



# High School Lunch – March 2020

SodexoMAGIC - DC Public Schools

MONDAY March 2	TUESDAY March 3	WEDNESDAY March 4	THURSDAY March 5	FRIDAY March 6
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## Choose One Entree

<b>Favorites</b>	Southwest Blackbean Nachos <b>V</b>	Thai Lemongrass Chicken w/ Veggie Fried Rice	Chicken Drumstick w/ Mumbo Sauce & Honey Corn Biscuit	Chicken Alfredo Macaroni w/ Garlic Knot	Bean And Cheese Burrito
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<b>Creations</b>	Turkey Burger	Chicken Fajita Pizza Cheese Pizza <b>V</b>	BBQ Burger w/ Coleslaw	Buffalo Chicken Pizza Veggie Pizza <b>V</b>	Cheese Quesadilla <b>V</b>
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## Rotation Station

<b>TATER TEMPTATIONS</b>	Broccoli and Cheese   Old School - The Works   Roasted Southwest Vegetable Blend   Turkey Gravy Veggie Chili and Cheese   Customer's Choice   Dinner Roll   Green Onion Sour Cream   Cheddar Cheese				
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<b>Grab &amp; Go</b>	Italian Wrap	Egg Salad Sandwich <b>V</b>	Mediterranean Hummus Wrap <b>VE</b>	Chicken Fajita Sub	Tuna Salad Sandwich
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## Available Vegetables

<b>From the Field</b>	Seasoned Potato Wedges <b>VE</b>	Orange Broccoli <b>VE</b>	BBQ Baked Beans <b>V</b>	Mixed Garden Vegetables <b>VE</b>	Seasoned Carrots <b>VE</b>
	<b>Garden Bar:</b> Mixed Salad Greens, Cherry Tomatoes, Baby Carrots & Indian-Style Chickpeas <b>VE</b>				

## Available Fruit

<b>Fruits</b>	<ul style="list-style-type: none"> <li>Orange Smiles</li> <li>Applesauce Cup</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Pear</li> <li>Chilled Pineapple</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Apple Slices</li> <li>All-Mixed-Up Fruit Cup</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Apple</li> <li>Chilled Pineapple</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Apple</li> <li>All-Mixed-Up Fruit Cup</li> </ul>
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<b>Milk</b>	Nonfat or 1% White Milk
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**V** – Indicates Vegetarian  
**VE** – Indicates Vegan

Green Color Font – Indicates Local Produce





# High School Lunch – March 2020

SodexoMAGIC - DC Public Schools

MONDAY March 9	TUESDAY March 10	WEDNESDAY March 11	THURSDAY March 12	FRIDAY March 13
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## Choose One Entree

<b>Favorites</b>	Glorious Macaroni & Cheese w/ Garlic Knot <b>V</b>	Jamaican Jerk Chicken Bowl w/ Brown Rice	Kickin' Black Bean & Cheese Enchilada <b>V</b>	Sweet & Sour Grilled Chicken w/ Vegetables & Brown Rice	Stuffed Shells w/ Marinara & Breadstick <b>V</b>
<b>Creations</b>	Traditional Hamburger	Green Chilli Chicken Pizza Cheese Pizza <b>V</b>	BBQ Chicken Drumstick w/ Honey Corn Biscuit	Bean & Cheese Burrito <b>V</b>	Turkey Sausage Pizza Cheese Pizza <b>V</b>

## Rotation Station

<b>FIESTA</b>	Turkey Taco Meat   Cheese Sauce   Carnitas   Tortilla Chips Cilantro Lime Rice   Taco Salad Bowl   Refried Beans   Aztec Corn
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<b>Grab &amp; Go</b>	Sweet Potato Wrap <b>VE</b>	Mediterranean Hummus Wrap <b>VE</b>	Green Chili Chicken Wrap	Veggie Lo Mein <b>VE</b>	Sunbutter & Jelly Sandwich <b>VE</b>
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## Available Vegetables

<b>From the Field</b>	Citrus Glazed Carrots <b>VE</b>	Jerk Lentils <b>VE</b>	Sweet Potato Wedges <b>VE</b>	Sizzlin' Asian Veggie Stir-Fry <b>VE</b>	Parmesan Roasted Broccoli <b>V</b>
	<b>Garden Bar:</b> Kale Salad, Cherry Tomatoes, Baby Carrots & Corn <b>VE</b>				

## Available Fruit

<b>Fruits</b>	<ul style="list-style-type: none"> <li>Fresh Pear</li> <li>All-Mixed-Up Fruit Cup</li> </ul>	<ul style="list-style-type: none"> <li>Orange Smiles</li> <li>Diced Peaches</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Banana</li> <li>Applesauce Cup</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Apple</li> <li>Diced Pears</li> </ul>	<ul style="list-style-type: none"> <li>Orange Smiles</li> <li>Diced Peaches</li> </ul>
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# High School Lunch – March 2020


SodexoMAGIC - DC Public Schools

MONDAY March 16	TUESDAY March 17	WEDNESDAY March 18	THURSDAY March 19	FRIDAY March 20
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## Choose One Entree

<b>Favorites</b>	Veggie Tortellini w/ Cheesy Breadstick <b>V</b>	Teriyaki Grilled Chicken w/ Vegetables and Brown Rice	Black Bean & Sweet Potato Taco Surprise <b>V</b> <b>By</b> <b>2019 Future Chef Winner</b> <b>Kimberly Lee</b>	Meatloaf w/ Wheat Dinner Roll	
<b>Creations</b>	Chicken Drumstick w/ Mumbo Sauce & Honey Corn Biscuit	Huevos Rancheros Pizza Margherita Pizza <b>V</b>	Chicken Quesadilla	Chicken Nachos	NO SCHOOL

