

Menu Cycle Week – Nutrient Analysis

Generated on: 3/11/2022 12:20:47 PM

Menu Cycle. Classic Breakfast SY21-22 Term 4
Week: 3
Result: Exceeded

Meal Pattern: [USDA]Meal Pattern SY 2014+
Meal Type: Breakfast
Serving Group: K-12
Site Group: Inspire

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[450.00 - 500.00]	458.72	
Total Fat (g)		9.45	18.54
Sat Fat (g)(1)	< 10.00 % of Calories	2.84	5.58
Trans Fat (g)(2)		0.02	
Chol (mg)		47.16	
Sodium Target 1 (mg) (13)	< 540.00	382.58	
Sodium Target 2 (mg) (13)	< 485.00	382.58	
Carb (g)		78.69	68.62
Total Fiber (g)		7.24	
Total Sugars (g)		47.71	41.60
Added Sugars (g)		9.70(M)	
Protein (g)		16.55	14.43
Iron (mg)		3.11(M)	
Calcium (mg)		405.93(M)	
VitA (IU)		753.36(M)	
VitC (mg)		58.03(M)	
VitD (mcg)		3.47(M)	
Potassium (mg)		678.31(M)	
Mois (g)		128.81(M)	
Ash (g)		0.45(M)	

Legend

PrimeroEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

- 1 Standard Value is the daily average requirement for a school week.
- 2 Trans Fat is provided for informational purposes, not for monitoring purposes.
- 3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Meat/MA		[0.000 - 5.250]	
Grains	[9.000 - 10.000]	[12.000 - 13.500](a)	
Non-WGR		0.000	
WGR	>= 50.000 % of	59.750	100.00
Grain-D		0.000	
Fruit	>= 5.000	[5.250 - 5.750]	
Fruit-J	<= 50.000 % of	0.500	8.70
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Veg-X		0.000	
Vegetable-J		0.000	
MILK-F	>= 5.000	5.000	
MILK-V		Pass	

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a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calciu m (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
Classic Breakfast SY21-22 W3D1 Term 4-APRIL - Day: 1	100																		
Category: Entrée/Combo; May Choose: 1																			
Apple Muffin ICM 2 grain - SMR1721 (1 ea.)	50	240.00	8.00	2.00	0.00	0.00	220.00	34.00	2.00	15.00	13.00	5.00	1.10	50.00	0.00(M)	0.00(M)	0.00	110.00	0.00(M)
Blueberry Muffin ICM 2 grain - SMR1720 (1 ea.)	40	270.00	9.00	2.00	0.00	0.00	210.00	38.00	2.00	16.00	15.00	5.00	1.30	40.00	0.00(M)	0.00(M)	0.00	100.00	0.00(M)
Cereal, ready-to-eat, Cheerios, bowlpack 1 oz (CACFP) - SR1160 (1 bowl)	2	100.52	1.79	0.36	0.00	0.00	136.42	20.83	2.88	1.43	1.43	3.58	9.04	93.32	0.00(M)	0.00(M)	1.43	179.48	(M)
Cereal, ready-to-eat, Cinnamon Chex, bowlpack 1 oz (CACFP) - SR2336 (1 bowl)	2	116.82	2.63	0.25	0.00	0.00	173.04	22.85	1.40	5.77	5.63	1.37	7.56	91.00	0.00(M)	0.00(M)	1.40	43.57	(M)
Cereal, ready-to-eat, Golden Grahams, bowlpack 1 oz - SR2432 (1 bowl)	2	105.36	0.90	0.11	0.00	0.00	212.30	23.77	1.23	8.40	8.40	1.51	2.52	91.84	0.00(M)	0.00(M)	1.40	51.63	(M)
Cereal, ready-to-eat, Raisin Bran, bowlpack 1.25 oz - SR1457 (1 bowl)	5	110.00	0.50	0.00	0.00	0.00	120.00	28.00	4.00	10.00	5.00	3.00	0.72	0.00	0.00(M)	0.00(M)	0.00	94.00	(M)
Rice Chex Bowlpak - SMR1304 (1 bowl)	2	100.00	0.50	0.00	0.00	0.00	250.00	24.00	1.00	2.00	0.00(M)	2.00	9.00	100.00	500.00	6.00	2.00	50.00	0.00(M)
Category: Grains; May Choose: 1																			
(Replace with SR2366 by 2/28/22) Crackers, graham, original, Keebler, 3 count (CACFP) - SR1163 (1 pkg.)	10	90.00	2.50	0.00	0.00	0.00	100.00	17.00	1.00	4.00	4.00	2.00	0.70	10.00	0.00(M)	0.00(M)	0.00	50.00	(M)
Category: Fruit; May Choose: 1																			
Apple, fresh, whole, unpeeled, ready-to- serve, 125ct - SR2870 (1 medium (3)	100	94.64	0.31	0.05	0.00	0.00	1.82	25.13	4.37	18.91	0.00	0.47	0.22	10.92	98.28	8.37	0.00	194.74	155.72
Category: Milk; May Choose: 1																			
Lactaid Milk - SMR1943 (1 Half Pint)	2	90.00	0.00	0.00	0.00	5.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	5.00	410.00	(M)
Regional Milk, White, Lowfat 1% - SR1001 (1 Half Pint)	48	102.48	2.37	1.54	0.00	12.20	107.36	12.18	0.00	12.69	0.00	8.22	0.07	305.00	478.24	0.00	2.93	366.00	(M)
Regional Milk, White, Skim - SR1002 (1 Half Pint)	48	83.30	0.20	0.14	0.00	4.90	102.90	12.15	0.00	12.47	0.00	8.26	0.07	298.90	499.80	0.00	2.94	382.20	(M)

