



## 2014 Employee Dental and Optical Premium Rates

Premium rates listed below are in effect for the 2014 calendar year.

### **CIGNA DHMO (Dental)**

The District pays for 100 percent of the premium costs for the CIGNA DHMO dental insurance plan. Employees are responsible for out-of-pocket expenses incurred while enrolled in the plan. You can review the Cigna DHMO plan summary [here](#).

TYPE	2013 PREMIUM BI-WEEKLY	2013 PREMIUM MONTHLY
Self	\$ 0	\$ 0
Self +1	\$ 0	\$ 0
Family	\$ 0	\$ 0

### **CIGNA PPO (Dental)**

The premium rates listed below apply to the CIGNA PPO dental insurance plan for the 2014 calendar year. You can review the Cigna PPO plan summary [here](#).

TYPE	2013 PREMIUM BI-WEEKLY	2013 PREMIUM MONTHLY
Self	\$ 38.80	\$ 84.07
Self +1	\$ 55.08	\$ 119.33
Family	\$ 71.41	\$ 154.72

### **Quality Plan Administrators (Optical)**

The District pays for 100 percent of the premium costs for the optical insurance plan. Employees are responsible for out-of-pocket expenses incurred while enrolled in the plan. You can review the optical insurance plan summary [here](#).

TYPE	2013 PREMIUM BI-WEEKLY	2013 PREMIUM MONTHLY
Self	\$ 0	\$ 0
Self +1	\$ 0	\$ 0
Family	\$ 0	\$ 0