



Summary

DCPS is committed to improving the social/emotional well-being of all its students. Some students have difficulty with the adjustment to school and are unable to manage their emotional and behavioral responses in the classroom. These students may require more specialized attention to fully maximize learning opportunities. In an effort to address these challenges, the Office of Specialized Instruction has invested in Child Centered Play Therapy (CCPT) training for our school social workers. CCPT is a developmentally appropriate, time-limited, evidence-informed, early intervention approach, to help young children learn how to self-regulate emotions and develop improved executive functioning skills. An early successful start in school can lay the foundation for greater academic achievement in the future. This intervention is typically used with children in Pre-K-3rd grade. Elementary school social workers are trained to implement CCPT, a therapeutic intervention

expected to improve school readiness and decrease emotional and behavioral concerns. CCPT is a 14-week program, which includes a parent intake and follow-up session, 4 child assessment sessions and 10 Child Centered Play Therapy sessions. Parental consent is required.

FAQ's

Q: What data is collected during the intervention?

A: During the reporting period, progress measurements will be captured from students, teachers, parents and social workers for aggregate reporting by OSI. Social workers will also document services delivered to students and teachers.

Q: How does the intervention relate to principal scorecard? How participation and performance will (can) be tied to IMPACT?

A: Teachers and School Leaders are held accountable for key performance measures that are improved when student well being is fostered, including improvements in test scores, school safety, and student attendance and disruption-free classrooms.

Your Role as Principal

- To support program implementation by ensuring social workers have the continuity and consistency of session times/locations and private space to facilitate the greatest probability of positive behavior outcomes for participants.
- To schedule staff coverage to manage student crises during GTI sessions to ensure minimal interruption.

The Importance of CCPT

- Students are receiving services at drastically higher rates within schools vs. community services.
- Research has found correlations between trauma and anxiety problems with depressive symptomology, dissociation, absenteeism, decreased IQ, declining reading abilities, and higher dropout rates

How This Affects You

- Possibility of increased test scores, improved school climate, safety, disruption-free classrooms
- Seeing symptom/functioning scores correlated with number of infractions