



# Education Campus Lunch - August 2019

SodexoMAGIC - DC Public Schools

MONDAY August 26, 2019	TUESDAY August 27, 2019	WEDNESDAY August 28, 2019	THURSDAY August 29, 2019	FRIDAY August 30, 2019
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## Choose One Entree

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Favorites</b>	Veggie Tortellini w/ Cheesy Breadstick V	Teriyaki Grilled Chicken w/ Vegetables and Brown Rice	Korean BBQ Turkey Taco w/ Pineapple Slaw	Kickn' Black Bean & Cheese Enchilada V	Rainbow Veggie Chili and Tortilla Chips VE
<b>Creations</b>	Honey BBQ Chicken Sandwich	Teriyaki Veggie Burger w/ Pineapple Slaw V	Grilled Cheese Sandwich V	Chicken & Cheese Quesadilla	Turkey Sausage Pizza Cheese Pizza V
<b>Grab &amp; Go</b>	Turkey & Cheese Sub Sandwich	Chicken Salad Sandwich	Buffalo Chicken Wrap	Southwest Chicken Wrap	Cured Turkey Sub Sandwich
	Chicken Dipper Salad w/ Wheat Dinner Roll	Chicken Caesar Salad w/ Wheat Dinner Roll	Hearty Garden Salad w/ Wheat Dinner Roll V	Chicken Taco Salad w/ Tortilla Chips	Classic Chef Salad w/ Wheat Dinner Roll

## Available Vegetables

From the Field	Lemon Roasted Broccoli	Steamed Carrots	Buffalo Cauliflower	Southwest Pinto Beans	Roasted Corn
<b>Garden Bar:</b> Kale Salad, Cherry Tomatoes, Curried Chickpeas, & Baby Carrots					

## Available Fruit

Fruits	<ul style="list-style-type: none"> <li>Fresh Apple</li> <li>Diced Pears</li> </ul>	<ul style="list-style-type: none"> <li>Orange Smiles</li> <li>All-Mixed-Up Fruit Cup</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Peach</li> <li>Applesauce Cup</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Cantaloupe</li> <li>Chilled Peaches</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Strawberries</li> <li>Applesauce Cup</li> </ul>
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Milk	Nonfat or 1% White Milk
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V – Indicates Vegetarian  
VE – Indicates Vegan

Green Color Font – Indicates Local Produce



# Weekly - Nutrient Summary

Menu Names: Education Campus W1

Site Group: Inspire  
 Serving Group: K-8

Meal Pattern: [USDA]Meal Pattern SY 2014  
 Calculation Method: Weighted Analysis  
 Meal Type: Lunch

Nutrient	Day 1	Day 2	Day 3	Day 4	Day 5	Week Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	651.40	673.06	608.85	681.96	618.57	[600.00 - 650.00]	646.77(M)	
Total Fat (g)	19.75 (27.28%)	22.00 (29.41%)	14.05 (20.76%)	15.50 (20.46%)	16.45 (23.94%)		17.55(M)	24.42 %
Sat Fat (g)(1)	5.05 (6.98%)	3.94 (5.26%)	4.07 (6.01%)	5.89 (7.78%)	6.57 (9.56%)	< 10.00 % of Calories	5.10(M)	7.10 %
Trans Fat (g)(2)	0.05	0.04	0.01	0.00	0.00		0.02(M)	
Sodium Target 1 (mg)(13)	1,001.54	866.86	1,450.14	1,003.20	754.26	< 1,230.00	1,015.20(M)	
Sodium Target 2 (mg)(13)	1,001.54	866.86	1,450.14	1,003.20	754.26	< 935.00	1,015.20(M)	
Carb (g)	81.95 (50.32%)	86.22 (51.24%)	95.38 (62.66%)	98.79 (57.94%)	90.96 (58.82%)		90.66(M)	56.07 %
Protein (g)	41.62 (25.56%)	38.86 (23.09%)	29.92 (19.66%)	39.93 (23.42%)	31.46 (20.34%)		36.36(M)	22.49 %

## Legend

(M) Indicates missing nutrient values.

- Standard Value is the daily average requirement for a school week.
- Trans Fat is provided for informational purposes, not for monitoring purposes.
- Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.