

Menu Cycle Week – Nutrient Analysis

Menu Cycle: 2022, DCPS RFP Snack Menu
 Week: 2
 Result: **Fail**

Meal Pattern: [USDA] CACFP Meal Pattern
 Meal Type: Snack
 Serving Group: Ages 6-18
 Site Group: Inspire

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)		198.05	
Total Fat (g)		6.82	30.99
Sat Fat (g)		2.08	9.46
Trans Fat (g)(1)		0.00	
Chol (mg)		2.00	
Sodium (mg)		242.68	
Carb (g)		29.35	59.28
Total Fiber (g)		2.84	
Total Sugars (g)		12.98	26.21
Added Sugars (g)		1.36(M)	
Protein (g)		5.65	11.41
Iron (mg)		0.83(M)	
Calcium (mg)		82.99(M)	
VitA (IU)		221.65(M)	
VitC (mg)		3.82(M)	
VitD (mcg)		0.00(M)	
Potassium (mg)		186.82(M)	
Mois (g)		17.56(M)	
Ash (g)		0.07(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Meat/MA		3.000	
Grains		5.000	
Non-WGR		0.000	
WGR		5.000	
Grain-D		0.000	
Fruit		1.500	
Fruit-J		0.000	
Veg		0.750	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.750	
Veg-X		0.000	
Vegetable-J		0.000	
MILK-F		0.000	
MILK-V			Fail

Legend

Snacks need to serve 2 of the 5 components.

(M) Indicates missing nutrient values.

1 Trans Fat is provided for informational purposes, not for monitoring purposes.

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2022, DCPS RFP Snack Menu W2D1 - Day: 1	100																		

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
Category: Grains; May Choose: 1																			
Annie's Bunny Grahams - SMR1293 (1 pkg.)	100	130.00	4.50	0.00	0.00	0.00	120.00	22.00	1.00	6.00	(M)	2.00	0.50	200.00	(M)	(M)	0.00	0.00	(M)
Category: Fruit; May Choose: 1																			
Applesauce, canned, unsweetened (1/2c = 4.5 oz = 1/2c fruit) , Recipe - SMR1770 (3/4 c.)	100	83.59	0.23	0.04	0.00	0.00	15.69	18.83	2.26	17.26	0.00	0.48	0.12	7.85	0.00(M)	6.97	0.00	172.53	(M)
2022, DCPS RFP Snack Menu W2D2 - Day: 2																			
Category: Meat/MA; May Choose: 1																			
Mozzarella String Cheese Stick, 1 oz - SMR1203 (1 stick.)	100	60.00	2.50	2.00	0.00	10.00	210.00	1.00	0.00	0.00	(M)	8.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Grains; May Choose: 1																			
Pepperidge Farm Goldfish Pretzels, WG, 0.75oz, 300/cs - SR3036 (1 pkg.)	100	100.00	3.50	0.50	0.00	0.00	170.00	14.00	1.00	0.00	0.00	2.00	0.70	20.00	0.00(M)	0.00(M)	0.00	60.00	(M)
2022, DCPS RFP Snack Menu W2D3 - Day: 3																			
Category: Grains; May Choose: 1																			
Baked Biscuit, Easy Split, Pillsbury, whole grain, 2 oz - SMR1015 (1 biscuit)	100	190.00	9.00	6.00	0.00	0.00	310.00	24.00	2.00	2.00	2.00	4.00	1.44	150.00	0.00(M)	0.00(M)	0.00	188.00	(M)
Category: Fruit; May Choose: 1																			
Peaches, cling, diced, canned in pear juice, drained - SR1196 (3/4 c.)	100	116.81	0.08	0.00	0.00	0.00	10.62	30.71	3.45	27.26	0.00	1.67	0.72	15.93	1011.43	9.56	0.00	339.80	0.00(M)
Category: Condiment; May Choose: 1																			
Grape Jelly - SMR1395 (1/2 oz.)	1	35.00	0.00	0.00	0.00	0.00	0.00	9.00	0.00	8.00	6.24	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)
2022, DCPS RFP Snack Menu W2D4 - Day: 4																			
Category: Meat/MA; May Choose: 1																			
Hummus Cup IW - SMR1310 (2 Ounce serv)	100	150.00	11.00	1.50	0.00	0.00	250.00	9.00	3.00	0.00	(M)	4.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Vegetable; May Choose: 1																			

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O - Cucumbers, unpared, 1/4-inch sliced, ready-to-serve - SR1013 (3/4 c.)	100	13.83	0.10	0.03	0.00	0.00	1.84	3.35	0.46	1.54	0.00	0.60	0.26	14.75	96.81	2.58	0.00	135.54	87.81
2022, DCPS RFP Snack Menu W2D5 - Day: 5	100																		
Category: Meat/MA; May Choose: 1																			
Yoplait Light Fat Free Yogurt Blueberry Patch - SMR1308 (4 oz.)	100	60.00	0.00	0.00	0.00	0.00	60.00	11.00	0.00	6.00	(M)	4.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Category: Grains; May Choose: 1																			
Cereal, granola, oats n honey, WGR, Nature Valley - SR2331 (1/4 c.)	100	85.65	3.19	0.33	0.02	0.00	65.23	12.76	1.04	4.75	4.75	1.50	0.44	6.42	0.00(M)	0.00(M)	0.00	38.24	(M)