

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/12/2024 3:02:33 PM by Samantha Baker

Menu Cycle: SY23-24 DCPS OT- ECE Lunch- Spring  
 Week: 2  
 Result: Pass

Meal Pattern: [USDA]Meal Pattern SY 2014+  
 Meal Type: Lunch  
 Serving Group: PK  
 Site Group: One Table Grow K-5

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	>= 517.00	609.98	
Total Fat (g)	<= 30.00 % of Calories	20.00	29.51
Sat Fat (g)(1)	< 10.00 % of Calories	6.14	9.06
Trans Fat (g)(2)		0.00	
Chol (mg)		41.56	
Sodium (mg)(13)		895.61	
Carb (g)		79.14	51.89
Total Fiber (g)		10.20	
Total Sugars (g)		37.23(M)	24.41
Added Sugars (g)		5.64(M)	
Protein (g)	>= 7.00	31.62	20.73
Iron (mg)	>= 3.30	3.65(M)	
Calcium (mg)	>= 267.00	690.44(M)	
VitA (IU)	>= 750.00	5,489.28(M)	
VitC (mg)	>= 14.00	22.07(M)	
VitD (mcg)		3.77(M)	
Potassium (mg)		1,096.38(M)	
Mois (g)		115.25(M)	
Ash (g)		0.78(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Meat/MA		[12.000 - 12.250]	
Grains		[10.000 - 11.000]	
Non-WGR		0.000	
WGR		17.000	
Grain-D		0.000	
Fruit		2.250	
Fruit-J		0.000	
Veg		[2.625 - 3.375]	
Veg-DG		1.000	
Veg-RO		0.750	
Veg-BP		0.500	
Veg-S		0.500	
Veg-O		0.750	
Veg-X		0.000	
Vegetable-J		0.000	
MILK-F		5.000	
MILK-V		Pass	

## Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2022-2023 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 1A will be marked in orange if exceeded prior to the effective date of July 1, 2023 and does not impact pass/fail compliance prior to that date.

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)	
<b>SY23-24 DCPS OT ECE Spring W2D1 - Day: 1</b>	100																			
<b>Category: Entrée/Combo; May Choose: 1</b>																				
Breadsticks, Mozzarella Stuffed, Beacon Street Cafe - SR1625 (2 breadstick)	60	290.17	11.01	6.00	0.00	30.02	500.29	28.02	2.00	5.00	1.00	19.01	1.90	360.21	80.05	0.00	0.00	290.17	(M)	
<b>Category: Meat/MA; May Choose: 1</b>																				
Beef Enchilada, JTM Signature Taco Filling, queso blanco, enchilada sauce, USDA Cheddar, 6 -inch tortilla - SR3908 (2 enchilada)	40	341.92	14.16	6.55	0.00	39.83	827.21	34.85	6.01	4.01	0.00	17.86	3.54	255.15	15.58 (M)	0.29(M)	0.05	174.31	1.40(M)	
<b>Category: Fruit; May Choose: 1</b>																				
C - Pears, canned, diced, packed in juice, drained - SR1194 (1/2 c.)	100	57.40	0.00	0.00	0.00	0.00	4.78	15.31	1.91	10.52	0.00	0.00	0.19	11.48	0.00(M)	0.00(M)	0.00	109.06	(M)	
<b>Category: Vegetable; May Choose: 1</b>																				
BP - Refried Beans, pinto, vegetarian - SR1070 (1/2 c.)	100	161.28	0.58	0.00	0.00	0.00	164.61	27.65	10.37	0.00	0.00	10.37	2.42	60.93	0.00(M)	0.00(M)	0.00	507.99	104.21 (M)	
<b>Category: Milk; May Choose: 1</b>																				
Lactaid Milk - SMR1943 (1 Half Pint)	40	90.00	0.00	0.00	0.00	5.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	5.00	410.00	(M)	
Regional Milk, White, Lowfat 1% - SR1001 (1 Half Pint)	40	102.48	2.37	1.54	0.00	12.20	107.36	12.18	0.00	12.69	0.00	8.22	0.07	305.00	478.24	0.00	2.93	366.00	(M)	
Regional Milk, White, Skim - SR1002 (1 Half Pint)	40	83.30	0.20	0.14	0.00	4.90	102.90	12.15	0.00	12.47	0.00	8.26	0.07	298.90	499.80	0.00	2.94	382.20	(M)	
Soy Milk - SMR1719 (1 ea.)	60	140.00	4.50	0.50	0.00	0.00	110.00	17.00	2.00	15.00	14.00	8.00	1.10	300.00	0.00(M)	0.00(M)	2.50	350.00	(M)	
<b>Category: Condiment; May Choose: 1</b>																				
Dressing, Ranch, 1.5 gallon dispenser pack, Heinz - SR1931 (1 pump)	20	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	
RO - Spaghetti Sauce - SR2220 (1/4 c.)	60	32.36	0.25	0.03	0.00	0.00	129.82	6.67	1.37	3.92	1.47	1.04	0.51	16.93	0.00(M)	0.00(M)	0.00	237.97	(M)	
Salsa Roja, homemade - SR1081 (2 tbsp.)	20	8.92	0.04	0.01	0.00	0.00	95.64	1.84	0.39	0.33(M)	0.10(M)	0.31	0.26	9.54	163.15 (M)	2.67(M)	0.00(M)	23.63 (M)	4.66(M)	
<b>SY23-24 DCPS OT ECE Spring W2D2 - Day: 2</b>	100																			
<b>Category: Entrée/Combo; May Choose: 1</b>																				

