		14 Dec		15 Dec	
Butter Chicken (3.55 g)		Chef Salad (9.83 g)		Chicken Caesar Salad (10.09 g)		Breaded Drumstick (12.00 g)		Cheese Pizza (34.40 g)	
Offered With: - Rice, brown, oven, steamed (49.63 g)		Offered With: - Garlic Knot, Ripstick (30.03 g)		Offered With: - Breadstick, Ripstick, whole grain, 1.2 oz (14.00 g)		Offered With: - Mac & Cheese, JTM (WGR, Elbow) (2/3c=6oz=2MMA+1WG) (14.00 g)		Crispy Chipotle Chicken Sandwich (44.22 g)	
Deli Bento Box (30.51 g)		Classic Toasted Cheese Sandwich (30.00 g)		Deluxe Cheeseburger (30.00 g)		Sunbutter & Jelly Sandwich (48.76 g)		Turkey & Cheese Deli Sandwich (28.00 g)	
Veggie Burger (32.00 g)		Spaghetti with Meat Sauce (41.85 g)		Jerk Lentils (16.00 g)		Veggie Tortellini Pasta Salad (22.18 g)		From the Garden Bar	
From the Garden Bar		Offered With: - Garlic Knot, Ripstick (30.03 g)		Offered With: - Rice, brown, oven, steamed (49.63 g)		Offered With: - Garlic Knot, Ripstick (15.02 g)		Mexican Corn (24.79 g)	
Country Style Potato Wedges (18.63 g)		From the Garden Bar		From the Garden Bar		From the Garden Bar		Roasted Broccoli and Red Peppers (5.83 g)	
Garden Side Salad (4.25 g)		Crinkle Cut Sweet Potato Fries (24.92 g)		Baked Plantains (49.15 g)		Braised Collard Greens (12.51 g)			
Burger Topping (0.97 g)		Parmesan Green Beans (5.18 g)		Roasted Broccoli and Carrots (4.95 g)		Caesar Side Salad (5.58 g)			
Ketchup (4.63 g)		Grated Parmesan Cheese (0.17 g)		Burger Topping (0.97 g)					
Yellow Mustard				Ketchup (4.63 g)					
				Yellow Mustard					

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Mon		Tue		Wed		Thu		Fri	
	18 Dec		19 Dec		20 Dec		21 Dec		22 Dec
Beef Soft Tacos (32.32 g)		Buffalo Chicken Wrap (48.61 g)		Fiesta Salad (13.07 g)		Breaded Drumstick (6.00 g)			
Mozzarella Stuffed Breadsticks (28.02 g)		Crispy Chicken Nuggets (16.00 g)		French Toast Sticks (28.21 -37.61 g)		Offered With: - Dinner Roll, Richs WG 1.25 oz (14.00-28.00 g)			
Strawberry Banana Parfait (102.88 g)		Offered With: - Breadstick, Ripstick, whole grain, 1.2 oz (14.00 g)		Vegetable Lo Mein (34.89-69.77 g)		Chicken Caesar Wrap (37.34 g)			
From the Garden Bar		Macaroni & Cheese (34.35 g)		Country Breakfast Sausage Patty		Sloppy Joe Sandwich, Plant (34.38 g)			
Garden Side Salad (4.25 g)		Offered With: - Breadstick, Ripstick, whole grain, 1.2 oz (14.00 g)		Sweet & Sour Tossable Tofu Cubes (12.99 g)		From the Garden Bar			
Vegetarian Refried Beans (27.65 g)		From the Garden Bar		Breadstick (14.00-28.00 g)		Baby Carrots (5.98 g)			
Ranch Dressing (1.00 g)		Citrus Glazed Carrots (13.35 g)		From the Garden Bar		Roasted Green Beans (5.11 g)			
Salsa Roja (1.84 g)		Country Style Potato Wedges (18.63 g)		Fiesta Potatoes (24.84 g)		Ranch Dressing (1.00 g)			
Spaghetti Sauce (6.67 g)		Barbecue Sauce (3.50 g)		Roasted Peppers and Onions Blend (4.12 g)					
		Ketchup (4.63 g)		Pancake & Waffle Syrup (26.00 g)					
		Ranch Dressing (1.00 g)							
	25 Dec		26 Dec		27 Dec		28 Dec		29 Dec
	1 Jan		2 Jan		3 Jan		4 Jan		5 Jan
				Mozzarella Stuffed Breadsticks (28.02 g)		Buffalo Chicken Wrap (48.61 g)		Baked Potato with Broccoli and Cheese (34.27 g)	
				Turkey & Cheese Deli Sandwich (28.00 g)		Chili con Carne (29.44 g)		Offered With: - Dinner Roll, Richs WG 1.25 oz (14.00 g)	
				Vegetable Lo Mein (34.89-69.77 g)		Offered With: - Breadstick, Ripstick, whole grain, 1.2 oz (28.00 g)		Breaded Fish Patty (13.00 g)	
				Offered With: - Baked Tofu Cubes, plain (3.81 g)		Three Cheese Caprese Grilled Cheese (32.67 g)		Fiesta Salad (13.07 g)	
				From the Garden Bar		From the Garden Bar		Offered With: - Dinner Roll, Richs WG 1.25 oz (14.00 g)	
				Roasted Broccoli (5.40 g)		Crinkle Cut French Fries (14.55 g)		From the Garden Bar	
				Steamed Corn (16.41 g)		Green Peas (13.66 g)		Blue Ribbon Slaw (10.28 g)	
				Spaghetti Sauce (6.67 g)		Shredded Yellow Cheddar Cheese (0.25-0.50 g)		Steamed Broccoli (5.06 g)	
								Tartar Sauce (1.51 g)	

Carbohydrate values in grams follow the Menu Item name