



Early Childhood Lunch – December 2019

SodexoMAGIC - DC Public Schools

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
December 2 – 6, 2019	<ul style="list-style-type: none"> Glorious Macaroni & Cheese V Citrus Glazed Carrots Mixed Fruit Salad 	<ul style="list-style-type: none"> Classic Cheese Pizza V Cucumber Coins w/ Dressing Diced Peaches 	<ul style="list-style-type: none"> Chicken Quesadilla Sweet Potato Wedges Applesauce 	<ul style="list-style-type: none"> Sweet & Sour Chicken w/ Brown Rice Asian Veggie Blend Diced Pears 	<ul style="list-style-type: none"> Stuffed Shells w/ Marinara V Parmesan Roasted Broccoli Orange Smiles
December 9 – 13, 2019	<ul style="list-style-type: none"> Honey BBQ Chicken Sandwich Lemon Roasted Broccoli Fresh Apple Slices 	<ul style="list-style-type: none"> Teriyaki Grilled Chicken w/ Vegetables and Brown Rice Steamed Carrots Orange Smiles 	<ul style="list-style-type: none"> Korean BBQ Turkey Taco w/ Pineapple Slaw Buffalo Cauliflower Applesauce Cup 	<ul style="list-style-type: none"> Chicken Quesadilla Cucumber Coins w/ Dressing Diced Peaches 	<ul style="list-style-type: none"> Classic Cheese Pizza V Roasted Corn Diced Pears
December 16 – 20, 2019	<ul style="list-style-type: none"> Turkey Macaroni Cucumber Coins with Dressing Orange Smiles 	Black Bean & Sweet Potato Taco Surprise V by 2019 Future Chef Winner Kimberly Lee <ul style="list-style-type: none"> Roasted Corn Diced Peaches 	<ul style="list-style-type: none"> Hot Turkey and Cheese Sandwich Seasoned Collard Greens Mixed Fruit Salad 	<ul style="list-style-type: none"> Roasted Turkey w/ Gravy & Thankful Knot Roasted Cinnamon Sweet Potatoes Banana Half 	<ul style="list-style-type: none"> Baked Penne Pasta w/ Tomato Sauce V Parmesan Roasted Broccoli Diced Pears
December 23 – 27, 2019	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
December 30 – January 3, 2020	NO SCHOOL	NO SCHOOL	NO SCHOOL	<ul style="list-style-type: none"> Cheese Pizza V Mixed Garden Vegetables Orange Smiles 	<ul style="list-style-type: none"> Cheese Quesadilla V Seasoned Carrots Diced Pears

Choose a Milk

Nonfat or 1% White Milk

V – Indicates Vegetarian
VE – Indicates Vegan

This Institution is An Equal Opportunity Provider



Weekly - Nutrient Summary

Menu Names: Early Childhood W1

Site Group: Inspire
 Serving Group: Ages 3-5

Meal Pattern: [USDA] CACFP Meal Pattern
 Calculation Method: Weighted Analysis
 Meal Type: Lunch

Nutrient	Day 1	Day 2	Day 3	Day 4	Day 5	Week Standard Value	Actual Value	% of Calories
Calories (Kcal)	578.67	440.06	668.43	585.63	404.08		535.37	
Total Fat (g)	21.24 (33.04%)	13.39 (27.38%)	20.83 (28.04%)	16.07 (24.69%)	12.09 (26.92%)		16.72	28.11 %
Sat Fat (g)	11.00 (17.11%)	6.86 (14.04%)	7.91 (10.65%)	3.77 (5.79%)	3.86 (8.60%)		6.68	11.23 %
Trans Fat (g)	0.00	0.00	0.00	0.00	0.00		0.00	
Sodium (mg)	1,360.94	521.63	932.63	611.83	424.71		770.35	
Carb (g)	72.80 (50.32%)	55.63 (50.57%)	91.40 (54.69%)	71.03 (48.52%)	55.78 (55.22%)		69.33	51.80 %
Protein (g)	29.47 (20.37%)	24.47 (22.24%)	29.58 (17.70%)	41.04 (28.03%)	21.97 (21.75%)		29.30	21.89 %

Legend

(M) Indicates missing nutrient values.