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Chicken Nuggets, Tyson - SR1367 (5 nugget)	70	239.93	14.00	2.50	0.00	24.99	439.88	16.00	3.00	1.00	0.00	14.00	1.90	29.99	0.00(M)	0.00(M)	0.10	599.84	0.00(M)
Macaroni and Cheese, whole wheat, basic - SR1137 (2/3 c.)	30	383.44	21.26	10.64	0.00	55.00	876.64	34.35	4.07	4.05	0.00(M)	20.03	1.89	461.61	22.77 (M)	0.00(M)	0.14(M)	601.56 (M)	42.95 (M)
<b>Category: Fruit; May Choose: 1</b>																			
Apple, fresh, sliced, unpeeled, ready-to-serve, 125 ct (treated with pineapple juice) - SR3795 (1/2 c.)	100	31.15	0.10	0.02	0.00	0.00	0.63	8.23	1.36	6.20	0.00(M)	0.16	0.08	3.84	30.59	2.94	0.00	64.83	51.22
<b>Category: Vegetable; May Choose: 1</b>																			
RO - Citrus Glazed Carrots, carrot coins - SR1131 (1/2 c.)	100	60.46	0.78	0.14	0.00	0.00	67.70	13.35	3.81	8.63	2.50	0.68	0.66	43.02	19196.03(M)	2.61(M)	0.00	253.16	102.49 (M)
<b>Category: Milk; May Choose: 1</b>																			
Lactaid Milk - SMR1943 (1 Half Pint)	10	90.00	0.00	0.00	0.00	5.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	5.00	410.00	(M)
Regional Milk, White, Lowfat 1% - SR1001 (1 Half Pint)	40	102.48	2.37	1.54	0.00	12.20	107.36	12.18	0.00	12.69	0.00	8.22	0.07	305.00	478.24	0.00	2.93	366.00	(M)
Regional Milk, White, Skim - SR1002 (1 Half Pint)	40	83.30	0.20	0.14	0.00	4.90	102.90	12.15	0.00	12.47	0.00	8.26	0.07	298.90	499.80	0.00	2.94	382.20	(M)
Soy Milk - SMR1719 (1 ea.)	10	140.00	4.50	0.50	0.00	0.00	110.00	17.00	2.00	15.00	14.00	8.00	1.10	300.00	0.00(M)	0.00(M)	2.50	350.00	(M)
<b>Category: Condiment; May Choose: 1</b>																			
Dressing, Ranch, 1.5 gallon dispenser pack, Heinz - SR1931 (1 pump)	10	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)
Ketchup, Heinz 1.5 gallon dispenser pack - SR1004 (1 pump)	20	20.31	0.01	0.00	0.00	0.00	175.46	4.63	0.21	3.93	3.51	0.16	0.05	1.61	0.00(M)	0.00(M)	0.00	40.51	(M)
Sauce, barbecue, bulk - SR1008 (1 tbsp.)	10	15.14	0.00	0.00	0.00	0.00	237.21	3.53	0.00	3.03	2.52	0.00	0.00	0.00	(M)	0.00	0.00	0.00	(M)
<b>SY23-24 DCPS OT ECE Spring W2D3 - Day: 3</b>																			
<b>Category: Entrée/Combo; May Choose: 1</b>																			
Baked Tofu Cubes, plain - SR2069 (2 5/8 oz.)	40	255.81	19.29	2.21	0.00	0.00	354.81	3.81	3.06	0.00	0.00	22.40	3.54	886.04	214.95 (M)	0.26(M)	0.00	311.09	0.00(M)
French Toast, sticks, whole grain (CACFP) - SR1910 (2 stick.)	60	128.68	4.95	0.74	0.00	0.00	148.48	18.81	1.48	4.45	3.96	2.97	0.99	19.80	0.00(M)	0.00(M)	0.00	74.24	(M)
<b>Category: Meat/MA; May Choose: 1</b>																			

