

# INSPIRE CAFÉ

## DCPS Elementary Menu

November 28-December 2

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

*From  
the Field*

**A MINIMUM OF 6 SIDES  
OFFERED DAILY WITH  
LUNCH CHOICES**

Fresh Garden Bar plus Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an\*. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK: Apples & Kale

### Daily Special

*Favorites*

<b>MONDAY</b>	Hawaiian Style Pizza
<b>TUESDAY</b>	Jamaican Jerk Chicken Bowl
<b>WEDNESDAY</b>	Grilled Chicken & Waffles
<b>THURSDAY</b>	Texas Chili Mac
<b>FRIDAY</b>	No School Today

### Daily Special

*Garden Bar: Salad Greens, Cucumber Slices,*

*Indian Style Garbanzo Beans, Carrots*

*From  
the Field*

<b>MONDAY</b>	Roasted Butternut Squash
<b>TUESDAY</b>	Roasted Corn
<b>WEDNESDAY</b>	Collard Greens
<b>THURSDAY</b>	Broccoli & White Bean Salad
<b>FRIDAY</b>	No School Today

### Daily Special

*Creations*

<b>MONDAY</b>	Classic Cheese Pizza
<b>TUESDAY</b>	Hot Turkey Ham & Cheese Sandwich
<b>WEDNESDAY</b>	Sudanese Meat Sauce w/ Rice
<b>THURSDAY</b>	Traditional Hamburger
<b>FRIDAY</b>	No School Today

### Daily Special

*Fruit Choices*

*From  
the Field*

<b>MONDAY</b>	Fresh Apple*/ Chilled Pears
<b>TUESDAY</b>	Applesauce/ Orange Smiles
<b>WEDNESDAY</b>	Fresh Apple*/ Banana
<b>THURSDAY</b>	Mixed Fruit Salad/ Orange Smiles
<b>FRIDAY</b>	No School Today

### Daily Special

*Deli*

*Sandwiches, Wraps, & Salads*

*All Salads served w/ Whole Grain Roll*

<b>MONDAY</b>	Turkey Wrap/ Bruschetta Bean Dip w/ Tortilla Chips
<b>TUESDAY</b>	American Sub/ Spinach Salad
<b>WEDNESDAY</b>	Sunbutter & Jelly Sandwich/ Chef Salad
<b>THURSDAY</b>	Italian Sub/ Hoppin' John Salad*
<b>FRIDAY</b>	No School Today

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opportunity provider.*

# INSPIRE CAFÉ

## DCPS Elementary Menu

December 5-9

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

*From  
the Field*

**A MINIMUM OF 6 SIDES  
OFFERED DAILY WITH  
LUNCH CHOICES**

Fresh Garden Bar plus Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an\*. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK: Apples

### Daily Special

*Favorites*

<b>MONDAY</b>	Mini Cheese Ravioli w/ Marinara Sauce
<b>TUESDAY</b>	Turkey Sausage Pizza
<b>WEDNESDAY</b>	Jerk Chicken Quesadilla
<b>THURSDAY</b>	BBQ Chicken w/ Rice Pilaf
<b>FRIDAY</b>	Spaghetti w/ Meatballs

### Daily Sides

*Garden Bar: Salad Greens, Roasted Corn*

*Ginger Carrot Salad, Cherry Tomatoes*

*From  
the Field*

<b>MONDAY</b>	Green Beans
<b>TUESDAY</b>	Broccoli & Cauliflower w/ Panko
<b>WEDNESDAY</b>	White Bean & Jicama Salad
<b>THURSDAY</b>	Southwest Pinto Beans
<b>FRIDAY</b>	Tuscan Roasted Veggies

### Daily Special

*Creations*

<b>MONDAY</b>	Cheeseburger
<b>TUESDAY</b>	Classic Cheese Pizza
<b>WEDNESDAY</b>	Grilled Sunbutter & Banana Sandwich
<b>THURSDAY</b>	Southwest Black Bean Nachos
<b>FRIDAY</b>	Turkey Cranberry Burger

### Daily Sides

*Fruit Choices*

*From  
the Field*

<b>MONDAY</b>	Fresh Apple*/ Apricots
<b>TUESDAY</b>	Applesauce/ Orange Smiles
<b>WEDNESDAY</b>	Fresh Apple*/ Banana
<b>THURSDAY</b>	Mixed Fruit Salad/ Orange Smiles
<b>FRIDAY</b>	Fresh Apple*/ Banana

### Daily Special

*Deli*

*Sandwiches, Wraps, & Salads*

*All Salads served w/ Whole Grain Roll*

<b>MONDAY</b>	Turkey Ham Sub/ Chicken Dipper Salad
<b>TUESDAY</b>	Turkey Sandwich/ Chicken Caesar Salad
<b>WEDNESDAY</b>	Turkey Wrap/ Pumpkin Apple Parfait*
<b>THURSDAY</b>	Chicken Caesar Wrap/ Chef Salad
<b>FRIDAY</b>	Tuna Salad Sandwich/ Garden Salad

