

# September Breakfast Menu

Elementary & Education Campus



	Monday	Tuesday	Wednesday	Thursday	Friday
Sept 4-8	NO SCHOOL TODAY	Cheese Omelet + Cereal Bar Fresh Honeydew	Oatmeal + String Cheese Fresh Pear	Cheesy Grits + Hard Boiled Egg + Toast 100% Apple Juice and Fresh Orange	Mini Bagel w/ Strawberry Cream Cheese Fresh Banana
Sept 11-15	Assorted Cereals + Graham Crackers Fresh Pear	Turkey Sausage Biscuit Fresh Cantaloupe	Fluffy Pancakes Fresh Orange	Cheese Omelet + Cereal Bar 100 % Orange Juice and Fresh Apple	Mini Cinnamon Rolls Fresh Banana
Sept 18-22	Assorted Cereals + Graham Crackers Fresh Orange	Oatmeal + String Cheese Fresh Pear	Turkey Sausage Biscuit Fresh Watermelon	Cheesy Grits + Hard Boiled Egg + Toast 100% Apple Juice and Fresh Orange	NO SCHOOL TODAY
Sept 25-29	Assorted Cereals + Graham Crackers Fresh Orange	Cheese Omelet + Cereal Bar Fresh Honeydew	Oatmeal + String Cheese Fresh Pear	Cheesy Grits + Hard Boiled Egg + Toast 100% Apple Juice and Fresh Orange	Mini Bagel w/ Strawberry Cream Cheese Fresh Banana

All meals include a choice of non-fat or 1% white milk