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Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calciu m (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
Soy Milk - SMR1719 (1 ea.)	2	140.00	4.50	0.50	0.00	0.00	110.00	17.00	2.00	15.00	14.00	8.00	1.10	300.00	0.00(M)	0.00(M)	2.50	350.00	(M)
Classic Breakfast SY21-22 W3D2 Term 4-APRIL - Day: 2	100																		
Category: Entrée/Combo; May Choose: 1																			
Apple Muffin ICM 2 grain - SMR1721 (1 ea.)	10	240.00	8.00	2.00	0.00	0.00	220.00	34.00	2.00	15.00	13.00	5.00	1.10	50.00	0.00(M)	0.00(M)	0.00	110.00	0.00(M)
Blueberry Muffin ICM 2 grain - SMR1720 (1 ea.)	10	270.00	9.00	2.00	0.00	0.00	210.00	38.00	2.00	16.00	15.00	5.00	1.30	40.00	0.00(M)	0.00(M)	0.00	100.00	0.00(M)
Cereal, ready-to-eat, Cheerios, bowlpack 1 oz (CACFP) - SR1160 (1 bowl)	2	100.52	1.79	0.36	0.00	0.00	136.42	20.83	2.88	1.43	1.43	3.58	9.04	93.32	0.00(M)	0.00(M)	1.43	179.48	(M)
Cereal, ready-to-eat, Cinnamon Chex, bowlpack 1 oz (CACFP) - SR2336 (1 bowl)	2	116.82	2.63	0.25	0.00	0.00	173.04	22.85	1.40	5.77	5.63	1.37	7.56	91.00	0.00(M)	0.00(M)	1.40	43.57	(M)
Cereal, ready-to-eat, Golden Grahams, bowlpack 1 oz - SR2432 (1 bowl)	2	105.36	0.90	0.11	0.00	0.00	212.30	23.77	1.23	8.40	8.40	1.51	2.52	91.84	0.00(M)	0.00(M)	1.40	51.63	(M)
Cereal, ready-to-eat, Raisin Bran, bowlpack 1.25 oz - SR1457 (1 bowl)	2	110.00	0.50	0.00	0.00	0.00	120.00	28.00	4.00	10.00	5.00	3.00	0.72	0.00	0.00(M)	0.00(M)	0.00	94.00	(M)
Cheesy Scrambled Eggs, cheddar, RECIPE - SR1192 (1/4 c.)	45	102.50	6.75	2.42	0.00	228.75	101.67	0.00	0.00	0.00	0.00	8.50	1.33	50.75	0.00(M)	0.00(M)	1.35	85.75	0.00(M)
French Toast Sticks, Whole Grain - SMR1148 (4 stick.)	40	110.30	4.24	0.64	0.00	0.00	127.26	16.12	1.27	3.82	3.39	2.55	0.85	16.97	0.00(M)	0.00(M)	0.00	63.63	(M)
Rice Chex Bowlpak - SMR1304 (1 bowl)	1	100.00	0.50	0.00	0.00	0.00	250.00	24.00	1.00	2.00	0.00(M)	2.00	9.00	100.00	500.00	6.00	2.00	50.00	0.00(M)
Category: Grains; May Choose: 1																			
(Replace with SR2366 by 2/28/22) Crackers, graham, original, Keebler, 3 count (CACFP) - SR1163 (1 pkg.)	15	90.00	2.50	0.00	0.00	0.00	100.00	17.00	1.00	4.00	4.00	2.00	0.70	10.00	0.00(M)	0.00(M)	0.00	50.00	(M)
Category: Fruit; May Choose: 1																			
F - Pears, fresh, whole, unpeeled, ready-to- serve, 120 ct - SR1585 (1 medium)	100	101.46	0.25	0.04	0.00	0.00	1.78	27.11	5.52	17.36	0.00	0.64	0.32	16.02	44.50	7.65	0.00	206.48	149.45
Category: Fruit Juice; May Choose: 1																			

