

Dear Young Women of DCPS:

Welcome to the second annual **We the Girls: Young Women’s Leadership Conference**! We believe that every girl can be anything she wants to be if she works hard at it. Know that there will be times when you are unsure if you can do it—but keep pushing on! There will also be times when others doubt you and your ability—prove them wrong!

A little more than a year ago, **Reign: Empowering Young Women as Leaders** was launched to ensure that young women of color in DCPS have access to meaningful experiences to grow as leaders both inside and outside the classroom. With the addition of innovation grants and workshops supporting book clubs, financial literacy, and mentoring programs, we are excited to see this initiative continue to thrive!

The workshops and discussions that you participate in today will cover a wide range of topics, including confidence building, health and wellness, cultural identity, and college preparation.

This space and this time are dedicated today to you and your personal growth—we hope that you will take full advantage of this conference to learn, challenge yourself, connect with other women, and broaden your vision of what you can achieve in life.

Your voice, your perspectives, and your leadership are essential to the future of our schools and Washington, DC. We hope you enjoy this day of sisterhood, celebration, enrichment, and inspiration!



Amanda Alexander  
Interim Chancellor



Muriel Bowser  
Mayor, District of Columbia

About  
**Reign**

Launched in March 2017, Reign: Empowering Young Women as Leaders is an initiative for young women of color focusing on leadership, health and wellness, and identity. Reign programs work to close the opportunity gap by providing programming and support to schools so that young women of color can thrive. Through Reign Innovation Funds and We the Girls Leadership Series, young women of color will have the opportunity to build community, confidence, and leadership.

Schedule

9:00 am - 10:00 am	<ul style="list-style-type: none"><li>• Check-In</li><li>• Breakfast</li></ul>
10:00 am - 10:30 am	<ul style="list-style-type: none"><li>• Remarks from Shanita Burney, Chief, Office of Family and Public Engagement</li><li>• Student Performance</li><li>• Keynote address by Brittany Packnett</li></ul>
10:40 am - 11:40 am	Workshop Session 1
11:45 am - 12:45 pm	Workshop Session 2
12:50 pm - 1:50 pm	<ul style="list-style-type: none"><li>• Lunch</li></ul>
2:00 pm - 3:00 pm	<ul style="list-style-type: none"><li>• Gallery Walk</li><li>• Photo Booth</li><li>• Pep Rally</li><li>• Closing Remarks</li></ul>



2ND ANNUAL YOUNG WOMEN’S  
LEADERSHIP CONFERENCE

#WeTheGirlsDCPS

SATURDAY, JUNE 2, 2018



# Workshops&Facilitators

## Session 1

10:40 am - 11:40 am

### College 101

Participants will immerse themselves in the college admission process, as they take on the role of a college admissions officer and make the very challenging decision about who to accept, deny, and waitlist. The session will give participants an overview of the admission process and build a greater understanding of what colleges are looking for in DCPS participants!

**Kimberly Hanauer**

DCPS College and Career Readiness

### Real Talk

This informal conversation will focus on healthy relationships, dating abuse, and warning signs of unhealthy behavior.

**Kaziah White**

Break the Cycle

### Curls on the Block

CURLY and Confident! Learn 5 steps on how to embrace your natural hair. Get the steps, ingredients and supplies to make your own hair refresher or flax seed hair gel! Stay curly with Curls on the Block.

**Analise Harris**

Curls on the Block

### Building a Positive Self-Identity

The Courage to Define Yourself: Building a Positive Self-Identity! This workshop will engage participants in developing confidence, cultural pride, and a healthy self-identity. Participants will learn how self-identity can help or hurt them, and, what they can do to improve it and therefore boost their self-esteem and confidence.

**Janice Ferebee**

Ferebee Enterprises International, LLC

### Addressing the Code: What's Appropriate in our Schools?

*\*this session will run for two hours*

In this student-led workshop participants will have the opportunity to discuss the article "Are Black Girls Unfairly Targeted for Dress-Code Violations at School?" Participants will react to the article, provide their thoughts on ways that disciplinary practices affect girls of color in DCPS, and develop next steps for improving conditions in our schools.

**DCPS Students and Staff**

DCPS

### Managing Cyber-Bullying

This workshop is interactive and empowers youth to create solutions. Participants are engaged in a series of scenarios where they are prompted to strategize to manage real-life cyber-bullying situations. Participants are equipped with ways to handle cyber-bullying as a victim and also as a witness.

**Bathsheba Smithen**

Cage Free Voices

### Selfie Circuits 2.0: Electric Dreams

Participants will take and personalize Polaroid pictures with positive adjectives, STEM images and LED lights. Participants will learn electrical engineering concepts by creating a simple circuit with an LED light, while discussing and debunking stereotype threats with positive affirmations.

**Jennifer Rivers and Mary-Margaret Cummings**

Techbridge

### Practicing Self-Advocay

Participants will learn about the characteristics that make advocacy persuasive and the different strategies they can use to advocate, including social media, letter-writing campaigns, coalition building, and legislative testimony. The workshop will practice their advocacy skills through interactive activities and group discussion.

**Rebecca Burney and Erin Keith**

Rights4Girls

### Me, Myself and I

Me, Myself, & I is a session in which participants learn about the benefits of healthy self-assessment and self-celebration, as well as identify differences between constructive and destructive criticism for self-evaluation.

**TruLe'sia Newberry**

Girls Inc. DC

### YoKid...Stretch Your Limits

Join us for a yoga class where we will focus on movement, breathing, and relaxation. You will also learn how to practice techniques of mindfulness.

**Sojourner Williams**

YoKid

# Workshops&Facilitators

## Session 2

11:45 am - 12:45 pm

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**Kimberly Hanauer**

DCPS College and Career Division

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Ferebee Enterprises International, LLC

### The Real Selfie

"The Real Selfie" will teach and discuss self image, self esteem and self love. In this workshop, young women will learn how to "follow, like, and show themselves some love."

**KeeBee Smith**

ANOMOLY

### Make Your Story Spectacular

The workshop Make Your Story Spectacular will highlight strategies and tactics for conveying a fun and personable, yet professionally acceptable image via social media stories (Instagram and Snapchat).

**Dr. Erica Southerland**

Howard University School of Communications

### Self-Care: Mind Body and Spirit

In a world filled with negative images and stereotypes of women of color, this interactive workshop will teach girls the importance of unapologetic self-love. We will discuss the importance of keeping your mind, body, and spirit healthy as well as strategies for stress management and healthy coping mechanisms.

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