

SodexoMAGIC - DC Public Schools

MONDAY February 3	<b>TUESDAY</b> February 4	<b>WEDNESDAY</b> February 5	<b>THURSDAY</b> February 6	FRIDAY February 7	
Choose Your Protein					
<ul><li>Pulled Chicken</li><li>Shredded Cheese</li><li>Pinto Beans</li></ul>	<ul><li>Black Beans</li><li>Shredded Cheese</li><li>Sliced Hard- boiled Egg</li></ul>	<ul><li>Pulled Chicken</li><li>Shredded Cheese</li><li>Chickpeas</li></ul>	<ul><li>Chickpeas</li><li>Shredded Cheese</li><li>Sliced Hard- boiled Egg</li></ul>	<ul><li>Pulled Chicken</li><li>Shredded Cheese</li><li>Black Beans</li></ul>	
Available Vegeta	bles				
<ul> <li>Lettuce Mix</li> <li>Shredded Carrots</li> <li>Corn</li> <li>Broccoli</li> <li>Cherry Tomatoes</li> </ul> Available Fruit	<ul> <li>Lettuce Mix</li> <li>Shredded Carrots</li> <li>Spinach</li> <li>Cherry Tomatoes</li> <li>Corn</li> </ul>	<ul> <li>Lettuce Mix</li> <li>Broccoli</li> <li>Cherry Tomatoes</li> <li>Corn</li> <li>Cucumber Slices</li> </ul>	<ul><li>Lettuce Mix</li><li>Spinach</li><li>Baby Carrots</li><li>Cucumber Slices</li><li>Cherry Tomatoes</li></ul>	<ul> <li>Lettuce Mix</li> <li>Broccoli</li> <li>Cherry Tomatoes</li> <li>Corn</li> <li>Baby Carrots</li> </ul>	
Available Topping		Fruit & Assorted Chilled	d Fruit Available Daily  Dried Cranberrie	es	
Featured Salad	Chicken Caesar Salad				
Take a Whole Gr Choose a Milk	_	Whole Grain Dinner Roll     Whole Grain Croutons  Nonfat or 1% White Milk			





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<b>MONDAY</b> February 10	<b>TUESDAY</b> February 11	<b>WEDNESDAY</b> February 12	THURSDAY February 13	<b>FRIDAY</b> February 14
Choose Your Pro	tein			
<ul><li>Pulled Chicken</li><li>Shredded Cheese</li><li>Pinto Beans</li></ul>	<ul><li>Black Beans</li><li>Shredded Cheese</li><li>Sliced Hard- boiled Egg</li></ul>	<ul><li>Pulled Chicken</li><li>Shredded Cheese</li><li>Chickpeas</li></ul>	<ul><li>Chickpeas</li><li>Shredded Cheese</li><li>Sliced Hard- boiled Egg</li></ul>	<ul><li>Pulled Chicken</li><li>Shredded Cheese</li><li>Black Beans</li></ul>
Available Vegeta	bles			
<ul> <li>Lettuce Mix</li> <li>Shredded Carrots</li> <li>Corn</li> <li>Broccoli</li> <li>Cherry Tomatoes</li> </ul>	<ul> <li>Lettuce Mix</li> <li>Shredded Carrots</li> <li>Spinach</li> <li>Cherry Tomatoes</li> <li>Corn</li> </ul>	<ul> <li>Lettuce Mix</li> <li>Broccoli</li> <li>Cherry Tomatoes</li> <li>Corn</li> <li>Cucumber Slices</li> </ul>	<ul><li>Lettuce Mix</li><li>Spinach</li><li>Baby Carrots</li><li>Cucumber Slices</li><li>Cherry Tomatoes</li></ul>	<ul> <li>Lettuce Mix</li> <li>Broccoli</li> <li>Cherry Tomatoes</li> <li>Corn</li> <li>Baby Carrots</li> </ul>
Available Fruit				
Available Topping		Fruit & Assorted Chilled	d Fruit Available Daily  • Dried Cranberrie	25
Featured Salad	Classic Chef Salad			
Take a Whole Gr	ain • Whole	e Grain Dinner Roll	Whole G	Grain Croutons

Nonfat or 1% White Milk



Choose a Milk



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**MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY** February 17 February 18 February 19 February 20 February 21 **Choose Your Protein** NO SCHOOL NO SCHOOL NO SCHOOL NO SCHOOL NO SCHOOL

### **Available Vegetables**

Available Fruit			
Available Toppings			
Featured Salad			
Take a Whole Grain			
Choose a Milk			





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<b>MONDAY</b> February 24	<b>TUESDAY</b> February 25	<b>WEDNESDAY</b> February 26	<b>THURSDAY</b> February 27	<b>FRIDAY</b> February 28	
Choose Your Protein					
<ul><li>Pulled Chicken</li><li>Shredded Cheese</li><li>Pinto Beans</li></ul>	<ul><li>Black Beans</li><li>Shredded Cheese</li><li>Sliced Hard- boiled Egg</li></ul>	<ul><li>Pulled Chicken</li><li>Shredded Cheese</li><li>Chickpeas</li></ul>	<ul><li>Chickpeas</li><li>Shredded Cheese</li><li>Sliced Hard- boiled Egg</li></ul>	<ul><li>Pulled Chicken</li><li>Shredded Cheese</li><li>Black Beans</li></ul>	
Available Vegetables					
<ul> <li>Lettuce Mix</li> <li>Shredded Carrots</li> <li>Corn</li> <li>Broccoli</li> <li>Cherry Tomatoes</li> </ul>	<ul> <li>Lettuce Mix</li> <li>Shredded Carrots</li> <li>Spinach</li> <li>Cherry Tomatoes</li> <li>Corn</li> </ul>	<ul> <li>Lettuce Mix</li> <li>Broccoli</li> <li>Cherry Tomatoes</li> <li>Corn</li> <li>Cucumber Slices</li> </ul>	<ul><li>Lettuce Mix</li><li>Spinach</li><li>Baby Carrots</li><li>Cucumber Slices</li><li>Cherry Tomatoes</li></ul>	<ul> <li>Lettuce Mix</li> <li>Broccoli</li> <li>Cherry Tomatoes</li> <li>Corn</li> <li>Baby Carrots</li> </ul>	
Available Fruit     Assorted Fresh Fruit & Assorted Chilled Fruit Available Daily					
Available Topping	gs • Sur	flower Seeds	<ul> <li>Dried Cranberrie</li> </ul>	<del>9</del> \$	
Featured Salad	Greek Salad				
Take a Whole Gr	ain • Whole	Whole Grain Dinner Roll     Whole Grain Croutons			
Choose a Milk	<b>C</b>	Nonfat or 1% White Milk			