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**MAGIC**

## DCPS Elementary Menu

### December 12-16

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

*From  
the Field*

**A MINIMUM OF 6 SIDES  
OFFERED DAILY WITH  
LUNCH CHOICES**

Fresh Garden Bar plus Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an\*. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK: Apples

#### Daily Special

*Favorites*

<b>MONDAY</b>	Toasted Grilled Cheese
<b>TUESDAY</b>	Baked Penne w/ Tomato Sauce
<b>WEDNESDAY</b>	Roasted Turkey w/ Gravy (Holiday Meal)
<b>THURSDAY</b>	California Chicken Pot Pie
<b>FRIDAY</b>	Grilled Chicken Dunks w/ Honey BBQ Dip

#### Daily Sides

*Garden Bar: Salad Greens, Korean Carrots,*

*Curried Chickpeas, Cucumber Slices*

*From  
the Field*

<b>MONDAY</b>	Tomato Soup
<b>TUESDAY</b>	Roasted Broccoli
<b>WEDNESDAY</b>	Mashed Potatoes
<b>THURSDAY</b>	Roasted Corn
<b>FRIDAY</b>	Sweet Potato Bites

#### Daily Special

*Creations*

<b>MONDAY</b>	Chipotle Chicken Burger
<b>TUESDAY</b>	Alaskan Pollock Po' Boy Sandwich
<b>WEDNESDAY</b>	Grilled Sunbutter & Banana Sandwich
<b>THURSDAY</b>	Traditional Hamburger
<b>FRIDAY</b>	Pasta w/ Tomato Basil Sauce & Cheese

#### Daily Sides

*Fruit Choices*

*From  
the Field*

<b>MONDAY</b>	Fresh Apple*/ Chilled Pineapple
<b>TUESDAY</b>	Applesauce/ Orange Smiles
<b>WEDNESDAY</b>	Baked Apples/ Banana
<b>THURSDAY</b>	Orange Smiles/ Chilled Pears
<b>FRIDAY</b>	Mixed Fruit Salad/ Raisins

#### Daily Special

*Deli*

*Sandwiches, Wraps, & Salads*

*All Salads served w/ Whole Grain Roll*

<b>MONDAY</b>	American Sub/ Chef Salad
<b>TUESDAY</b>	Asian Chicken Wrap/ Turkey Sandwich
<b>WEDNESDAY</b>	Chicken Dipper Salad
<b>THURSDAY</b>	Sunbutter & Jelly Sandwich/ Chicken Caesar Salad
<b>FRIDAY</b>	Turkey Ham Sub/ Southwest Chicken Salad

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# INSPIRE CAFÉ

## DCPS Elementary Menu

December 19-23

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

*From  
the Field*

**A MINIMUM OF 6 SIDES  
OFFERED DAILY WITH  
LUNCH CHOICES**

Fresh Garden Bar plus Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an \*. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK: Apples & Kale

### Daily Special

*Favorites*

<b>MONDAY</b>	Turkey Sausage Pizza
<b>TUESDAY</b>	Black Bean Chili Pie
<b>WEDNESDAY</b>	Glorious Macaroni & Cheese
<b>THURSDAY</b>	No School Today
<b>FRIDAY</b>	No School Today

### Daily Sides

*Garden Bar: Celery Sticks, Baby Carrots,*

*Cherry Tomatoes, Black Beans*

*From  
the Field*

<b>MONDAY</b>	Tomato Basil Salad
<b>TUESDAY</b>	Roasted Broccoli
<b>WEDNESDAY</b>	Collard Greens
<b>THURSDAY</b>	No School Today
<b>FRIDAY</b>	No School Today

### Daily Special

*Creations*

<b>MONDAY</b>	Classic Cheese Pizza
<b>TUESDAY</b>	Deluxe Cheeseburger
<b>WEDNESDAY</b>	Cuban Inspired Sandwich
<b>THURSDAY</b>	No School Today
<b>FRIDAY</b>	No School Today

### Daily Sides

*Fruit Choices*

*From  
the Field*

<b>MONDAY</b>	Fresh Apple*/ Chilled Pears
<b>TUESDAY</b>	Applesauce/ Orange Smiles
<b>WEDNESDAY</b>	Fresh Apple*/ Banana
<b>THURSDAY</b>	No School Today
<b>FRIDAY</b>	No School Today

### Daily Special

*Deli*

*Sandwiches, Wraps, & Salads*

*All Salads served w/ Whole Grain Roll*

<b>MONDAY</b>	Greens & Gourds Wrap*/ Taco Salad
<b>TUESDAY</b>	American Sub/ Spinach Salad
<b>WEDNESDAY</b>	Turkey Wrap/ Chicken Dipper Salad
<b>THURSDAY</b>	No School Today
<b>FRIDAY</b>	No School Today

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