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Sausage, patty, country, turkey, 1 oz - SR1157 (2 patty)	60	120.00	9.00	2.00	0.00	60.00	160.00	0.00	0.00	0.00	0.00	12.00	0.72	0.00	0.00(M)	0.00(M)	0.00	0.00	(M)
<b>Category: Grains; May Choose: 1</b>																			
Lo Mein, vegetable, WG Yakisoba noodle - SR3864 (2/3 c.)	40	171.26	0.92	0.11	0.02	0.17	446.45	34.89	1.90	9.07	8.47	5.39	1.97	8.84	1569.68 (M)	1.19(M)	0.07	158.05	20.24 (M)
<b>Category: Fruit; May Choose: 1</b>																			
Mandarin Oranges, In Pear Juice - SR3751 (1/2 c.)	100	132.68	1.20	0.00	0.00	0.00	6.39	31.94	1.72	31.94	(M)	1.20	0.25	15.97	(M)	(M)	(M)	(M)	0.00(M)
<b>Category: Vegetable; May Choose: 1</b>																			
Potato, diced, skin-on roasted, all American deli roaster - SR1401 (1/2 c.)	100	121.25	6.06	1.01	0.00	0.00	252.60	18.19	2.02	1.01	0.00	1.01	0.30	10.10	0.00(M)	0.00(M)	0.00	272.81	(M)
<b>Category: Milk; May Choose: 1</b>																			
Lactaid Milk - SMR1943 (1 Half Pint)	10	90.00	0.00	0.00	0.00	5.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	5.00	410.00	(M)
Regional Milk, White, Lowfat 1% - SR1001 (1 Half Pint)	40	102.48	2.37	1.54	0.00	12.20	107.36	12.18	0.00	12.69	0.00	8.22	0.07	305.00	478.24	0.00	2.93	366.00	(M)
Regional Milk, White, Skim - SR1002 (1 Half Pint)	40	83.30	0.20	0.14	0.00	4.90	102.90	12.15	0.00	12.47	0.00	8.26	0.07	298.90	499.80	0.00	2.94	382.20	(M)
Soy Milk - SMR1719 (1 ea.)	10	140.00	4.50	0.50	0.00	0.00	110.00	17.00	2.00	15.00	14.00	8.00	1.10	300.00	0.00(M)	0.00(M)	2.50	350.00	(M)
<b>Category: Condiment; May Choose: 1</b>																			
Syrup, maple flavor, bulk - SR1158 (2 tbsp.)	60	105.00	0.00	0.00	0.00	0.00	47.50	26.00	0.00	14.50	(M)	0.00	0.01	0.50	2.75	0.01	0.00	10.50	(M)
<b>SY23-24 DCPS OT ECE Spring W2D4 - Day: 4</b>																			
<b>Category: Entrée/Combo; May Choose: 1</b>																			
FAST Wrap, Chicken Caesar, USDA Diced, Romaine, 10-inch Tortilla - SR2557 (1 wrap)	60	441.68	23.67	6.52	0.00	57.00	680.56	37.34	5.20	3.68	0.00	19.70	1.55(M)	148.80 (M)	4961.83 (M)	2.28(M)	0.00(M)	222.71 (M)	53.90 (M)
Sloppy Joe Sandwich, Plant, BAF Crumbles - SR3971 (1 sandwich)	40	257.39	5.45	2.20	0.00	0.00	670.46	34.31	3.92	7.61	5.68(M)	16.78	3.32	69.36	1268.57 (M)	9.45(M)	0.00(M)	199.62 (M)	42.49 (M)
<b>Category: Fruit; May Choose: 1</b>																			
F - Oranges, fresh, slices, unpeeled - SR1172 (6 slice or w)	100	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28

# Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>Category: Vegetable; May Choose: 1</b>																				
O - Green Beans, cut, heated, seasoned - SR1021 (1/2 c.)	100	22.18	0.13	0.04	0.00	0.00	43.10	5.11	2.34	1.45	0.00(M)	1.18	0.53	32.84	323.23 (M)	3.16(M)	0.00	124.93	74.73	
<b>Category: Milk; May Choose: 1</b>																				
Lactaid Milk - SMR1943 (1 Half Pint)	10	90.00	0.00	0.00	0.00	5.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	5.00	410.00	(M)	
Regional Milk, White, Lowfat 1% - SR1001 (1 Half Pint)	40	102.48	2.37	1.54	0.00	12.20	107.36	12.18	0.00	12.69	0.00	8.22	0.07	305.00	478.24	0.00	2.93	366.00	(M)	
Regional Milk, White, Skim - SR1002 (1 Half Pint)	40	83.30	0.20	0.14	0.00	4.90	102.90	12.15	0.00	12.47	0.00	8.26	0.07	298.90	499.80	0.00	2.94	382.20	(M)	
Soy Milk - SMR1719 (1 ea.)	10	140.00	4.50	0.50	0.00	0.00	110.00	17.00	2.00	15.00	14.00	8.00	1.10	300.00	0.00(M)	0.00(M)	2.50	350.00	(M)	
<b>Category: Condiment; May Choose: 1</b>																				
Dressing, Ranch, 1.5 gallon dispenser pack, Heinz - SR1931 (1 pump)	20	60.00	6.00	1.00	0.00	5.00	125.00	1.00	0.00	0.50	(M)	0.00	0.00	0.00	0.00(M)	0.00	0.00	0.00	(M)	
<b>SY23-24 DCPS OT ECE Spring W2D5 - Day: 5</b>		100																		
<b>Category: Entrée/Combo; May Choose: 1</b>																				
Quesadilla, Cheddar Cheese USDA, 10-inch tortilla - SR1054 (1 each quesadilla)	60	390.00	18.00	10.00	0.00	40.00	679.99	36.00	4.00	3.00	0.00	21.00	1.00	486.99	0.00(M)	0.00(M)	0.20	112.00	(M)	
Tuna Salad Sandwich, hamburger roll, tuna salad, RECIPE - SR1142 (1 sandwich)	40	198.55	3.67	0.44	0.00	12.22	442.57	27.11	2.10	3.66	3.00(M)	13.03	1.48	54.38	12.41 (M)	1.49(M)	0.80(M)	150.76 (M)	4.55(M)	
<b>Category: Fruit; May Choose: 1</b>																				
Bananas, fresh, petite or regular - SR1166 (1/2 medium (7"))	100	52.51	0.19	0.07	0.00	0.00	0.59	13.48	1.53	7.22	0.00	0.64	0.15	2.95	37.76	5.13	0.00	211.22	(M)	
<b>Category: Vegetable; May Choose: 1</b>																				
DG - Broccoli, roasted, seasoned, from frozen - SR1852 (1/2 c.)	100	65.49	4.49	0.33	0.00	0.00	72.07	5.40	2.89	1.40	0.00(M)	3.00	0.62	31.81	955.38 (M)	37.89 (M)	0.00(M)	5.74(M)	85.76 (M)	
<b>Category: Milk; May Choose: 1</b>																				
Lactaid Milk - SMR1943 (1 Half Pint)	10	90.00	0.00	0.00	0.00	5.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	5.00	410.00	(M)	
Regional Milk, White, Lowfat 1% - SR1001 (1 Half Pint)	40	102.48	2.37	1.54	0.00	12.20	107.36	12.18	0.00	12.69	0.00	8.22	0.07	305.00	478.24	0.00	2.93	366.00	(M)	

# Menu Cycle Week – Nutrient Analysis

Generated on: 2/12/2024 3:02:33 PM by Samantha Baker

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
Regional Milk, White, Skim - SR1002 (1 Half Pint)	40	83.30	0.20	0.14	0.00	4.90	102.90	12.15	0.00	12.47	0.00	8.26	0.07	298.90	499.80	0.00	2.94	382.20	(M)
Soy Milk - SMR1719 (1 ea.)	10	140.00	4.50	0.50	0.00	0.00	110.00	17.00	2.00	15.00	14.00	8.00	1.10	300.00	0.00(M)	0.00(M)	2.50	350.00	(M)
<b>Category: Condiment; May Choose: 1</b>																			
Salsa Roja, homemade - SR1081 (2 tbsp.)	20	8.92	0.04	0.01	0.00	0.00	95.64	1.84	0.39	0.33(M)	0.10(M)	0.31	0.26	9.54	163.15 (M)	2.67(M)	0.00(M)	23.63 (M)	4.66(M)