1 Trans Fat is provided for informational purposes, not for monitoring purposes.

Weekly - Nutrient Summary

Menu Names: Early Childhood W2

Site Group: Inspire
 Serving Group: Ages 3-5

Meal Pattern: [USDA] CACFP Meal Pattern
 Calculation Method: Weighted Analysis
 Meal Type: Lunch

Nutrient	Day 1	Day 2	Day 3	Day 4	Day 5	Week Standard Value	Actual Value	% of Calories
Calories (Kcal)	540.32	794.19	343.39	460.06	488.98		525.39(M)	
Total Fat (g)	15.01 (25.00%)	24.05 (27.25%)	8.05 (21.10%)	12.39 (24.24%)	13.90 (25.59%)		14.68(M)	25.15 %
Sat Fat (g)	2.88 (4.80%)	6.52 (7.39%)	2.26 (5.91%)	5.86 (11.47%)	6.93 (12.76%)		4.89(M)	8.38 %
Trans Fat (g)	0.00	0.00	0.00	0.00	0.00		0.00(M)	
Sodium (mg)	1,106.38	1,203.89	944.29	681.63	519.90		891.22(M)	
Carb (g)	69.26 (51.27%)	74.34 (37.44%)	41.46 (48.29%)	61.63 (53.59%)	66.84 (54.68%)		62.70(M)	47.74 %
Protein (g)	38.66 (28.62%)	69.83 (35.17%)	29.51 (34.37%)	28.47 (24.75%)	25.68 (21.01%)		38.43(M)	29.26 %

Legend

(M) Indicates missing nutrient values.

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Weekly - Nutrient Summary

Menu Names: Early Childhood W3

Site Group: Inspire
Serving Group: Ages 3-5

Meal Pattern: [USDA] CACFP Meal Pattern
Calculation Method: Weighted Analysis
Meal Type: Lunch

Nutrient	Day 1	Day 2	Day 3	Day 4	Day 5	Week Standard Value	Actual Value	% of Calories
Calories (Kcal)	582.60	659.54	555.72	373.47	622.38		558.74(M)	
Total Fat (g)	11.31 (17.48%)	16.91 (23.08%)	19.06 (30.87%)	4.19 (10.10%)	22.59 (32.67%)		14.81(M)	23.86 %
Sat Fat (g)	4.38 (6.77%)	8.33 (11.37%)	7.62 (12.34%)	1.48 (3.56%)	9.07 (13.11%)		6.17(M)	9.95 %
Trans Fat (g)	0.01	0.00	0.00	0.00	0.01		0.00(M)	
Sodium (mg)	796.96	840.20	1,168.84	202.11	1,389.14		879.45(M)	
Carb (g)	92.58 (63.56%)	95.07 (57.66%)	66.15 (47.62%)	57.21 (61.27%)	80.84 (51.96%)		78.37(M)	56.10 %
Protein (g)	36.72 (25.21%)	33.40 (20.26%)	35.84 (25.79%)	29.57 (31.67%)	31.85 (20.47%)		33.48(M)	23.97 %

Legend

(M) Indicates missing nutrient values.

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Weekly - Nutrient Summary

Menu Names: Early Childhood W4

Site Group: Inspire
 Serving Group: Ages 3-5

Meal Pattern: CACFP Meal Pattern
 Calculation Method: Weighted Analysis
 Meal Type: Lunch

Nutrient	Day 1	Day 2				Week Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	581.76	555.43					568.59	
Total Fat (g)	15.34 (23.73%)	14.81 (23.99%)					15.07	23.86%
Sat Fat (g)(1)	6.35 (9.82%)	3.34 (5.42%)					4.84	7.62%
Trans Fat (g)(2)	0.00	0.04					0.04	
Sodium Target 1 (mg)(13)	758.49	667.88					713.18	
Sodium Target 2 (mg)(13)	758.49	667.88					1713.18	
Carb (g)	85.54 (58.82%)	79.11 (56.97%)					82.32	57.89%
Protein (g)	24.18 (16.63%)	29.24 (21.06%)					26.71	18.84 %

Legend

(M) Indicates missing nutrient values.

- 1 Standard Value is the daily average requirement for a school week.
- 2 Trans Fat is provided for informational purposes, not for monitoring purposes.
- 3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.