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Juice, apple, 100% Suncup, 4 fl oz, plastic cup - SR2547 (4 fl oz cup)	100	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	60.00	0.00	105.00	(M)
Category: Milk; May Choose: 1																			
Lactaid Milk - SMR1943 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	5.00	410.00	(M)
Regional Milk, White, Lowfat 1% - SR1001 (1 Half Pint)	45	102.48	2.37	1.54	0.00	12.20	107.36	12.18	0.00	12.69	0.00	8.22	0.07	305.00	478.24	0.00	2.93	366.00	(M)
Regional Milk, White, Skim - SR1002 (1 Half Pint)	45	83.30	0.20	0.14	0.00	4.90	102.90	12.15	0.00	12.47	0.00	8.26	0.07	298.90	499.80	0.00	2.94	382.20	(M)
Soy Milk - SMR1719 (1 ea.)	5	140.00	4.50	0.50	0.00	0.00	110.00	17.00	2.00	15.00	14.00	8.00	1.10	300.00	0.00(M)	0.00(M)	2.50	350.00	(M)
Category: Condiment; May Choose: 1																			
Pancake & Waffle Syrup, PC - SMR1210 (1 fl. oz.)	1	110.00	0.00	0.00	0.00	0.00	20.00	29.00	0.00	22.00	22.00	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00	0.00	(M)
Classic Breakfast SY21-22 W3D3 Term 4-APRIL - Day: 3	100																		
Category: Entrée/Combo; May Choose: 1																			
Apple Muffin ICM 2 grain - SMR1721 (1 ea.)	10	240.00	8.00	2.00	0.00	0.00	220.00	34.00	2.00	15.00	13.00	5.00	1.10	50.00	0.00(M)	0.00(M)	0.00	110.00	0.00(M)
Blueberry Muffin ICM 2 grain - SMR1720 (1 ea.)	10	270.00	9.00	2.00	0.00	0.00	210.00	38.00	2.00	16.00	15.00	5.00	1.30	40.00	0.00(M)	0.00(M)	0.00	100.00	0.00(M)
Cereal, ready-to-eat, Cheerios, bowlpack 1 oz (CACFP) - SR1160 (1 bowl)	5	100.52	1.79	0.36	0.00	0.00	136.42	20.83	2.88	1.43	1.43	3.58	9.04	93.32	0.00(M)	0.00(M)	1.43	179.48	(M)
Cereal, ready-to-eat, Cinnamon Chex, bowlpack 1 oz (CACFP) - SR2336 (1 bowl)	5	116.82	2.63	0.25	0.00	0.00	173.04	22.85	1.40	5.77	5.63	1.37	7.56	91.00	0.00(M)	0.00(M)	1.40	43.57	(M)
Cereal, ready-to-eat, Golden Grahams, bowlpack 1 oz - SR2432 (1 bowl)	5	105.36	0.90	0.11	0.00	0.00	212.30	23.77	1.23	8.40	8.40	1.51	2.52	91.84	0.00(M)	0.00(M)	1.40	51.63	(M)
Cereal, ready-to-eat, Raisin Bran, bowlpack 1.25 oz - SR1457 (1 bowl)	5	110.00	0.50	0.00	0.00	0.00	120.00	28.00	4.00	10.00	5.00	3.00	0.72	0.00	0.00(M)	0.00(M)	0.00	94.00	(M)
Rice Chex Bowlpak - SMR1304 (1 bowl)	5	100.00	0.50	0.00	0.00	0.00	250.00	24.00	1.00	2.00	0.00(M)	2.00	9.00	100.00	500.00	6.00	2.00	50.00	0.00(M)
Strawberry & Blueberry Parfait - SMR1956 (1 parfait)	55	343.01	6.46	0.67	0.04	2.52	170.78	59.59	4.29	37.84	9.50(M)	13.43	1.26(M)	120.73 (M)	116.19 (M)	26.39 (M)	0.00(M)	138.96 (M)	0.00(M)
Category: Grains; May Choose: 1																			

