February Breakfast Menu ece

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Whole Grain Maple Pancakes Mandarin Oranges	4 Yogurt w/Graham Cracker Fresh Oranges Slices	5 Whole Grain Blueberry Bread w/Cheese Stick Fresh Bananas	6 Whole Grain Biscuit w/Turkey Sausage Applesauce	7 Whole Grain French Toast Sticks Fresh Bananas
Whole Grain Maple Waffles Applesauce	11 Whole Grain Biscuit w/Turkey Sausage Fresh Bananas	Warmed Whole Grain Zucchini Slice Fresh Orange Slices	13 Egg & Cheese on a Whole Grain Biscuit Fresh Apple Slices	14 Whole Grain English Muffin w/Turkey Sausage & Cheese Applesauce
No School	No School	No School	No School	P S No School
Whole Grain Maple Pancakes Applesauce	25 Yogurt w/Graham Cracker Applesauce	26 Whole Grain Biscuit w/Turkey Sausage Applesauce	27 Whole Grain French Toast Sticks Fresh Apple Slices	28 Whole Grain Blueberry Pancakes Fresh Orange Slices
	Stu	ludent's choice of 1% or skim milk provid	ed.	l
	This	institution is an equal opportunity provi	der.	

February Lunch Menu ECE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Grilled Cheese	4 Chicken Tacos	5 Whole Grain Baked Rotini	6	Homeomede Veggie Lever's Dizze
			Curry Chicken	Homemade Veggie Lover's Pizza
Oven Roasted Potato Wedges	Seasoned Black Beans	Cheesy Garlic & Herb Roasted Broccoli	Brown Rice	Roasted Sweet Potato Wedges
Applesauce	Fresh Apple Slices	Sliced Peaches	Roasted Green Beans	Fresh Apple Slices
			Fresh Bananas	
)	11	12	13	14
Cajun Seasoned Tilapia			Chicken Teriyaki w/Whole Grain Lo Mein	
Brown Rice	Chicken & Cheese Quesadilla	Chicken & Broccoli Alfredo	Noodles	Sunbutter & Jelly Sandwich
Lemon Pepper Roasted Broccoli	Seasoned Black Beans	Italian Roasted Carrots	Seasoned Corn	Oven Roasted Potato Wedges
Fresh Apple Slices	Applesauce	Mandarin Oranges	Pineapple Tidbits	Applesauce
7 AURIO SCW	18	19	20	21
	R. EXCEL.	1	1 (()	. 1
No School 📗 🖳	No School	No School	No School	No School
			J	
4	25	26	27	28
Grilled Cheese Sandwich	Beef Tacos	French Toast Sticks w/Turkey Sausage	Grilled Cheese Sandwich	Homemade Supreme Pizza
Roasted Carrots	Roasted Corn	Tater Tots	Sweet Potato Wedges	Roasted Broccoli
Applesauce	Fresh Bananas	Pineapple Tidbits	Fresh Apple Slices	Applesauce
	C+ud	 ent's choice of 1% or skim milk prov	ided.	

This institution is an equal opportunity provider.

USDA Non-Discrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.) should contact the agency (State or local) where they have applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at How to File a Complaint, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1) Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;

2) Fax: (202) 690-7442; or

3) Email: program.intake@usda.gov

Public School for Girls

This institution is an equal opportunity provider.

District of Columbia Human Rights Act

Also, the District of Columbia Human rights Act, approved December 13, 1977 (DC Law 2-38; DC Official Code §2-1402.11(2006), as amended) states the following:

It shall be an unlawful discriminatory practice to do any of the following acts, wholly or partially for a discriminatory reason based upon the actual or perceived: race, color, religion, national origin, sex, age, marital status, personal appearance, sexual orientation, gender identity or expression, family responsibilities, genetic information, disability, matriculation, or political affiliation of any individual. To file a complaint alleging discrimination on one of these bases, please contact the District of Columbia's Office of Human Rights at (202) 727-4559 or ohr@dc.gov.