

# Menu Day – Nutrient Analysis

Menu: Holiday Meal OT Grow ECE, ES & K-8  
 Result: Pass

Meal Pattern: [USDA]Meal Pattern SY 2014+  
 Meal Type: Lunch  
 Serving Group: K-8  
 Site Group: One Table Grow K-5

Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[600.00 - 650.00]	606.07(M)	
Total Fat (g)		20.42(M)	30.33
Sat Fat (g)(1)	< 10.00 % of Calories	5.86(M)	8.70
Trans Fat (g)(2)		0.00(M)	
Chol (mg)		115.79(M)	
Sodium Target 1 (mg) (1)	<= 1,230.00	899.69(M)	
Sodium Target 1A (mg) (1)	<= 1,110.00	899.69(M)	
Carb (g)		77.37(M)	51.06
Total Fiber (g)		10.19(M)	
Total Sugars (g)		26.78(M)	17.67
Added Sugars (g)		16.60(M)	
Protein (g)		31.32(M)	20.67
Iron (mg)		4.05(M)	
Calcium (mg)		140.20(M)	
VitA (IU)		1,004.96(M)	
VitC (mg)		15.54(M)	
VitD (mcg)		0.67(M)	
Potassium (mg)		786.34(M)	
Mois (g)		208.54(M)	
Ash (g)		0.58(M)	

Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Meat/MA	>= 1.000	[2.000 - 2.500]	
Grains	>= 1.000	2.000	
Non-WGR		0.000	
WGR		4.000	
Grain-D		0.000	
Fruit	>= 0.500	1.500	
Fruit-J		0.000	
Veg	>= 0.750	[1.750 - 2.000]	
Veg-DG		0.125	
Veg-RO		0.375	
Veg-BP		0.125	
Veg-S		0.875	
Veg-O		1.250	
Veg-X		0.000	
Vegetable-J		0.000	
MILK-F	>= 1.000	1.000	
MILK-V		Pass	

**Legend**

PrimeroEdge will flag based on USDA requirements starting School Year 2022-2023 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

# Menu Day – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>Holiday Meal OT Grow ECE, ES &amp; K-8</b>	100																		
<b>Category: Entrée/Combo; May Choose: 1</b>																			
Chicken Drumstick, Glazed, Tyson - SR2447 (1 piece)	80	248.99	15.56	3.89	0.00	140.06	497.98	3.11	0.00	0.00	0.00	24.90	1.56	14.01	0.00(M)	0.00(M)	0.00	357.92	(M)
Rainbow Chili and Cheese, vegetarian, quick start, cheddar - SR1217 (1 c.)	20	263.29	8.00	3.79	0.00	18.75	545.31	35.19	9.27	7.25	0.00(M)	13.75	3.27	226.55	3758.41 (M)	41.90 (M)	0.15(M)	670.72 (M)	209.03 (M)
<b>Category: Grains; May Choose: 1</b>																			
Biscuit, baked, whole grain, Easy Split, 2 oz (CACFP) - SR1598 (1 biscuit)	20	190.00	9.00	6.00	0.00	0.00	310.00	24.00	2.00	2.00	2.00	4.00	1.44	150.00	0.00(M)	0.00(M)	0.00	188.00	(M)
Dinner Roll, Richs WG 1.25 oz - SR1010 (2 roll.)	80	160.00	3.00	0.00	0.00	0.00	130.00	28.00	4.00	4.00	4.00	6.00	1.60	20.00	0.00(M)	0.00(M)	0.80	100.00	(M)
<b>Category: Garden, Milk, Condiments; May Choose: 1</b>																			
CRC-Garden Bar (Garden, Milk, Condiments) - SR3004 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
<b>Category: Fruit; May Choose: 1</b>																			
C - Cinnamon Swirled Apple Slices, canned - SR1492 (1/2 c.)	50	44.60	0.00	0.00	0.00	0.00	8.79	11.65	1.93	9.64	0.00	0.01	0.03	3.25	0.00(M)	0.00(M)	0.00	95.14	0.03(M)
Cranberries, Dried, Craisins, Bulk - SMR1783 (1/4 c.)	50	130.00	0.27	0.03	0.00	0.00	3.59	33.00	2.54	29.00	26.00	0.19	0.00	0.64	17.80	0.00	0.00	17.33	(M)
<b>Category: Vegetable; May Choose: 1</b>																			
O - Green Beans, cut, heated, seasoned - SR1021 (3/4 c.)	50	33.27	0.20	0.05	0.00	0.00	64.66	7.66	3.51	2.18	0.00(M)	1.77	0.79	49.27	484.84 (M)	4.74(M)	0.00	187.39	112.10
S - Potato, mashed, Signature - SR1112 (3/4 c.)	50	119.97	2.25	1.50	0.00	0.00	153.93	22.49	1.50	1.50	0.00(M)	3.00	0.35	19.38	3.91	9.57	0.00(M)	1.32(M)	127.03 (M)
<b>Category: Condiment; May Choose: 1</b>																			
Gravy, chicken, low sodium - SMR1693 (1/4 c.)	80	30.37	1.01	0.00	0.00	0.00	138.46	4.05	0.00	0.71	0.00	0.71	0.00	1.77	0.00(M)	0.00(M)	0.00	122.09	58.94 (M)