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Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
(Replace with SR2366 by 2/28/22) Crackers, graham, original, Keebler, 3 count (CACFP) - SR1163 (1 pkg.)	25	90.00	2.50	0.00	0.00	0.00	100.00	17.00	1.00	4.00	4.00	2.00	0.70	10.00	0.00(M)	0.00(M)	0.00	50.00	(M)
Category: Fruit; May Choose: 2																			
F - Oranges, fresh, whole, unpeeled - SR1171 (1 small (2-3))	100	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.00	0.90	0.10	38.40	216.00	51.07	0.00	173.76	83.28
Peaches, cling, diced, canned in pear juice, drained - SR1196 (1/2 c.)	100	77.87	0.05	0.00	0.00	0.00	7.08	20.48	2.30	18.18	0.00	1.11	0.48	10.62	674.29	6.37	0.00	226.53	0.00(M)
Category: Milk; May Choose: 1																			
Lactaid Milk - SMR1943 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	5.00	410.00	(M)
Regional Milk, White, Lowfat 1% - SR1001 (1 Half Pint)	45	102.48	2.37	1.54	0.00	12.20	107.36	12.18	0.00	12.69	0.00	8.22	0.07	305.00	478.24	0.00	2.93	366.00	(M)
Regional Milk, White, Skim - SR1002 (1 Half Pint)	45	83.30	0.20	0.14	0.00	4.90	102.90	12.15	0.00	12.47	0.00	8.26	0.07	298.90	499.80	0.00	2.94	382.20	(M)
Soy Milk - SMR1719 (1 ea.)	5	140.00	4.50	0.50	0.00	0.00	110.00	17.00	2.00	15.00	14.00	8.00	1.10	300.00	0.00(M)	0.00(M)	2.50	350.00	(M)
Classic Breakfast SY21-22 W3D4 Term 4-APRIL - Day: 4	100																		
Category: Entrée/Combo; May Choose: 1																			
Apple Muffin ICM 2 grain - SMR1721 (1 ea.)	2	240.00	8.00	2.00	0.00	0.00	220.00	34.00	2.00	15.00	13.00	5.00	1.10	50.00	0.00(M)	0.00(M)	0.00	110.00	0.00(M)
Blueberry Muffin ICM 2 grain - SMR1720 (1 ea.)	2	270.00	9.00	2.00	0.00	0.00	210.00	38.00	2.00	16.00	15.00	5.00	1.30	40.00	0.00(M)	0.00(M)	0.00	100.00	0.00(M)
Cereal, ready-to-eat, Cheerios, bowlpack 1 oz (CACFP) - SR1160 (1 bowl)	10	100.52	1.79	0.36	0.00	0.00	136.42	20.83	2.88	1.43	1.43	3.58	9.04	93.32	0.00(M)	0.00(M)	1.43	179.48	(M)
Cereal, ready-to-eat, Cinnamon Chex, bowlpack 1 oz (CACFP) - SR2336 (1 bowl)	10	116.82	2.63	0.25	0.00	0.00	173.04	22.85	1.40	5.77	5.63	1.37	7.56	91.00	0.00(M)	0.00(M)	1.40	43.57	(M)
Cereal, ready-to-eat, Golden Grahams, bowlpack 1 oz - SR2432 (1 bowl)	10	105.36	0.90	0.11	0.00	0.00	212.30	23.77	1.23	8.40	8.40	1.51	2.52	91.84	0.00(M)	0.00(M)	1.40	51.63	(M)
Cereal, ready-to-eat, Raisin Bran, bowlpack 1.25 oz - SR1457 (1 bowl)	6	110.00	0.50	0.00	0.00	0.00	120.00	28.00	4.00	10.00	5.00	3.00	0.72	0.00	0.00(M)	0.00(M)	0.00	94.00	(M)
Coco Bread (coco free) - SMR1947 (1 ea.)	50	230.00	6.00	3.00	0.00	5.00	270.00	37.00	2.00	4.00	4.00	6.00	2.00	0.00	0.00	0.00	0.00	60.00	0.00

