

February Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Hot Tuna Melt or Grilled Cheese Oven Roasted Potato Wedges Fresh Baby Carrots w/Dip Fresh Pears	4 Chicken Nachos Seasoned Black Beans Fresh Broccoli w/Dip Fresh Apple Slices	5 Whole Grain Spaghetti w/Beef Meatballs Cheesy Garlic & Herb Roasted Broccoli Fresh Cucumber Slices w/Dip Sliced Peaches	6 Curry Chicken Brown Rice Roasted Green Beans Fresh Baby Carrots w/Dip Fresh Bananas	7 Homemade Meat Lover's Pizza Roasted Sweet Potato Wedges Fresh Cucumber Slices w/Dip Pineapple Tidbits
10 Cajun Seasoned Tilapia Brown Rice Lemon Pepper Roasted Broccoli Fresh Baby Carrots w/Dip Fresh Apple Slices	11 Chicken & Cheese Quesadilla Seasoned Black Beans Fresh Cucumber Slices w/Dip Fresh Red Grapes	12 Chicken & Broccoli Alfredo Italian Roasted Carrots Fresh Cauliflower w/Dip Mandarin Oranges	13 Chicken Teriyaki w/Whole Grain Lo Mein Noodles Roasted Green Beans Fresh Broccoli w/Dip Pineapple Tidbits	14 Baked Chicken Drumstick Oven Roasted Potato Wedges Fresh Cucumber Slices w/Dip Strawberries-N-Biscuits
17 No School	18 No School	19 No School	20 No School	21 No School
24 Sloppy Joe BBQ Baked Beans Roasted Carrots Pineapple Tidbits	25 Beef Tacos Roasted Corn Fresh Cucumber Slices w/Dip Fresh Bananas	26 French Toast Sticks w/Turkey Sausage Tater Tots Fresh Baby Carrots w/Dip Pineapple Tidbits	27 Bean Chili or Grilled Cheese Sweet Potato Wedges Fresh Broccoli w/Dip Fresh Apple Slices	28 Homemade Supreme Pizza Roasted Broccoli Fresh Cucumber Slices w/Dip Fresh Pears
Student's choice of 1% or skim milk provided. This institution is an equal opportunity provider.				

February Lunch Menu Vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Grilled Cheese Oven Roasted Potato Wedges Fresh Baby Carrots w/Dip Fresh Pears	4 Cheese Nachos Seasoned Black Beans Fresh Broccoli w/Dip Fresh Apple Slices	5 Baked Rotini Cheesy Garlic & Herb Roasted Broccoli Fresh Cucumber Slices w/Dip Sliced Peaches	6 Curry Chickpeas Brown Rice Roasted Green Beans Fresh Baby Carrots w/Dip Fresh Bananas	7 Homemade Veggie Lover's Pizza Roasted Sweet Potato Wedges Fresh Cucumber Slices w/Dip Pineapple Tidbits
10 Cajun Seasoned Red Beans Brown Rice Lemon Pepper Roasted Broccoli Fresh Baby Carrots w/Dip Fresh Apple Slices	11 Cheese Quesadilla Seasoned Black Beans Fresh Cucumber Slices w/Dip Fresh Red Grapes	12 Cheesy Broccoli Alfredo Italian Roasted Carrots Fresh Cauliflower w/Dip Mandarin Oranges	13 Tofu Teriyaki w/Whole Grain Lo Mein Noodles Roasted Green Beans Fresh Broccoli w/Dip Pineapple Tidbits	14 Sunbutter & Jelly Sandwich Oven Roasted Potato Wedges Fresh Cucumber Slices w/Dip Strawberry-N-Biscuits
17 No School	18 No School	19 No School	20 No School	21 No School
24 Grilled Cheese Sandwich BBQ Baked Beans Roasted Carrots Pineapple Tidbits	25 Black Bean Tacos Roasted Corn Fresh Cucumber Slices w/Dip Fresh Bananas	26 French Toast Sticks w/Hard Boiled Egg Tater Tots Fresh Baby Carrots w/Dip Pineapple Tidbits	27 Bean Chili or Grilled Cheese Sweet Potato Wedges Fresh Broccoli w/Dip Fresh Apple Slices	28 Homemade Cheese Pizza Roasted Broccoli Fresh Cucumber Slices w/Dip Fresh Pears
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- 1) Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- 2) Fax: (202) 690-7442; or
- 3) Email: program.intake@usda.gov

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District of Columbia Human Rights Act

Also, the District of Columbia Human rights Act, approved December 13, 1977 (DC Law 2-38; DC Official Code §2-1402.11(2006), as amended) states the following:

It shall be an unlawful discriminatory practice to do any of the following acts, wholly or partially for a discriminatory reason based upon the actual or perceived: race, color, religion, national origin, sex, age, marital status, personal appearance, sexual orientation, gender identity or expression, family responsibilities, genetic information, disability, matriculation, or political affiliation of any individual. To file a complaint alleging discrimination on one of these bases, please contact the District of Columbia's Office of Human Rights at (202) 727-4559 or ohr@dc.gov.