

Menu Calendar Report - October, 2023

Generated on: 9/7/2023 7:53:01 AM by Carolyn Adams

Site: ALL
Meal Type: Breakfast
Site Group: Inspire
Menu Line: Pre-K Breakfast

Mon	Tue	Wed	Thu	Fri
2 Oct	3 Oct	4 Oct	5 Oct	6 Oct
Soft Wheat Bagel (35.00 g) Cheerios (20.83 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cinnamon Chex (23.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Rice Chex Cereal Bowlpak (24.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Orange Smiles (11.28 g) Lactaid Milk (13.00 g) Lowfat 1% White Milk (13.00 g) Skim Milk, White (12.49 g) Soy Milk (17.00 g) Cream Cheese Cup (1.71 g)	Vanilla Yogurt Cup (12.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cheerios (20.83 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cinnamon Chex (23.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Rice Chex Cereal Bowlpak (24.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Fresh Apple Slices (7.00 g) Lactaid Milk (13.00 g) Lowfat 1% White Milk (13.00 g) Skim Milk, White (12.49 g) Soy Milk (17.00 g)	Cinnamon Rush Mini French Toasts (29.48 g) Cheerios (20.83 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cinnamon Chex (23.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Rice Chex Cereal Bowlpak (24.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Diced Bartlett Pears (15.31 g) Lactaid Milk (13.00 g) Lowfat 1% White Milk (13.00 g) Skim Milk, White (12.49 g) Soy Milk (17.00 g)	Blueberry Patch Parfait (47.77 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cheerios (20.83 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cinnamon Chex (23.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Rice Chex Cereal Bowlpak (24.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Blueberries (8.87 g) Lactaid Milk (13.00 g) Lowfat 1% White Milk (13.00 g) Skim Milk, White (12.49 g) Soy Milk (17.00 g)	Hadley Farms, Strawberry Guava Danish, 3.2 oz, 2 WG, IW (45.00 g) Cheerios (20.83 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cinnamon Chex (23.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Rice Chex Cereal Bowlpak (24.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Unsweetened Applesauce (12.57 g) Lactaid Milk (13.00 g) Lowfat 1% White Milk (13.00 g) Skim Milk, White (12.49 g) Soy Milk (17.00 g)
9 Oct	10 Oct	11 Oct	12 Oct	13 Oct
	Ice Cream Machine, Oatmeal Round Tropical Mango/Pineapple, 2.5 oz, 2 WG IW (39.00 g) Cheerios (20.83 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cinnamon Chex (23.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Rice Chex Cereal Bowlpak (24.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Mixed Fruit Cocktail (12.89 g) Lactaid Milk (13.00 g) Lowfat 1% White Milk (13.00 g) Skim Milk, White (12.49 g) Soy Milk (17.00 g)	Purple Daze Smoothie (39.01 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cheerios (20.83 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cinnamon Chex (23.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Rice Chex Cereal Bowlpak (24.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Diced Peaches (13.78 g) Lactaid Milk (13.00 g) Lowfat 1% White Milk (13.00 g) Skim Milk, White (12.49 g) Soy Milk (17.00 g)	Maple Madness Mini Waffles (33.18 g) Served With: - Syrup, maple flavor, bulk (26.00 g) Cheerios (20.83 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cinnamon Chex (23.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Rice Chex Cereal Bowlpak (24.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Banana (26.95 g) Lactaid Milk (13.00 g) Lowfat 1% White Milk (13.00 g) Skim Milk, White (12.49 g) Soy Milk (17.00 g)	Double Berry Parfait (59.84 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cheerios (20.83 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cinnamon Chex (23.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Rice Chex Cereal Bowlpak (24.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Strawberries (6.52 g) Lactaid Milk (13.00 g) Lowfat 1% White Milk (13.00 g) Skim Milk, White (12.49 g) Soy Milk (17.00 g)

