

# Term 4 Menu\*

**For the weeks of:**

**Week 1**

April 19th - April 25th

May 3rd - May 9th

May 17th - May 23rd

May 31st - June 6th

June 14th - June 20th

June 28th -

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>							
<b>Breakfast</b>	Assorted Cereal/ Whole Grain Graham Crackers/ Pineapple Tidbits	Egg & Cheese Breakfast Burrito/Diced Peaches	Fruit & Yogurt Parfait w/ Granola/ <b>Fresh Apple Slices</b>	Oatmeal/Fresh Banana/100% Apple Juice	French Toast Sticks/Boiled Egg/ Mandarin Oranges	Assorted Cereals w/ Whole Grain Graham Crackers/ Assorted Fruits	Assorted Muffins/ Assorted Fruits
<b>Milk</b>	Nonfat or 1% White Milk						
<b>LUNCH</b>							
<b>Speciality Entrée</b>	Chicken Alfredo Macaroni w/ Garlic Knot Bread	Teriyaki Grilled Chicken w/ Vegetables & Brown Rice	Hamburger w/Mustard	Spaghetti w/Turkey Meatballs w/ Cheesy Breadstick	BBQ Chicken Drumstick w/ Dinner Roll	Sunbutter & Jelly Sandwich	Breakfast for Lunch: Boiled Egg, Turkey Sausage & Maple Pancakes w/ Syrup
<b>Vegetarian Entrée</b>	Super Veggie Macaroni & Cheese w/ Garlic Knot Bread V	Veggie Fried Rice V	Garden Burger w/Mustard VE	Veggie Tortellini w/ Cheesy Breadstick V	Grilled Cheese Sandwich V	Garden Burger w/ Mustard VE	Breakfast for Lunch: Boiled Egg & Maple Pancakes w/ Syrup
<b>Available Vegetable</b>	Mixed Garden Vegetables	Steamed Corn	Seasoned Potato Wedges w/ Ketchup	Seasoned Carrot Coins	BBQ Baked Beans	Assorted Vegetables w/ Dip	Assorted Vegetables w/ Dip
<b>Available Fruit</b>	Diced Pears	<b>Fresh Apple</b>	Fresh Orange	Pineapple Tidbits	Banana	Assorted Fruits	Assorted Fruits
<b>Milk</b>	Nonfat or 1% White Milk						

V - indicates vegetarian

VE - indicates vegan

**Green Color Font** - indicates locally sources produce

\*Subject to change based on availability

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# Term 4 Menu\*

For the weeks of:

**Week 2**

April 26th - May 2nd  
May 10th - May 16th  
May 24th - May 30th  
June 7th - June 13th  
June 21st - June 27th

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>							
<b>Breakfast</b>	Whole Grain Fluffy Pancake w/Syrup/Whole Grain Graham Crackers/ <b>Fresh Apple Slices</b>	Assorted Cereal/Whole Grain Graham Crackers/ Mandarin Oranges	Cheesy Grits/Boiled Egg/ Pineapple Tidbits	Whole Grain Apple Muffin/Banana/ 100% Orange Juice	Whole Grain Biscuit w/ Turkey Sausage Gravy/ <b>OR Whole Grain Biscuit w/ Jelly &amp; Mozzarella String Cheese /Mixed Fruit Cup</b>	Assorted Cereals w/ Whole Grain Graham Crackers /Assorted Fruits	Assorted Muffins/Assorted Fruits
<b>Milk</b>	Nonfat or 1% White Milk						
<b>LUNCH</b>							
<b>Specialty Entrée</b>	Chicken Quesadilla	Chicken Salad Sandwich	BBQ Burger w/Coleslaw	Breakfast for Lunch: Boiled Egg, Turkey Sausage & Maple Pancakes w/ Syrup	Salisbury Steak w/ Gravy and Dinner Roll	American Sub Sandwich	BBQ Burger & Coleslaw w/ Tortilla Chips
<b>Vegetarian Entrée</b>	Cheese Quesadilla V	Sunbutter & Jelly sandwich VE	Garden Burger w/Light Mustard	Bean & Cheese Burrito V	Whole Grain Cheese Lasagna Rollup w/ Dinner Roll V	Vegan Garden Wrap VE	Bean & Cheese Burrito w/ Tortilla Chips V
<b>Available Vegetable</b>	Seasoned Green Beans	Cucumber Coins w/ Dip	Seasoned Potato Wedges w/ Ketchup	Seasoned Carrot Coins	Mixed Garden Vegetables	Assorted Vegetables w/ Dip	Assorted Vegetables w/ Dip
<b>Available Fruit</b>	Diced Peaches	Mixed Fruit Cup	Fresh Orange	Diced Pears	<b>Apple Slices</b>	Assorted Fruits	Assorted Fruits
<b>Milk</b>	Nonfat or 1% White Milk						

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