

INSPIRE CAFÉ

DCPS Elementary Menu

January 2-6

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

From the Field

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Bar plus Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an *. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK:
Apples

Daily Special

Favorites

MONDAY	No School Today
TUESDAY	Turkey Pepperoni Pizza
WEDNESDAY	BBQ Turkey Meatloaf
THURSDAY	Fajita Veggie Quesadilla
FRIDAY	Breakfast Bagel Sandwich

Daily Sides

Garden Bar: Salad Greens, Diced Tomatoes

White Bean & Jicama Salad, Celery

From the Field

MONDAY	No School Today
TUESDAY	Curried Cauliflower
WEDNESDAY	Mashed Potatoes
THURSDAY	Fiesta Veggie Blend
FRIDAY	Sweet Potato Bite

Daily Special

Creations

MONDAY	No School Today
TUESDAY	Classic Cheese Pizza
WEDNESDAY	Bistro Burger
THURSDAY	Honey BBQ Sandwich
FRIDAY	Double Bean Enchilada

Daily Sides

Fruit Choices

From the Field

MONDAY	No School Today
TUESDAY	Applesauce/ Fresh Grapes
WEDNESDAY	Fresh Banana/ Raisins
THURSDAY	Mixed Fruit Cup/ Orange Smiles
FRIDAY	Fresh Apple*/ Orange Juice

Daily Special

Deli

Sandwiches, Wraps, & Salads

All Salads served w/ Whole Grain Roll

MONDAY	No School Today
TUESDAY	Southern BBQ Wrap/ Spinach Salad
WEDNESDAY	Garden Sub/ Asian Chicken Salad
THURSDAY	American Sub/ Chicken Caesar Salad
FRIDAY	Chicken Salad Wrap/ Southwest Salad

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INSPIRE CAFÉ

DCPS Elementary Menu

January 9-13

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

From the Field

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Bar plus Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an*. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK: Apples, Kale, & Collards

Daily Special

Favorites

MONDAY	Classic Roasted Turkey & Gravy
TUESDAY	Moroccan Chicken Bowl
WEDNESDAY	Grilled Chicken & Waffles
THURSDAY	Hawaiian Style Pizza
FRIDAY	Scrambled Eggs & Pancakes

Daily Special

*Garden Bar: Salad Greens, Cucumber Slices,
Indian Style Garbanzo Beans, Corn*

From the Field

MONDAY	Mashed Sweet Potatoes
TUESDAY	Lentils
WEDNESDAY	Collard Greens*
THURSDAY	Citrus Glazed Carrots
FRIDAY	Baked Potato Wedges

Daily Special

Creations

MONDAY	Traditional Hamburger
TUESDAY	Hot Turkey Ham & Cheese Sandwich
WEDNESDAY	Turkey Sloppy Joe
THURSDAY	Classic Cheese Pizza
FRIDAY	Twisted Turkey Dog

Daily Special

Fruit Choices

From the Field

MONDAY	Fresh Apple*/ Chilled Peaches
TUESDAY	Applesauce/ Orange Smiles
WEDNESDAY	Chilled Pineapple/ Banana
THURSDAY	Mixed Fruit Salad/ Cantaloupe
FRIDAY	Fresh Apple*/ Orange Juice

Daily Special

Sandwiches, Wraps, & Salads

All Salads served w/ Whole Grain Roll

MONDAY	Chef Salad Wrap/ Hoppin' John Salad*
TUESDAY	American Sub/ Spinach Salad
WEDNESDAY	Sunbutter & Jelly Sandwich/ Chef Salad
THURSDAY	Turkey Wrap/ Bruschetta Bean Dip
FRIDAY	Cured Turkey Sub/ Spinach Salad Wrap

Deli

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DCPS Elementary Menu

ESY January 16-20

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



**A MINIMUM OF 6 SIDES
OFFERED DAILY WITH
LUNCH CHOICES**

Fresh Garden Bar plus Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an*. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK:
Apples

Daily Special

Favorites

- MONDAY** No School Today
- TUESDAY** Turkey Sausage Pizza
- WEDNESDAY** Jerk Chicken Quesadilla
- THURSDAY** BBQ Chicken w/ Rice Pilaf
- FRIDAY** No School Today

Daily Sides

Garden Bar: Salad Greens, Peas

Ginger Carrot Salad, Cherry Tomatoes



- MONDAY** No School Today
- TUESDAY** Broccoli & Cauliflower
- WEDNESDAY** Fire Roasted Black Beans
- THURSDAY** Apple & Jicama Slaw*
- FRIDAY** No School Today

Daily Special

Creations

- MONDAY** No School Today
- TUESDAY** Classic Cheese Pizza
- WEDNESDAY** Southwest Black Bean Nachos
- THURSDAY** Sunbutter & Banana Sandwich
- FRIDAY** No School Today

Daily Sides

Fruit Choices



- MONDAY** No School Today
- TUESDAY** Applesauce/ Fresh Grapes
- WEDNESDAY** Dried Cranberries/ Banana
- THURSDAY** Mixed Fruit Cup/ Orange Smiles
- FRIDAY** No School Today

Daily Special

Deli

Sandwiches, Wraps, & Salads

All Salads served w/ Whole Grain Roll

- MONDAY** No School Today
- TUESDAY** Turkey Sandwich/ Chicken Caesar Salad
- WEDNESDAY** Turkey Wrap/ Spinach Salad
- THURSDAY** Chicken Caesar Wrap/ Chef Salad
- FRIDAY** No School Today

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opportunity provider.*

DCPS Elementary Menu

ESY January 23-27

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



**A MINIMUM OF 6 SIDES
OFFERED DAILY WITH
LUNCH CHOICES**

Fresh Garden Bar plus Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an*. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK: Apples

Daily Special

Favorites

- MONDAY** Toasted Grilled Cheese
- TUESDAY** Baked Penne w/ Tomato Sauce
- WEDNESDAY** Turkey Pepperoni Pizza
- THURSDAY** Bolivian Turkey w/ Quinoa- International Food Day
- FRIDAY** No School Today

Daily Sides

*Garden Bar: Salad Greens, Korean Carrots,
Curried Chickpeas, Cucumber Slices*



- MONDAY** Tomato Soup
- TUESDAY** Roasted Broccoli
- WEDNESDAY** Roasted Butternut Squash
- THURSDAY** Olivier Salad
- FRIDAY** No School Today

Daily Special

Creations

- MONDAY** Chipotle Chicken Burger
- TUESDAY** Alaskan Pollock Po' Boy Sandwich
- WEDNESDAY** Classic Cheese Pizza
- THURSDAY** Veggie Empanada
- FRIDAY** No School Today

Daily Sides

Fruit Choices



- MONDAY** Fresh Apple*/ Chilled Pears
- TUESDAY** Applesauce/ Fresh Grapes
- WEDNESDAY** Fresh Apple*/ Raisins
- THURSDAY** Mixed Fruit Cup/ Orange Smiles
- FRIDAY** No School Today

Daily Special

Deli

Sandwiches, Wraps, & Salads

All Salads served w/ Whole Grain Roll

- MONDAY** American Sub/ Chef Salad
- TUESDAY** Asian Chicken Wrap/ Turkey Sandwich
- WEDNESDAY** Italian Sub/ Chicken Dipper Salad
- THURSDAY** International Food Day
- FRIDAY** No School Today

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