

INSPIRE CAFÉ

DCPS Education Campus Menu January 2-6

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

*From
the Field*

**A MINIMUM OF 6 SIDES
OFFERED DAILY WITH
LUNCH CHOICES**

Fresh Garden Bar plus Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an*. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK: Apples

Daily Special

Favorites

| | |
|------------------|-----------------------------|
| MONDAY | No School Today |
| TUESDAY | Mexi-Chicken Soft Tacos |
| WEDNESDAY | BBQ Turkey Meatloaf |
| THURSDAY | Southwest Black Bean Nachos |
| FRIDAY | Breakfast Bagel |

Daily Specials

Creations

| | |
|------------------|-----------------------------------|
| MONDAY | No School Today |
| TUESDAY | Pepperoni Pizza/ Cheese Pizza |
| WEDNESDAY | Bistro Burger/ Black Bean Burger |
| THURSDAY | Chicken Burger/ Meatloaf Sandwich |
| FRIDAY | Hawaiian Pizza/ Cheese Pizza |

Daily Specials

Deli

| | |
|------------------|---------------------------|
| MONDAY | No School Today |
| TUESDAY | Turkey Sub Sandwich |
| WEDNESDAY | Garden Sub Sandwich |
| THURSDAY | American Sub Sandwich |
| FRIDAY | Cured Turkey Sub Sandwich |

Daily Specials

Grab & Go

All Salads served w/ Whole Grain Roll

| | |
|------------------|--------------------------------------|
| MONDAY | No School Today |
| TUESDAY | Italian Wrap/ Spinach Salad |
| WEDNESDAY | Greek Wrap/ Caesar Salad |
| THURSDAY | Caesar Wrap/ Chicken Dipper Salad |
| FRIDAY | Chicken Salad Sandwich/ Garden Salad |

Daily Special Sides

*From
the Field*

Garden Bar: Salad Greens, Peas

White Bean & Jicama Salad, Carrots

| | |
|------------------|---|
| MONDAY | No School Today |
| TUESDAY | Mexican Zucchini/ Applesauce/ Orange Smiles |
| WEDNESDAY | Mashed Potatoes/ Banana/ Raisins |
| THURSDAY | Apple Jicama Slaw*/ Mixed Fruit Cup/ Orange Smiles |
| FRIDAY | Roasted Potatoes/ Apples*/ Orange Juice |

*This institution is an equal
opportunity provider.*

INSPIRE CAFÉ

DCPS Education Campus Menu

January 9-13

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

*From
the Field*

**A MINIMUM OF 6 SIDES
OFFERED DAILY WITH
LUNCH CHOICES**

Fresh Garden Bar plus Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an*. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK: Apples

Daily Special

Favorites

| | |
|------------------|-------------------------|
| MONDAY | Turkey Carnitas Burrito |
| TUESDAY | Jerk Chicken Bowl |
| WEDNESDAY | Beef Soft Tacos |
| THURSDAY | Cheesy Lasagna Roll |
| FRIDAY | Xi Hong Shi Chao Ji Dan |

Daily Specials

Creations

| | |
|------------------|--|
| MONDAY | Sausage Pizza/ Cheese Pizza |
| TUESDAY | Patty Melt- Major Flavor Meltdown |
| WEDNESDAY | Twisted Turkey Dog/ Mexi Veggie Burger |
| THURSDAY | Buffalo Pizza/ Cheese Pizza |
| FRIDAY | Turkey BBQ Sandwich/ Cheeseburger |

Daily Specials

Deli

| | |
|------------------|----------------------------|
| MONDAY | American Sub Sandwich |
| TUESDAY | Turkey Sub Sandwich |
| WEDNESDAY | Sunbutter & Jelly Sandwich |
| THURSDAY | Egg Salad Sandwich |
| FRIDAY | Zesty Italian Sub |

Daily Specials

All Salads served w/ Whole Grain Roll

Grab & Go

| | |
|------------------|-----------------------------------|
| MONDAY | Spinach Wrap/ Chef Salad |
| TUESDAY | Chef Salad Wrap/ Spinach Salad |
| WEDNESDAY | Greens & Gourds Wrap*/ Tuna Salad |
| THURSDAY | Tuna Salad Wrap/ Caesar Salad |
| FRIDAY | Chicken Caesar Wrap/ Garden Salad |

Daily Special Sides

*From
the Field*

Garden Bar: Salad Greens, Diced Tomatoes,

Indian Style Garbanzo Beans, Corn

| | |
|------------------|--|
| MONDAY | Fiesta Veggies/ Apple*/ Chilled Peaches |
| TUESDAY | Lentils/ Applesauce/ Orange Smiles |
| WEDNESDAY | Aztec Corn/ Pineapple/ Banana |
| THURSDAY | Green Beans/ Mixed Fruit Cup/ Cantaloupe |
| FRIDAY | Sweet Potato Bites/ Banana/ Orange Juice |

