

INSPIRE CAFÉ

DCPS High School Menu

May 29- June 2

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

*From
the Field*

**A MINIMUM OF 3 SIDES
OFFERED DAILY WITH
LUNCH CHOICES**

Fresh Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an *.

LOCAL THIS WEEK: Apples & Collards

Daily Special

Favorites

MONDAY	No School Today
TUESDAY	Chimichurri Pollock w/ Cilantro Rice
WEDNESDAY	Mexi-Chicken Tacos
THURSDAY	Honey BBQ Chicken Sandwich
FRIDAY	Chicken & Waffles

Daily Sides

*From
the Field*

MONDAY	No School Today
TUESDAY	Baked Potato Wedges
WEDNESDAY	Fire Roasted Black Beans
THURSDAY	Sweet Potato Wedge
FRIDAY	Collard Greens*

Daily Specials

Creations

MONDAY	No School Today
TUESDAY	Buffalo Pizza/ Cheese Pizza
WEDNESDAY	Chef's Special
THURSDAY	Turkey Pepperoni Pizza/ Cheese Pizza
FRIDAY	Chef's Special

Daily Sides

Fruit Choices

*From
the Field*

MONDAY	No School Today
TUESDAY	Applesauce/ Fresh Grapes
WEDNESDAY	Banana/ Raisins
THURSDAY	Chilled Pineapple/ Orange Smiles
FRIDAY	Fresh Apple*/ Banana

Daily Specials

Grab & Go

Sub Sandwiches

Available Everyday

MONDAY	No School Today
TUESDAY	Chef Salad Wrap/ Garden Salad
WEDNESDAY	Chef's Special
THURSDAY	Chicken Caesar Wrap/ Tuna Salad
FRIDAY	Chef's Special

*This institution is an equal
opportunity provider.*

INSPIRE CAFÉ

DCPS High School Menu

June 5-9

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

From the Field

A MINIMUM OF 3 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an *. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK: Apples, Kale, Spinach, & Strawberries

June 7th- Strawberries & Salad Greens Day!

Daily Special

Favorites

MONDAY	Turkey Carnitas Burrito
TUESDAY	Jamaican Jerk Chicken Bowl
WEDNESDAY	Cheesy Baked Lasagna
THURSDAY	Bobotie- South Africa Day
FRIDAY	Scrambled Eggs w/ Pancakes

Daily Sides

From the Field

MONDAY	Roasted Zucchini
TUESDAY	Jerk Lentils
WEDNESDAY	Kale Salad*
THURSDAY	Carrot Salad
FRIDAY	Roasted Potatoes

Daily Specials

Creations

MONDAY	Turkey Sausage Pizza/ Cheese Pizza
TUESDAY	Grilled Cheese Sandwich/ Turkey Burger
WEDNESDAY	Turkey Pepperoni Pizza/ Cheese Pizza
THURSDAY	International Food Day
FRIDAY	Chef's Special

Daily Sides

Fruit Choices

From the Field

MONDAY	Fresh Apple*/ Chilled Peaches
TUESDAY	Applesauce/ Orange Smiles
WEDNESDAY	Strawberries*/ Banana
THURSDAY	Dried Cranberries/ Cantaloupe
FRIDAY	Banana/ Orange Juice

Daily Specials

Grab & Go

Sub Sandwiches

Available Everyday

MONDAY	Italian Wrap/ Chef Salad
TUESDAY	Chef Salad Wrap/ Spinach Salad*
WEDNESDAY	Chef's Special
THURSDAY	Tuna Salad Wrap/ Caesar Salad
FRIDAY	Chef's Special

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INSPIRE CAFÉ

DCPS High School Menu

June 12-16

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

From the Field

A MINIMUM OF 3 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an *.

LOCAL THIS WEEK: Apples & Spinach

Daily Special

Favorites

MONDAY	Mini Cheese Raviolis w/ Marinara Sauce
TUESDAY	BBQ Chicken Drumstick w/ Rice Pilaf
WEDNESDAY	Chef's Special
THURSDAY	No School Today
FRIDAY	No School Today

Daily Sides

From the Field

MONDAY	Roasted Broccoli
TUESDAY	Roasted Corn
WEDNESDAY	Green Beans
THURSDAY	No School Today
FRIDAY	No School Today

Daily Specials

Creations

MONDAY	Turkey Pepperoni Pizza/ Cheese Pizza
TUESDAY	Chef's Special
WEDNESDAY	Turkey Sausage Pizza/ Cheese Pizza
THURSDAY	No School Today
FRIDAY	No School Today

Daily Sides

Fruit Choices

From the Field

MONDAY	Fresh Apple*/ Chilled Apricots
TUESDAY	Applesauce/ Orange Smiles
WEDNESDAY	Mixed Fruit Salad/ Fresh Apple*
THURSDAY	No School Day
FRIDAY	No School Today

Daily Specials

Grab & Go

Sub Sandwiches

Available Everyday

MONDAY	SB & J Sandwich/ Chef Salad
TUESDAY	Chef Salad Wrap/ Spinach Salad*
WEDNESDAY	Chef's Special
THURSDAY	No School Today
FRIDAY	No School Today

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