

National School Breakfast Week



Breakfast in the Cafe (K-5, K-8)

March 2016

All breakfasts are FREE. Full student breakfast includes entrée, fruit & choice of 1% or skim white milk. All grains are whole grain rich. Did you know—If you see it in green, it's Local!

Monday	Tuesday	Wednesday	Thursday	Friday
Feb 29	Mar 1	Mar 2	Mar 3	Mar 4
Pancakes w/Syrup 100% Fruit Punch	Turkey Ham & Cheese on English Muffin Fresh Orange	Bagel w/ Reduced Fat Cream Cheese Fresh Local Apple	Apple Cinnamon Muffin or Blueberry Muffin String Cheese Pear Sauce	Waffles w/Syrup Fresh Banana
Mar 7	Mar 8	Mar 9	Mar 10	Mar 11
NATIONAL SCHOOL BREAKFAST WEEK				
Yogurt Cup Graham Crackers 100% Fruit Punch	Chicken Sausage on Biscuit Fresh Orange	<u>Turkish Food Day</u> Turkish Rice Pudding with Dried Turkish Plums	Turkey Sausage on English Muffin Fresh Local Apple	Cinnamon Biscuit Fresh Banana
Mar 14	Mar 15	Mar 16	Mar 17	Mar 18
Apple Cinnamon Muffin or Blueberry Muffin String Cheese 100% Fruit Juice	Cinnamon Brown Sugar Oatmeal Fresh Orange	Turkey Ham and Cheese on Bagel Fresh Local Apple	Pancakes w/ Syrup Pear Sauce	Chicken Sausage on English Muffin Fresh Banana
Mar 21	Mar 22	Mar 23	Mar 24	Mar 25
Maple French Toast Sticks 100% Fruit Juice	Turkey Sausage on English Muffin Fresh Orange	Yogurt Cup Graham Crackers Fresh Local Apple	<u>Australian Food Day</u> Cinnamon Porridge w/ Oatmeal Crumb Topping Pear Sauce	Biscuit and Turkey Sausage Gravy Fresh Banana

Available daily – Assorted whole grain cereals, whole grain strawberry bar, graham crackers, and assorted fruit.

USDA is an equal opportunity provider and employer.