*This institution is an equal
opportunity provider.*

INSPIRE CAFÉ

DCPS Education Campus Menu

January 16-20

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

*From
the Field*

**A MINIMUM OF 6 SIDES
OFFERED DAILY WITH
LUNCH CHOICES**

Fresh Garden Bar plus Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an *. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK: Apples & Mushrooms

Daily Special

Favorites

| | |
|------------------|-------------------------------|
| MONDAY | No School Today |
| TUESDAY | Pollock Tacos w/ Mexican Slaw |
| WEDNESDAY | General Tso Chicken Stir Fry* |
| THURSDAY | No School Today |
| FRIDAY | No School Today |

Daily Specials

Creations

| | |
|------------------|---|
| MONDAY | No School Today |
| TUESDAY | Pepperoni Pizza/ Cheese Pizza |
| WEDNESDAY | Cool Ranch Burger/ Sunbutter Banana Sandwich |
| THURSDAY | No School Today |
| FRIDAY | No School Today |

Daily Specials

Deli

| | |
|------------------|-----------------------|
| MONDAY | No School Today |
| TUESDAY | Turkey Sub Sandwich |
| WEDNESDAY | American Sub Sandwich |
| THURSDAY | No School Today |
| FRIDAY | No School Today |

Daily Specials

All Salads served w/ Whole Grain Roll

Grab & Go

| | |
|------------------|-----------------------------------|
| MONDAY | No School Today |
| TUESDAY | Chef Salad Wrap/ Garden Salad |
| WEDNESDAY | Dragon Wrap/ Chicken Caesar Salad |
| THURSDAY | No School Today |
| FRIDAY | No School Today |

Daily Special Sides

*From
the Field*

Garden Bar: Salad Greens, Ginger Carrot Salad

Roasted Corn, Celery Sticks

| | |
|------------------|---|
| MONDAY | No School Today |
| TUESDAY | Roasted Black Beans/ Applesauce/ Orange Smiles |
| WEDNESDAY | Asian Veggie Blend/ Fresh Apple*/ Banana |
| THURSDAY | No School Today |
| FRIDAY | No School Today |

*This institution is an equal
opportunity provider.*

INSPIRE CAFÉ

DCPS Education Campus Menu

January 23-27

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

*From
the Field*

**A MINIMUM OF 6 SIDES
OFFERED DAILY WITH
LUNCH CHOICES**

Fresh Garden Bar plus Fruits & Vegetables, in an inviting variety. Recipes including local ingredients are indicated with an *. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK: Apples & Beets

Daily Special

Favorites

| | |
|------------------|---|
| MONDAY | Chicken Alfredo Macaroni |
| TUESDAY | Mediterranean Omelet |
| WEDNESDAY | Baked Penne w/ Tomato Sauce |
| THURSDAY | Bolivian Turkey w/ Quinoa- International Food Day |
| FRIDAY | Beef Burrtio |

Daily Specials

Creations

| | |
|------------------|-------------------------------------|
| MONDAY | Hamburger/ Grilled Cheese |
| TUESDAY | Alaska Five-O Burger/ Turkey Burger |
| WEDNESDAY | Buffalo Pizza/ Cheese Pizza |
| THURSDAY | Veggie Empanada |
| FRIDAY | Hawaiian Pizza/ Cheese Pizza |

Daily Specials

Deli

| | |
|------------------|------------------------|
| MONDAY | American Sub Sandwich |
| TUESDAY | Turkey Sub Sandwich |
| WEDNESDAY | Garden Sub Sandwich |
| THURSDAY | International Food Day |
| FRIDAY | Egg Salad Sandwich |

Daily Specials

All Salads served w/ Whole Grain Roll

Grab & Go

| | |
|------------------|---|
| MONDAY | Vegetable Flatbread/ Chicken Dipper Salad |
| TUESDAY | Asian Chicken Wrap/ Spinach Salad |
| WEDNESDAY | Pollock Po Boy/ Caesar Salad |
| THURSDAY | Spinach Wrap/ Chicken Dipper Salad |
| FRIDAY | Buffalo Chicken Wrap/ Garden Salad |

Daily Special Sides

*From
the Field*

*Garden Bar: Salad Greens,
Korean Carrots,
Curried Chickpeas, Sliced Beets**

| | |
|------------------|--|
| MONDAY | Roasted Veggies/ Fresh Apple*/ Chilled Pears |
| TUESDAY | Potato Wedges/ Applesauce/ Grapes |
| WEDNESDAY | Broccoli & Cauliflower/ Banana/ Raisins |
| THURSDAY | Olivier Salad/ Mixed Fruit/ Orange Smiles |
| FRIDAY | Sweet Potato Bites/ Fresh Apple*/ Banana |

*This institution is an equal
opportunity provider.*