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16 Oct		17 Oct		18 Oct		19 Oct		20 Oct	
Cherry Frudel Stick (30.88 g) Cheerios (20.83 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cinnamon Chex (23.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Rice Chex Cereal Bowlpak (24.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Fresh Apple Slices (7.00 g) Lactaid Milk (13.00 g) Lowfat 1% White Milk (13.00 g) Skim Milk, White (12.49 g) Soy Milk (17.00 g)		Hadley Farms, Strawberry Guava Danish, 3.2 oz, 2 WG, IW (45.00 g) Cheerios (20.83 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cinnamon Chex (23.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Rice Chex Cereal Bowlpak (24.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Melon Mix (15.12 g) Lactaid Milk (13.00 g) Lowfat 1% White Milk (13.00 g) Skim Milk, White (12.49 g) Soy Milk (17.00 g)		Oatmeal Raisin Round (41.00 g) Cheerios (20.83 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cinnamon Chex (23.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Rice Chex Cereal Bowlpak (24.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Banana (13.48 g) Lactaid Milk (13.00 g) Lowfat 1% White Milk (13.00 g) Skim Milk, White (12.49 g) Soy Milk (17.00 g)					
23 Oct		24 Oct		25 Oct		26 Oct		27 Oct	
Cinnamon Rush Mini French Toasts (29.48 g) Served With: - Syrup, maple flavor, bulk (26.00 g) Cheerios (20.83 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cinnamon Chex (23.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Rice Chex Cereal Bowlpak (24.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Banana (13.48 g) Lactaid Milk (13.00 g) Lowfat 1% White Milk (13.00 g) Skim Milk, White (12.49 g) Soy Milk (17.00 g)		Cherry Frudel Stick (30.88 g) Cheerios (20.83 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cinnamon Chex (23.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Rice Chex Cereal Bowlpak (24.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Diced Peaches (21.00 g) Lactaid Milk (13.00 g) Lowfat 1% White Milk (13.00 g) Skim Milk, White (12.49 g) Soy Milk (17.00 g)		Maple Madness Mini Waffles (33.18 g) Cheerios (20.83 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cinnamon Chex (23.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Rice Chex Cereal Bowlpak (24.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Fresh Apple Slices (7.00 g) Lactaid Milk (13.00 g) Lowfat 1% White Milk (13.00 g) Skim Milk, White (12.49 g) Soy Milk (17.00 g)		Cinnamon Creamy Cheese Mini Bagels (34.02 g) Cheerios (20.83 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cinnamon Chex (23.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Rice Chex Cereal Bowlpak (24.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Pineapple Tidbits (16.43 g) Lactaid Milk (13.00 g) Lowfat 1% White Milk (13.00 g) Skim Milk, White (12.49 g) Soy Milk (17.00 g)		Honey Pear Cranberry Parfait (71.70 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cheerios (20.83 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cinnamon Chex (23.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Rice Chex Cereal Bowlpak (24.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Diced Bartlett Pears (15.31 g) Lactaid Milk (13.00 g) Lowfat 1% White Milk (13.00 g) Skim Milk, White (12.49 g) Soy Milk (17.00 g)	
30 Oct				1 Nov				3 Nov	
Cinnamon Creamy Cheese Mini Bagels (34.02 g)				Blueberry Bash Mini Waffles (32.83 g) Served With: - Syrup, maple flavor, bulk (26.00 g)					

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	31 Oct		2 Nov
Cheerios (20.83 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cinnamon Chex (23.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Rice Chex Cereal Bowlpak (24.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Fresh Apple Slices (7.00 g) Lactaid Milk (13.00 g) Lowfat 1% White Milk (13.00 g) Skim Milk, White (12.49 g) Soy Milk (17.00 g)	Berry Banana Smoothie (39.86 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cheerios (20.83 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cinnamon Chex (23.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Rice Chex Cereal Bowlpak (24.00 g) Served With: - Syrup, maple flavor, bulk (26.00 g) Orange Smiles (11.28 g) Lactaid Milk (13.00 g) Lowfat 1% White Milk (13.00 g) Skim Milk, White (12.49 g) Soy Milk (17.00 g)	Cheerios (20.83 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cinnamon Chex (23.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Rice Chex Cereal Bowlpak (24.00 g) Served With: - Syrup, maple flavor, bulk (26.00 g) Orange Smiles (11.28 g) Lactaid Milk (13.00 g) Lowfat 1% White Milk (13.00 g) Skim Milk, White (12.49 g) Soy Milk (17.00 g)	Just Peachy Parfait (59.90 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cheerios (20.83 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Cinnamon Chex (23.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Rice Chex Cereal Bowlpak (24.00 g) Served With: - Crackers, graham, honey, Keebler, 3 count (CACFP) (17.00 g) Diced Bartlett Pears (15.31 g) Lactaid Milk (13.00 g) Lowfat 1% White Milk (13.00 g) Skim Milk, White (12.49 g) Soy Milk (17.00 g)

Carbohydrate values in grams follow the Menu Item name