

August

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
yogurt and skeeter cinnamon grahams (vg) mini dipperdoodle with string cheese (vg)	cinnamon toast bagel (vg) blueberry muffin (vg)	omelet with cheese (vg) flurries cereal (df)	pancakes with syrup (vg) lemon muffin (vg)	apple cinna-grins cereal (vg) (df) zac omega bar blackberry(vg) (df)
fresh nectarine 8	local fresh apple 9	fresh peach 10	fresh pineapple with 100% orange juice 11	fresh banana 12
cocoa bops cereal (df) cinnamon duo: skeeter cinnamon grahams with cinnamon rumbles (vg)	english muffin with turkey, egg and cheese apple muffin (vg)	waffles with syrup (vg) honey buttons cereal (df)	egg and sausage quesadilla breakfast cinnamon crumble (vg)	blueberry burst whole grain bagel with cream cheese (vg) mini dipperdoodle with string cheese (vg)
fresh nectarine 15	local fresh apple 16	fresh peach 17	fresh pineapples with 100% orange juice 18	fresh banana 19
flurries cereal (df) zac omega bar apple (df)	omelet with cheese (vg) lemon muffin (vg)	pancakes with syrup (vg) yogurt with skeeter honey grahams (vg)	english muffin with egg and cheese apple cinna-grins cereal (df) (vg)	plain whole wheat bagel with cream cheese (vg) blueberry muffin (vg)
fresh nectarine 22	local fresh apple 23	fresh peach 24	fresh pineapples with 100% orange juice 25	fresh banana 26
honey buttons cereal (df) (vg) dipper doodle bar (df) (vg)	waffles with syrup (vg) blueberry burst whole grain bagel with cream cheese (vg)	breakfast burrito apple muffin (vg)		
fresh nectarine 29	local fresh apple 30	fresh peach 31		

If you see it in **GREEN**, it is a local item; if it see it in **BLUE**, it is an international item!

Breakfast: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered twice per week.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

This institution is an equal opportunity provider