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Colby Cheese Omelet, 5" egg patty, 2.1 oz, CN - SMR1113 (1 patty)	50	120.00	10.00	3.50	0.00	165.00	300.00	1.00	0.00	0.00	0.00	7.00	1.00	83.00	0.00(M)	0.00(M)	1.00	73.00	(M)
Rice Chex Bowlpak - SMR1304 (1 bowl)	10	100.00	0.50	0.00	0.00	0.00	250.00	24.00	1.00	2.00	0.00(M)	2.00	9.00	100.00	500.00	6.00	2.00	50.00	0.00(M)
Category: Grains; May Choose: 1																			
(Replace with SR2366 by 2/28/22) Crackers, graham, original, Keebler, 3 count (CACFP) - SR1163 (1 pkg.)	45	90.00	2.50	0.00	0.00	0.00	100.00	17.00	1.00	4.00	4.00	2.00	0.70	10.00	0.00(M)	0.00(M)	0.00	50.00	(M)
Category: Fruit; May Choose: 2																			
F - Blueberries, fresh - SR1545 (1/2 c.)	200	42.18	0.24	0.02	0.00	0.00	0.74	10.72	1.78	7.37	(M)	0.55	0.21	4.44	39.96	7.18	(M)	(M)	62.31
F - Strawberries, fresh - SR1546 (1/2 c.)	200	23.04	0.22	0.01	0.00	0.00	0.72	5.53	1.44	3.52	(M)	0.48	0.29	11.52	8.64	42.34	(M)	(M)	65.48
Category: Milk; May Choose: 1																			
Lactaid Milk - SMR1943 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	5.00	410.00	(M)
Regional Milk, White, Lowfat 1% - SR1001 (1 Half Pint)	45	102.48	2.37	1.54	0.00	12.20	107.36	12.18	0.00	12.69	0.00	8.22	0.07	305.00	478.24	0.00	2.93	366.00	(M)
Regional Milk, White, Skim - SR1002 (1 Half Pint)	45	83.30	0.20	0.14	0.00	4.90	102.90	12.15	0.00	12.47	0.00	8.26	0.07	298.90	499.80	0.00	2.94	382.20	(M)
Soy Milk - SMR1719 (1 ea.)	5	140.00	4.50	0.50	0.00	0.00	110.00	17.00	2.00	15.00	14.00	8.00	1.10	300.00	0.00(M)	0.00(M)	2.50	350.00	(M)
Classic Breakfast SY21-22 W3D5 Term 4-APRIL - Day: 5	100																		
Category: Entrée/Combo; May Choose: 1																			
Apple Muffin ICM 2 grain - SMR1721 (1 ea.)	30	240.00	8.00	2.00	0.00	0.00	220.00	34.00	2.00	15.00	13.00	5.00	1.10	50.00	0.00(M)	0.00(M)	0.00	110.00	0.00(M)
Blueberry Muffin ICM 2 grain - SMR1720 (1 ea.)	30	270.00	9.00	2.00	0.00	0.00	210.00	38.00	2.00	16.00	15.00	5.00	1.30	40.00	0.00(M)	0.00(M)	0.00	100.00	0.00(M)
Cereal, ready-to-eat, Cheerios, bowlpack 1 oz (CACFP) - SR1160 (1 bowl)	1	100.52	1.79	0.36	0.00	0.00	136.42	20.83	2.88	1.43	1.43	3.58	9.04	93.32	0.00(M)	0.00(M)	1.43	179.48	(M)
Cereal, ready-to-eat, Cinnamon Chex, bowlpack 1 oz (CACFP) - SR2336 (1 bowl)	1	116.82	2.63	0.25	0.00	0.00	173.04	22.85	1.40	5.77	5.63	1.37	7.56	91.00	0.00(M)	0.00(M)	1.40	43.57	(M)
Cereal, ready-to-eat, Golden Grahams, bowlpack 1 oz - SR2432 (1 bowl)	1	105.36	0.90	0.11	0.00	0.00	212.30	23.77	1.23	8.40	8.40	1.51	2.52	91.84	0.00(M)	0.00(M)	1.40	51.63	(M)