## Rotation Station

	Pulled BBQ Meat   Classic BBQ   Carolina BBQ   Asian Sweet Chili Hamburger Roll   Tortilla Chips   BBQ Baked Beans   Blue Ribbon Slaw
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<b>Grab &amp; Go</b>	Huevos Rancheros Wrap	Chicken Salad Sandwich	Buffalo Chicken Wrap	Southwest Chicken Wrap	
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## Available Vegetables

<b>From the Field</b>	Lemon Roasted Broccoli <b>VE</b>	Steamed Carrots <b>VE</b>	Buffalo Cauliflower <b>VE</b>	Southwest Pinto Beans <b>VE</b>	
	<b>Garden Bar:</b> <b>Kale Salad</b> , Cherry Tomatoes, Curried Chickpeas, & Baby Carrots <b>VE</b>				

## Available Fruit

<b>Fruits</b>	<ul style="list-style-type: none"> <li>Fresh Apple</li> <li>Diced Pears</li> </ul>	<ul style="list-style-type: none"> <li>Orange Smiles</li> <li>All-Mixed-Up Fruit Cup</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Banana</li> <li>Applesauce Cup</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Apple</li> <li>Diced Peaches</li> </ul>	
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# High School Lunch – March 2020

SodexoMAGIC - DC Public Schools

MONDAY March 23	TUESDAY March 24	WEDNESDAY March 25	THURSDAY March 26	FRIDAY March 27
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## Choose One Entree

Favorites	Turkey Macaroni w/ Breadstick	Breakfast for Lunch: Boiled Egg, Turkey Sausage & Maple Pancakes	BBQ Chicken Drumstick w/ Whole Grain Honey Corn Biscuit	Turkey Chili w/ Tortilla Chips	Baked Penne w/ Garlic Knot V
Creations	BBQ Burger w/ Coleslaw	Turkey Pepperoni Pizza Cheese Pizza V	Garden Burger V	Turkey Dog	Mexican Chicken Tinga Cheese Pizza V

## Rotation Station

<b>FIESTA</b>	Turkey Taco Meat   Cheese Sauce   Carnitas   Tortilla Chips Cilantro Lime Rice   Taco Salad Bowl   Refried Beans   Aztec Corn
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<b>Grab &amp; Go</b>	Tuna Salad Sandwich	Sunbutter & Jelly Sandwich VE	Mexican Chicken Tinga Sub	Grilled Cheese Sandwich V	Turkey & Cheese Sub Sandwich
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## Available Vegetables

<b>From the Field</b>	BBQ Baked Beans V	Sweet Potato Wedges VE	ABC Salad VE	Collard Greens V	Parmesan Roasted Broccoli V
<b>Garden Bar:</b> Mixed Salad Greens, Cherry Tomatoes, Corn, & Baby Carrots VE					

## Available Fruit

<b>Fruits</b>	<ul style="list-style-type: none"> <li>Orange Smiles</li> <li>All-Mixed-Up Fruit Cup</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Pear</li> <li>Diced Peaches</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Apple Slices</li> <li>All-Mixed-Up Fruit Cup</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Banana</li> <li>Applesauce Cup</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Apple</li> <li>Diced Pears</li> </ul>
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# High School Lunch – March 2020


SodexoMAGIC - DC Public Schools

MONDAY March 30	TUESDAY March 31	WEDNESDAY April 1	THURSDAY April 2	FRIDAY April 3
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## Choose One Entree

<b>Favorites</b>	Oven Baked Lasagna Roll w/ Breadstick <b>V</b>	Spaghetti w/ Turkey Meatballs w/ Breadstick	Chicken Nachos	Buffalo Chicken Drumstick w/ Whole Grain Honey Corn Biscuit	Breakfast for Lunch: Cheesy Omelet & Pancakes <b>V</b>
<b>Creations</b>	Bistro Burger	Turkey Pepperoni Pizza Margherita Pizza <b>V</b>	Grilled Cheese Sandwich <b>V</b>	Alaskan Pollock Banh Mi Sandwich	Turkey Sausage Pizza Cheese Pizza <b>V</b>

## Rotation Station

	Lo Mein Noodles   Steamed Brown Rice   Oven Fried Brown Rice Sweet & Sour Chicken   General Tso Chicken   Sesame Roasted Carrots   Roasted Broccoli
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<b>Grab &amp; Go</b>	Cured Turkey Sub Sandwich	Chicken Salad Sandwich	Turkey & Cheese Sub Sandwich	Sunbutter & Jelly Sandwich <b>VE</b>	Chef Salad Wrap
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## Available Vegetables

<b>From the Field</b>	Roasted Ginger Kale <b>VE</b>	Citrus Glazed Carrots <b>VE</b>	Mexican Black Beans <b>VE</b>	Roasted Kale & Sweet Potatoes <b>V</b>	Roasted Potatoes <b>VE</b>
<b>Garden Bar:</b> Mixed Salad Greens, Cucumber Slices, Cherry Tomatoes, & Baby Carrots <b>VE</b>					

## Available Fruit

<b>Fruits</b>	<ul style="list-style-type: none"> <li>Fresh Apple</li> <li>Diced Peaches</li> </ul>	<ul style="list-style-type: none"> <li>Orange Smiles</li> <li>Applesauce Cup</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Banana</li> <li>Diced Pears</li> </ul>	<ul style="list-style-type: none"> <li>Fresh Pear</li> <li>Diced Peaches</li> </ul>	<ul style="list-style-type: none"> <li>Orange Smiles</li> <li>Applesauce Cup</li> </ul>
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