



Food Prints Lunch Menu

April 2016

The cost of a paid student meal is \$2.10 for elementary students. Per the Healthy Schools Act, there is no charge for reduced meals. Full student lunch includes choice of entrée (includes a source of protein and gain/bread accompaniments), 2 vegetable sides, 1 fruit side & choice of 1% or skim white milk. All grains are whole grain rich. Did you know—if you see it in green, it's local and if you see it in blue, the meal has international influence!

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	31	1
	SPRING	BREAK	NO	SCHOOL
4	5	6	7	8
Buffalo Chicken Wrap OR Toasted Two Cheese Sandwich  Crunch Rosemary Lemon Chickpeas Fresh Baby Carrots Pineapple Cup	Turkey Hot Dog OR Garden Salad with Romaine, Cheese & Dinner Roll Glazed Carrots Fresh Cucumber Coins Fresh Local Apple	Homemade Cheese Pizza OR Haitian Style Fish w/ Creole Rice and Beans  Glazed Carrots Fresh Local Kale Caesar Salad Fresh Orange	Cheeseburger OR Teriyaki Veggie Burger  Garlic Lemon Broccoli Kale with Lemon and Garlic Fresh Banana	Caribbean Chicken Drumstick (Chicken Stoba) w/ Brown Rice OR Vegetarian Caesar Salad w/ Romaine, Parmesan Cheese & Croutons  Sweet Potato Salad Fresh Celery 100 % Grape Juice
11	12	13	14	15
Chicken Nuggets with Mumbo or Ranch Sauce & Dinner Roll OR Veggie Chili with Dinner Roll Mashed Potatoes with Gravy  Radish & Cucumber Salad Fresh Local Apple	Beef Meatball Sub with Marinara & Mozzarella on a Bun OR Cheese & Yogurt Plate Baked Beans Fresh Broccoli Pineapple Cup	Korean Bibimbap Chicken with Ginger Lime Brown Rice OR Veggie Fried Rice Seasoned Carrots Fresh Cucumber Coins Fresh Orange	Homemade Cheese Pizza OR Parmesan Chicken Sandwich Sweet Potato Fries  Fresh Local Kale Caesar Salad Fresh Banana	Emancipation Day No School
18	19	20	21	22
Turkey Hot Dog OR Toasted Two Cheese Sandwich  Southwest Pinto Beans Kale with Lemon and Garlic Fresh Local Apple	Spaghetti with Beef Meatballs OR Spaghetti with Marinara Sauce & Mozzarella Cheese Green Beans Italiano Fresh Baby Carrots Pineapple Cup	Mozzarella Pizza Melt OR Chicken Salad Sandwich on a Bun Roasted Corn & Carrots Fresh Celery Sticks Fresh Orange	Teriyaki Chicken w/ Ginger Lime Brown Rice OR Veggie Lo Mein  Parmesan & Garlic Broccoli Fresh Baby Carrots Fresh Banana	Tuna Salad Melt OR Mac-N-Cheese  Seasoned Carrots Spinach and Tomato Side Salad 100 % Grape Juice
25	26	27	28	29
Spicy Asian Chicken with Ginger Lime Brown Rice OR Veggie Lo Mein  Indian Potatoes and Peas Fresh Romaine and Tomato Side Salad Fresh Local Apple	Homemade Cheese Pizza OR Chicken Taco Local Country Collard Greens Fresh Baby Carrots Pineapple Cup	Rotini with Turkey Meat Sauce OR Rotini with Marinara Sauce & Mozzarella Cheese Green Beans Italiano Fresh Celery Sticks Fresh Orange	Steak & Cheese Sub OR Cheese & Yogurt Plate  Sweet Potato Fries Fresh Radish Salad w/Cilantro Lime Dressing Fresh Banana	Capitol City Chicken Drumstick with a Dinner Roll OR Toasted Two Cheese Sandwich Baked Beans Fresh Baby Carrots 100 % Grape Juice