Menu Cycle Week – Nutrient Analysis

Generated on: 3/11/2022 12:20:47 PM

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Cereal, ready-to-eat, Raisin Bran, bowlpack 1.25 oz - SR1457 (1 bowl)	1	110.00	0.50	0.00	0.00	0.00	120.00	28.00	4.00	10.00	5.00	3.00	0.72	0.00	0.00(M)	0.00(M)	0.00	94.00	(M)
Rice Chex Bowlpak - SMR1304 (1 bowl)	1	100.00	0.50	0.00	0.00	0.00	250.00	24.00	1.00	2.00	0.00(M)	2.00	9.00	100.00	500.00	6.00	2.00	50.00	0.00(M)
Wheat Bagel, sliced, Burry, 2.3 oz, 51% whole grain w/ Cream Cheese - SMR1659 (1 bagel)	50	214.54	4.55	2.25	0.13	12.80	390.37	36.71	4.05	4.10	3.00(M)	7.57	2.05	38.60	275.35 (M)	0.00(M)	0.00(M)	137.00 (M)	(M)
Category: Grains; May Choose: 1																			
(Replace with SR2366 by 2/28/22) Crackers, graham, original, Keebler, 3 count (CACFP) - SR1163 (1 pkg.)	5	90.00	2.50	0.00	0.00	0.00	100.00	17.00	1.00	4.00	4.00	2.00	0.70	10.00	0.00(M)	0.00(M)	0.00	50.00	(M)
Category: Fruit; May Choose: 1																			
Apples, Sliced, Fresh Peterson Farms Snack Serving Size - SMR1708 (1 c.)	100	60.00	0.00	0.00	0.00	0.00	0.00	14.00	2.00	12.00	(M)	0.00	0.00	40.00	0.00	42.00	(M)	(M)	0.00(M)
Category: Milk; May Choose: 1																			
Lactaid Milk - SMR1943 (1 Half Pint)	5	90.00	0.00	0.00	0.00	5.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	5.00	410.00	(M)
Regional Milk, White, Lowfat 1% - SR1001 (1 Half Pint)	45	102.48	2.37	1.54	0.00	12.20	107.36	12.18	0.00	12.69	0.00	8.22	0.07	305.00	478.24	0.00	2.93	366.00	(M)
Regional Milk, White, Skim - SR1002 (1 Half Pint)	45	83.30	0.20	0.14	0.00	4.90	102.90	12.15	0.00	12.47	0.00	8.26	0.07	298.90	499.80	0.00	2.94	382.20	(M)
Soy Milk - SMR1719 (1 ea.)	5	140.00	4.50	0.50	0.00	0.00	110.00	17.00	2.00	15.00	14.00	8.00	1.10	300.00	0.00(M)	0.00(M)	2.50	350.00	(M)